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The 411: Tracie Martyn

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With a client list that includes such A-listers as Madonna, Brad Pitt, and Kate Winslet, superstar facialist Tracie Martyn has scrutinized the pores of most of Hollywood. The British-born pro started out as a makeup artist who had a knack for prepping skin behind the camera. She was so good that models like Kate Moss used to drop by her Brooklyn apartment for pre-photo shoot touch-ups. Eventually, Martyn developed such a following that she retired the makeup brushes and opened up an eponymous spa in Manhattan, where she now performs her signature Resculpting Facial (a.k.a. the "red-carpet facial," known for its CGI-like lifting and contouring effects) on many a bold-facer. She also has a holistic skincare range that's (almost) as good as a private session and a sparkling new spa in Miami Beach's Fontainebleau hotel. Here, Martyn gives us a rundown of the experts she swears by.

—Kari Molvar

The pro: Tracie MartynFounder of [Tracie Martyn Skincare](#).**The Summer Staple:** Tracie Martyn Amla Purifying Cleanser

"During the hot sticky days in New York, nothing is more refreshing. This cools the skin with lime and spearmint, and smells like walking through a forest, as my lovely client Lena Olin put it. It's also a great multitasker since it exfoliates with green papaya extract, zaps zits with willow bark and salicylic acid, and prevents aging with stabilized vitamin C from the Amla berry."

Tracie Martyn Amla Purifying Cleanser, \$65, www.traciemartyn.com.**The Hair Hero:** Jutta Weiss at John Sahag

"Jutta has amazing clients, and I'm always happy with the way she cuts my hair. I introduced her to my client Cyndi Lauper, who is also thrilled, I hear!"

Jutta Weiss at John Sahag Salon, 425 Madison Ave., NYC, (212) 750-7772,

www.johnsahag.com.**The Colorist-Slash-Life-Coach:** Frank Friscioni at Oscar Blandi

"If you want to be uplifted and have a laugh while getting great highlights, Frank is the man. Nothing beats having a funny, talented, handsome colorist."

Oscar Blandi, 545 Madison Ave., NYC, (212) 421-9800, www.oscarblandi.com.**The Makeup Must-Haves:** Camera-Ready Essentials

"Makeup is still one of my passions. For a light sheer base with a fresh glow, I use Cotz Sunblock SPF 58 mixed with a bit of my Shakti Resculpting Body Cream to make it extra-sheer. To hide dark circles, I dab on a small amount of Bobbi Brown Creamy Concealer. It comes with a tiny mirror, so you can fix your makeup en route. I'm still a big believer in Maybelline Great Washable Lash, which I used on photo shoots in my early days. I haven't found anything that beats it."

COTZ Sunblock, \$23, www.drugstore.com; Tracie Martyn Shakti Resculpting Body Cream, \$155, www.traciemartyn.com; Bobbi Brown Creamy Concealer Kit, \$32, www.bobbibrown.com; Maybelline Great Lash Washable Mascara, \$5, www.drugstore.com.**The Core-Conditioning Miracle:** Pilates Sessions

"I go to see Nicole close to where I live in Carroll Gardens, Brooklyn. The studio is spacious, the workout is great, and the owners are the nicest people."

Pilates Boutique, 102 1st Place, Brooklyn, N.Y., (718) 858-0205,

www.thepilatesboutiqueny.com.**The Body Healer:** Acupuncturist Paul Kempisty

"Kempisty can easily get rid of a migraine or a cold—I go to prevent all that and to relax. He has a way of fine-tuning your meridians with a lot of care and humor, while just really making you feel very comfortable. Acupuncture is about energy, so you might as well start with an acupuncturist that has good energy."

Paul Kempisty, 73 Spring St., suite 201, NYC, (917) 657-7246, www.iloveacupuncture.net.

Photo: Courtesy of Tracie Martyn

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