

Weight	Color	Item #
1	Pink	BSTVD1
2	Lt.Purple	BSTVD2
3	Green	BSTVD3
4	Lt.Grey	BSTVD4
5	Blue	BSTVD5
6	Red	BSTVD6
7	Dk.Purple	BSTVD7
8	Black	BSTVD8
9	Yellow	BSTVD9
10	Orange	BSTVD10
	Magenta	
15	Grey	BSTVD15

## **BSTVD(size)**Vinyl Dumbbells

Dumbbells don't have to be ugly, dirty and left to roll around your basement floor. In fact, Body-Solid has taken the concept of traditional dumbbells and given it a lift with a fresh modern look.

Body-Solid Tools Vinyl-Coated Dumbbells are a great way to incorporate fitness into your everyday lifestyle. They can be used on their own for a variety of lifting, curling, pressing and stretching exercises, or you can incorporate them into your current regimen of jogging and power walking, aerobics, general exercise, physical therapy and even yoga routines.

Whether you prefer group exercise or working out on your own, Body-Solid Tools Vinyl-Coated Dumbbells are the ideal companions for a lifetime of strength and fitness.

## **Special Features**

- Durable vinyl coating is easy to grip and easy to clean
- Bright, color-coordinated weight increments let you grab the right dumbbells for your chosen workout
- No-roll hex ends allow for easy stacking and convenient storage