

# PCC090X Cable Crossover Machine

**POWERLINE** USA<sup>®</sup>  
*by Body-Solid*



*Weights sold separately*

## **PCC090X Cable Crossover Machine**

There is no better way to achieve total body conditioning than with this strong performer. The trustworthy design lets you exercise virtually every major muscle group in your body. Sturdy construction of the extra wide and tall mainframe provides you with easy access to an endless array of high and low pulley exercises. The professional carriage system utilizes patented nylon bushing technology and eight sealed ball bearing, high resin pulleys. Top and bottom pulleys swivel smoothly and fully with over 180° of movement for frictionless guidance in all directions. The PCC090X Cable Crossover Machine is a dynamic addition to any home gym exercise program.

Weight post is 1" diameter, Weight Plates, Collar and Olympic Adapter sleeve optional

Weight: 108 lbs  
Dimensions: 112"L x 39"W x 82"H

## **Special Features**

- Exercise all muscle groups
- 180° of movement in all directions
- Plate Load posts are 1" standard size
- Includes two cable handles and one ankle strap
- Optional Pull Up Attachment GC2

## **Warranty**

Frame & Welds .....10 Years  
Bushings and Hardware.....1 Year  
Pads, Grips, Cables and Pulleys .....1 Year