

Mentorship and Internship Program Overview

lakshmi ayurveda 



Welcome to
Lakshmi 
Ayurveda

Please keep
your shoes
at the door
The shop
is open

 
Thank you



Why Train with Lakshmi Ayurveda?

Starting out your career as an Ayurvedic Practitioner, consultant, or therapist can be quite daunting. We understand the challenge recent graduates face transitioning from an academic to professional role. Therefore, the Lakshmi team has set up a new training program specifically for new graduates!

Whether you aspire to become an Ayurvedic therapist or simply want to deepen your understanding of Ayurveda, Lakshmi Ayurveda is committed to providing you with the highest level of training.

You'll learn from Karin Gunthor, our senior facilitator, who has over 15 years experience in the field. Her training facilitation team will provide you with professional support to make the program enjoyable and fulfilling. The training will take place in the beautiful space at Lakshmi Ayurveda, a complete Panchakarma clinic located close to Fremantle in Western Australia.

Extensive Experience

Karin has over 15 years of professional experience as an Ayurvedic Practitioner. Her knowledge has been internationally recognised and has been asked to speak at multiple Ayurvedic conferences, including in India.

Fully Equipped Clinic

Lakshmi Ayurveda is a fully equipped Panchakarma clinic with all of the equipment, herbs, and experience necessary for training students.

Skilled Team

The clinic has multiple skilled therapists to provide you with support and knowledge on the therapies and clinic preparation.



About the Mentorship/ Internship Program

Pre-requisite: Current or previous students of Ayurvedic therapist, counsellor, or practitioner programs. The pre-requisite will be assessed on an individual basis. A sincere dedication to the path of Ayurveda is a must!

Training requirements: 100% attendance rate, an ongoing devotion to and love of Ayurveda.

Dates and Venue

The training program will be held at the Lakshmi Ayurveda clinic in Hamilton Hill. Specific dates will be discussed and agreed upon with the Practitioner.

Location:

Lakshmi Ayurveda has two locations. The location of your training will be discussed with Karin prior to the start.

Lakshmi Ayurveda Panchakarma Centre
55 Healy Road
Hamilton Hill, Western Australia 6163

Lakshmi Ayurveda
13 Suffolk Street
Fremantle, Western Australia





Program Options

The mentorship and internship program is designed to address students individual needs. Some of the common topics covered in the program include:

- Consultation Management
- Ayurvedic Herbs
- Case Management
- Ayurvedic Therapy
- Ayurvedic Diet
- Lifestyle recommendations

Your program will be individualised. If there are other topics you would like to learn about, we are happy to include them in your training.



Course Cost and How to Apply

Program Cost

The cost of the program will be discussed based on the agreed duration and content of the mentorship.

The cost does not include accommodation. If you would like more information regarding accommodation you are welcome to contact us for recommendations. There are various AirBnB, hotel, and hostel options. The Sivandana Ashram Yoga Centre is located only a few kilometers from the clinic and offer accommodation and food packages. <https://www.beaconyogacentre.com>.

We also offer accommodation at the Lakshmi Clinic in Hamilton Hill. You can speak with Karin to discuss this option further.

How to Apply

You are welcome to apply for the program in a few ways. First, you can do so by filling out the provided application form provided below and email it back to us. Alternatively you can send it by post. You can also call us at 0406 810 547 to set up a time to speak further about the program.

1. Complete the application form provided below.
2. Carefully read the terms and conditions, sign and date the form.
3. Return your registration information application.
 - Email: info@lakshmiayurveda.com.au
 - Post or drop-off: 55 Healy Road, Hamilton Hill, Western Australia 6163

If you have any questions or concerns you are welcome to contact us at +61406810547 or email info@lakshmiayurveda.com.au.



Registration Information

Personal Information

First Name:

Surname:

Email Address:

Date of Birth:

Home Address:

Phone Number:

Emergency Contact Name:

Emergency Contact Phone Number:

Registration Questions

1. What is your experience in Ayurvedic Training?
2. Why are you interested in completing the mentorship program?
3. What do you love about Ayurveda?





Frequently Asked Questions

What can I do after completing the program?

After completing the program, you will have more tools to use in your personal and professional Ayurvedic practice.

Who will be conducting the training?

Karin Gunthor, the owner and head practitioner at Lakshmi Ayurveda will be facilitating the course. She holds a Bachelors Degree of Ayurveda with Honours from Manipal University in India. She is also a qualified nurse, having worked internationally in emergency, high-level dependency, and public health nursing.

Terms and Conditions

After submitting your application for the Mentoring and Internship Intensive Program, we will be in touch with you regarding specific details of the course. At that time we will discuss the training content, duration, and cost. Upon agreement, a partial down payment for the program will be required. This payment is non-refundable. The remainder of the cost will be charged during the course.

