

E30

Created to fit your home like no other, our compact suspension elliptical delivers a harmony of design and natural movement for the most comfortable, smoothest elliptical experience in the industry. Our E30 Elliptical includes our exclusive Suspension Elliptical Technology.



Our XR console features a clean, bright display that makes it easy for you to check your workout data at a glance, keeping you on track to reach and surpass your goals.

COMPARING LEGACY & NEW CONSOLES

We've refined our XR console technology to give you a fitness experience that's complete and completely modern. Discover what will change between our 2020 consoles and our 2021 consoles.

[Learn More /](#)

Note: We will be selling only the 2020 XR Consoles through Spring 2021.

CONSOLE	
DISPLAY	8.5" extra-wide blue LCD (22 cm)
WIFI ENABLED	No
BLUETOOTH ENABLED	Connect to popular training and coaching apps; connect wireless heart rate monitor
HDMI PORT	No
USB PORT	Internal USB port for software updates
SPEAKERS	No
CONSOLE APPS	No
PASSPORT READY	No
VIAFIT CONNECTIVITY	No
HEART RATE	Bluetooth wireless heart rate
CONSOLE EXTRAS	Integrated reading rack, energy saver mode
WORKOUTS	5 total — manual, intervals, fat burn, target heart rate, Sprint 8
DISPLAY FEEDBACK	Time elapsed, time remaining, miles / kilometers, RPM, pace, heart rate, calories, METS, speed, resistance
ASSEMBLED WEIGHT	3.5 kg / 8 lbs.
WORKOUT FEEDBACK	Time Elapsed, Time Remaining, Calories, Watts, SPM, Steps, Heart Rate, METS, Resistance, Floors

CONSOLE WARRANTY	
HOME WARRANTY – LABOR	1 year
HOME WARRANTY – PARTS	5 years

FRAME	
ASSEMBLED DIMENSIONS	148 x 73 x 166 cm / 58" x 29" x 65" (Active footprint: 175 x 73 x 172 cm / 68.9" x 29" x 68")
ASSEMBLED WEIGHT	126 kg / 278 lbs.
EXTRAS	Water bottle holder, accessory tray
FLYWHEEL WEIGHT	10.5 kg / 23.1 lbs
FRAME TYPE	Suspension Elliptical Trainer
HANDLEBAR DESIGN	Dual action, stationary with resistance toggles and heart rate grips
MAX USER WEIGHT	147 kg / 325 lbs.
PEDAL SPACING	6.35 cm / 2.5"
PEDAL TYPE	Oversized
POWER INCLINE	N/A
POWER REQUIREMENTS	120 V AC power, 15 A circuit (voltage may vary outside the USA)
RESISTANCE RANGE	20 levels, electronically adjustable
RESISTANCE SYSTEM	ECB magnetic braking system
STEP-ON HEIGHT	23 cm / 9.1"
STRIDE LENGTH	51 cm / 20"

WARRANTY	
HOME WARRANTY — BRAKE	5 years
HOME WARRANTY — FRAME	Lifetime
HOME WARRANTY — LABOR	2 years
HOME WARRANTY — PARTS	5 years