

THE **ULTIMATE** IN PROTEIN FORMULAS

GRASS FED | NON-GMO | 100% NATURAL | GLUTEN & DAIRY FREE | NOTHING ARTIFICIAL

Hydrobeef

A 100% grass-fed, Non-GMO beef protein source.

L-Glutamine

Crucial for the health of the immune system, GI tract and

MCT Powder

A healthy fat that is quickly used by the organs as fuel



Collagen Peptides

Critical for the health connective tissues and

Probiotics

Aids in the digestion of protein and support overall

Natural Flavor

No artificial flavors! Just all natural, great tasting

N2Health is excited to offer a superior, cutting edge, unique protein powder that supplies incredible recovery and immune supporting ingredients for active individuals and athletes. This protein powder blend utilizes the revolutionary new protein source HydroBEEF. HydroBEEF is Grass-fed, non-GMO and has a higher nitrogen score than whey protein (above 100). HydroBEEF is also guaranteed to be completely free of hormones and additives and is 100% hypoallergenic. We took this incredible protein source and coupled it with additional synergistic ingredients to create the ultimate in protein powder formulas. The following packet will analyze each ingredient in great detail so you know your getting only the highest quality ingredients in our product.

NAVIGATE





HydroBEEF is derived from an infusion process of beef that provides critical nutrients, amino acids, peptides, nucleotide fractions, vitamins, minerals. This protein mixes easily in water.

HydroBEEF is a complete protein derived from a 100% natural fresh raw beef with absolutely no hormones or other additives.

No chemicals are used during manufacturing instead high temperatures are used combined with pressure are used to obtain optimal hydrolysis of the raw material.

Through hydrolysis and ultra filtration you can “split” the protein down and increase the number of fragments associated with the higher number of amino acids increasing absorption of amino acids and protein. This is the process used to produce HydroBEEF.

Beef protein along with bioactive peptides, have been shown to increase lean muscle mass in humans after exercise. This is truly the next step in muscle recovery.

HydroBEEF is in a multi-stage peptide form-meaning that approximately 15% of HydroBEEF has a molecular size of 6,000 Da (size of the molecule), 55% of the product is in the 3000 Da range and 30% Da is in the “super peptide” range with a molecular weight of 500 Da or below. This lower weight allows for a more rapid and complete absorption and assimilation.

With this smaller “pre-digested” super peptide the recovery phase after a workout will achieve faster nitrogen balance since the protein doesn’t have to be digested into smaller sizes. This can help with the repair of damaged muscles thus promoting more efficient muscle hypertrophy during anabolic growth phase.

Key Features

- 97% Pure Protein
- Proprietary Peptide Process means more peptides and easier assimilation
- High Protein Nitrogen Score of over 100
- Fat soluble vitamins A & D
- Natural Forms of B Vitamin
- Low in Calories
- Low in sodium
- Virtually no fat or cholesterol
- NO Carbohydrates
- Gluten and Dairy FREE
- CLEAN protein source
- No antibiotics or hormones used in beef.



HydroBEEF





COLLAGEN


Collagen is the most abundant protein in our body and is critical for healthy connective tissue and provides the infrastructure of the musculoskeletal system. These peptides are short amino acids naturally derived from collagen protein.

Collagen peptides have been shown to support healthy connective tissue. This connective tissue is the second largest mass and organ of our body and plays a major role in physical performance as do our muscles but connective tissue is many times overlooked. Many consider athletes as strong as their connective tissue.

Connective tissue contains flexible collagen structures that are connected to tendons, ligaments, bones and muscles and provide stability. Collagen peptides provide critical amino acids needed for the production of new collagen. Supplementing collagen peptides can help prevent the breakdown of connective tissue in athletes and active individuals.

Key Features

- Increase athletic performance
- Support connective tissue
- Maintain weight
- Support bone health
- Maintain nitrogen balance
- Supports healthy skin
- Restore/repair muscle
- Supports joint health
- Preserve lean muscle mass



PROBIOTICS

We use two specific strains in our formula: Lactobacillus DDS-1 and Bifidobacterium lactis. Lactobacillus DDS-1 is clinically proven effective in over 200 published studies. This strain has been shown to help digest protein, carbohydrates, produce B vitamins and folic acid. It also helps produce natural enzymes to digest food, stimulate our immune system and suppress bad bacteria. Bifidobacterium lactis has been clinically proven to help reduce gastrointestinal distress in adults and increase immunity in the elderly.



MCT OIL

MCT (medium chain triglycerides) are a type of fat that offer a wide range of health benefits and is found in coconut oil and palm kernel oil. A unique property of MCT's is that they are absorbed intact and delivered directly to the liver to be used for energy.

The reduced chain length (MCT instead of LCT) is more rapidly absorbed by the body and more quickly metabolized as fuel. The result is an accelerated metabolic conversion so instead of being stored as fat, the calories contained in MCT's are very conveniently converted into fuel for immediate use by organs and muscles.

Key Features

- May help with weight loss
- Alzheimer's disease
- Celiac disease
- Digestive problems
- Liver disease
- Chronic fatigue
- Thyroid conditions
- Crohns and IBS
- Cystic fibrosis
- Gallbladder disease
- Reduces inflammation

L-GLUTAMINE

Our L-Glutamine is 100% pure Pharmaceutical Grade L-Glutamine. L-Glutamine is the most abundant amino acid in the human body and is stored in skeletal muscle and in the lungs. L-Glutamine plays an important role in many metabolic processes such as the health of the immune system the digestive tract and muscle cells depend on the production of L-Glutamine

Generally you can make enough glutamine but under many conditions and situations your body may need more glutamine than it can make. The gastrointestinal tract is by far the greatest user of glutamine in the body.

L-Glutamine is an amino acid that works on multiple levels to help inhibit muscle protein breakdown and promote the synthesis of muscle protein.

Key Features

- Enhance electrolyte and water absorption in the intestines
- Stimulate glycogen synthesis
- Inhibit muscle protein breakdown
- Promote the synthesis of muscle
- Protect the integrity of the GI tract, contributing to better nutrient absorption
- Stimulate the immune system
- Increase nitrogen balance



Stevia: Our Stevia is non-GMO and has no after taste.

Natural Chocolate Flavor: We use a natural Dutched cocoa to flavor our delicious chocolate Ultimate Paleo Protein

Natural Vanilla Flavor: We use natural vanilla flavoring for our delicious vanilla flavor

THAT'S IT, NOTHING ELSE No artificial coloring, sweeteners (sucralose, aspartame), or additivesonly pure, clean, natural and organic ingredients.

The choice is simple. You train hard and you want to maximize your efforts. This combination of CLEAN, NATURAL ingredients was carefully put together to provide athletes and other consumers the absolute highest quality, CLEAN protein formula.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

