

Harper's

BAZAR

**NEW
SEASON**
WHAT'S IN
WHAT'S OUT

**THE
SHOE**
FOR NOW

**THE
BAG**
TO HAVE

**THE
PANT**
TO BUY

RIHANNA
UNCENSORED

BEAUTY
MAKEUP
BAG
MAKEOVER

**GET
THICKER**
HAIR

**GREAT
STYLE
ISSUE**

**+BEST
DRESSED
SECRETS**



BEAUTY DIARIES

Five fashionable women reveal the tricks that keep them looking gorgeous and their secrets for getting better with age. As told to Jessica Prince

20s HANNAH BRONFMAN

Entrepreneur, consultant,
and DJ; age 24

The fashion-savvy New Yorker is the brains behind two Web start-ups by day, spins for exclusive parties at night, and still finds time for weekly boxing classes, acupuncture, and facials.

DIET "My mother raised me as a vegetarian, but when I turned 18, I decided to expand my palate. I'm a huge foodie, but I'm also very conscious about what I put in my body." **BREAKFAST:** "Eggs with salsa, or grapefruit and raw granola. On weekends I love a bagel with lox from Russ & Daughters." **LUNCH:** "An arugula or spinach salad with fennel, corn, radish, and a piece of steamed salmon or chicken, and a light dressing I make from lemon juice and grape-seed oil." **DINNER:** "I often eat at restaurants and order sautéed and steamed vegetables with protein. At home I like to cook tapas-style: sautéed mushrooms, roasted eggplant, and steamed fish." **BEVERAGES:** "A carrot-ginger juice from Equinox or green juices from Liquiteria or the Juice Press. I also love

green and black teas. And tequila and rosé when I drink alcohol." **SNACKS:** "Skinny Pop popcorn with truffle oil, crushed red pepper, and Himalayan salt and Sea Farm USA Wasabi Roasted Natural Seaweed. I also like raw chocolate or Matt's Munchies fruit snacks." **SPLURGES:** "Fried chicken, pizza, and hamburgers." **VITAMINS:** "I take a probiotic, Aller-Leaf, Adren-All, and a fenugreek and thyme supplement."

FITNESS "I go to a weekly boxing class and a private boxing lesson with a trainer at Aerospace, and I do Pilates twice a week. I'm a member at Equinox because I love the classes. I also enjoy hiking, swimming, and skiing."

SKIN CARE "I cleanse with Tracie Martyn Amla Purifying Cleanser [\$65], stay hydrated with Caudalie Beauty Elixir [\$18], and use a retinol serum like Day Perfect [\$68]. At night, I use a retinol cream except I use a retinol serum to help fade dark spots. I use the Rose Balm to help fade dark spots. I use my dermaplaning tool every two weeks, and I use a retinol serum like Day Perfect [\$68]."

MAKEUP "I use Laura Mercier Tinted Moisturizer SPF 20, \$42. I use concealer from Yves Saint Laurent, and in the summer I like

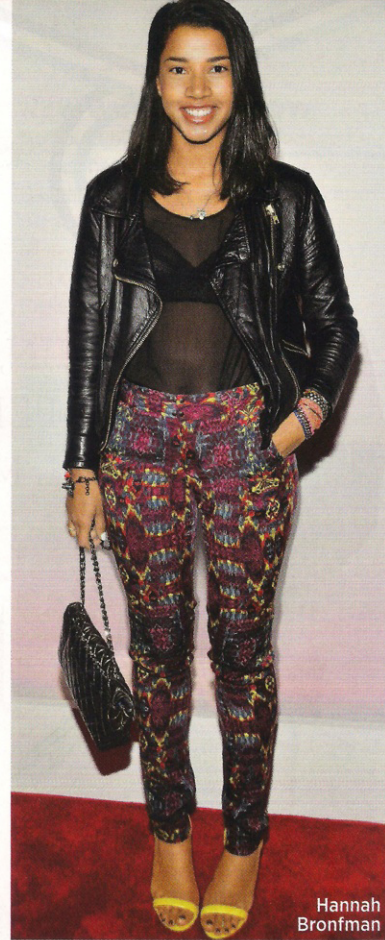
MUST-HAVES



Laura Mercier Oil Free Tinted Moisturizer SPF 20, \$42



By Terry Rose Balm, \$60



Hannah Bronfman

Benefit Cha Cha Tint Lip & Cheek Stain [\$29] or Tarte Cheek Stain in Blissful [\$30]. For evening, I like a red lip or a cat's-eye with liquid liner. I have eyelash extensions from BlingLash, so I haven't had to wear mascara in a month. I'm really into getting nail art with Cal-gel manicures on my hands, but I also love Chanel polishes like Graphite."

HAIR "My routine is minimal. I wash my hair with Wen Daily Oil Treatment oil [\$32], let it air-dry, and I use a curl cream every six weeks. I get a hair cut every six weeks. I love hair products like Drybar."

BODY "I get a lymphatic massage every two weeks, and afterward I have more energy and brighter skin. I also get weekly treatments with acupuncturist Paul Kempisty. At home I use the Clarisonic, Jergens moisturizer, and a Nuxe oil with shimmer on my legs." >

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