

# TRUE® CARDIO

## PERFORMANCE 100 RESIDENTIAL



PREMIUM FITNESS EQUIPMENT SINCE 1981

### PERFORMANCE 100 TREADMILL

The TRUE® Fitness Performance 100 Treadmill offers affordable quality without skimping on premium technology and engineering for your home fitness needs. The Performance 100 features TRUE's Soft System® and is manufactured with commercial-grade materials and the finest components so it feels and functions like a commercial machine. It also features the latest in fitness app technology and connectivity with the integration of Wahoo Fitness RunFit App tracking. Additionally, up to four users can create unique profiles and save their favorite workouts. Includes an industry-leading warranty and service plan, so you know your treadmill will stand up to years of use.



POWERED BY  
**wahoo**  
FITNESS



## PERFORMANCE 100 TREADMILL

TECHNICAL SPECIFICATIONS	Power Source	120v/15A
	Cord Length	8' / 2.4 M
	Drive Motor	3 HP DC
	Impact System	True Soft System
	Roller Diameter	3" / 7.62 cm
	Frame Construction	Robotically Welded Heavy-Gauge Steel
	Straddle Covers	Oversized Black Plastic
	Speed Range	0.5 MPH to 12.0 MPH / 0.8 KPH to 19.3 KPH
	Incline Range	0% to 15%
	Quick Access Control	Quick Speed & Quick Incline Keys
	Handrail Design	Protective Foam Flared Handrails
	Contact Heart Rate Monitoring	Standard
	Wireless Heart Rate Monitoring	Polar® Compatible
CONSOLE	Connectivity	Wahoo Fitness RunFit App Tracking
	Display	8.5"/21.6 cm LCD
	Workouts	Quick Start, Manual, Hill Intervals, Rolling Hills, Cardio Challenge, Walk and Run Intervals, Speed Intervals, 5K, 10K, Half Marathon (13.1 mi/21.1 K) Cruise Control, HRC Target, Last 10 Workouts
	Saved Workouts	Console Saves Last Ten Workouts
SAFETY	Four (4) User Profiles	Up to Five (5) Saved Workouts Each - If Activated
	Safety Clip	Standard
REGULATORY APPROVALS	Extended Handrails	Standard
		ETL UL 1647, CSA, FCC
EXTRAS	Accessories	Water Bottle Holder (2), Accessory Tray, Over-molded Tablet Holder, Polar® HR Strap
PHYSICAL SPECIFICATIONS	Footprint	79" L x 31.5" W x 55.9" H / 200 cm x 80 cm x 142 cm
	Running Surface	60" L x 22" W / 152 cm x 56 cm
	Machine Weight	297 lbs. / 135 kg
	Maximum User Weight	350 lbs. / 159 kg
	Step-Up Height	6.25" / 16 cm
WARRANTY	Portability	Two (2) Front Transport Wheels
	Warranty Type	Residential
	Frame	Lifetime
	Motor	30 Years
	Parts	5 Years
	Labor	1 Year

Warranties outside the U.S. and Canada may vary - Please contact your dealer for details. Specifications subject to change without notice.

