

# TRUE® CARDIO

## PERFORMANCE 300 RESIDENTIAL



PREMIUM FITNESS EQUIPMENT SINCE 1981

### PERFORMANCE 300 TREADMILL

Recognized as a Best Buy by Treadmill Doctor for several years running, the TRUE® Fitness Performance 300 is a treadmill suited for users of all fitness levels. The quick keys, data feedback and challenging programs, plus the addition of four unique user profiles, ensure the entire family can work towards their health and fitness solutions. Pair this with the integration of Wahoo Fitness RunFit App tracking technology and your cardio workout is kicked up a notch. The TRUE Performance 300 Treadmill also includes TRUE Soft System®, plus an orthopedic belt for ultimate reduction of impact on the joints and knees. You'll instantly notice increased comfort in each stride. The Performance 300 includes a comprehensive warranty on parts and labor and a lifetime warranty on the frame. This treadmill will stand the test of time.



POWERED BY

**wahoo**  
FITNESS

## PERFORMANCE 300 TREADMILL

TECHNICAL SPECIFICATIONS	Power Source	120v/15A
	Cord Length	8' / 2.4 M
	Drive Motor	3 HP DC
	Impact System	True Soft System
	Belt	Orthopedic
	Roller Diameter	3" / 7.62 cm
	Frame Construction	Robotically Welded Heavy-Gauge Steel
	Straddle Covers	Oversized Black Plastic
	Speed Range	0.5 MPH to 12.0 MPH / 0.8 KPH to 19.3 KPH
	Incline Range	0% to 15%
	Quick Access Control	Quick Speed & Quick Incline Keys
	Handrail Design	Protective Foam Flared Handrails
	Contact Heart Rate Monitoring	Standard
	Wireless Heart Rate Monitoring	Polar® Compatible
	Connectivity	Wahoo Fitness RunFit App Tracking
CONSOLE	Display	8.5" / 21.6 cm LCD
	Workouts	Quick Start, Manual, Hill Intervals, Rolling Hills, Cardio Challenge, Walk and Run Intervals, Speed Intervals, 5K, 10K, Half Marathon (13.1 mi/21.1 K) Cruise Control, HRC Target, Last 10 Workouts
	Saved Workouts	Console Saves Last Ten Workouts
	Four (4) User Profiles	Up to Five (5) Saved Workouts Each - If Activated
SAFETY	Safety Clip	Standard
	Extended Handrails	Standard
REGULATORY APPROVALS		ETL UL 1647, CSA, FCC
EXTRAS	Accessories	Water Bottle Holder (2), Accessory Tray, Over-molded Tablet Holder, Polar® HR Strap
PHYSICAL SPECIFICATIONS	Footprint	79" L x 31.5" W x 55.9" H / 200 cm x 80 cm x 142 cm
	Running Surface	60" L x 21" W / 152 cm x 53 cm
	Machine Weight	308 lbs. / 140 kg
	Maximum User Weight	350 lbs. / 159 kg
	Step-Up Height	6.25" / 16 cm
	Portability	Two (2) Front Transport Wheels
WARRANTY	Warranty Type	Residential
	Frame	Lifetime
	Motor	30 Years
	Parts	7 Years
	Labor	1 Year

Warranties outside the U.S. and Canada may vary - Please contact your dealer for details. Specifications subject to change without notice.

