

# Implementing God's Word...

## Youth Sunday School Curriculum ~ Scope and Sequence Detail

| <b>Year Six ~ Biblical Counseling 1 ~ Fall Quarter</b> |                                    |                           |                              |  |
|--|------------------------------------|---------------------------|------------------------------|--|
| <i>Lesson</i>  | <i>Bible Implementation</i>        | <i>Mind-In-Training</i>   | <i>Mind-In-Action</i>        |  |
| 1  | <b>The Biblical Counselor</b>      | What is counseling?       | See yourself                 |  |
| 2  | <b>About God</b>                   | Counseling resistance I   | Right and wrong views of God |  |
| 3  | <b>About Man</b>                   | Counseling resistance II  | Who are you?                 |  |
| 4  | <b>About Man's Problems</b>        | Counseling resistance III | What's your problem?         |  |
| 5  | <b>About Solutions</b>             | Counseling resistance IV  | Exposing the heart level     |  |
| 6  | <b>Putting it All Together</b>     | Counseling resistance V   | Glory and growth             |  |
| 7  | <b>The Counseling Relationship</b> | Non-Christians I          | Evaluate and get ready       |  |
| 8  | <b>Listening</b>                   | Non-Christians II         | Listen more                  |  |
| 9  | <b>Evaluating</b>                  | Sympathy vs. empathy      | Practice on yourself         |  |
| 10   | <b>Ephesians 4 Process</b>         | Empathy and listening     | Put off, put on, renew mind  |  |
| 11   | <b>Confronting</b>                 | Wisdom in counseling I    | Get ready to confront        |  |
| 12   | <b>Educating</b>                   | Wisdom in counseling II   | Teachable and teaching       |  |
| 13   | <b>Getting to the Heart</b>        | Wisdom in counseling III  | The state of our hearts      |  |

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## Youth Sunday School Curriculum ~ Scope and Sequence Detail

| <b>Year Six ~ Biblical Counseling 2 ~ Winter Quarter</b> |                                      |                         |                             |  |
|--|--------------------------------------|-------------------------|-----------------------------|--|
| <i>Lesson</i>  | <i>Bible Implementation</i>          | <i>Mind-In-Training</i> | <i>Mind-In-Action</i>       |  |
| 1  | <b>Self-image/self-esteem</b>        | What are problems?      | Accurate view of self       |  |
| 2  | <b>Pride, self-image, self-hate</b>  | What's in a name?       | Love God and other people   |  |
| 3  | <b>Self-confidence/Perfectionism</b> | It's not your fault?    | Trust in God, not self      |  |
| 4  | <b>Body image</b>                    | Enslaved and enthroned  | Observe and watch           |  |
| 5  | <b>Guilt and shame</b>               | All about self          | Guilty...but unashamed      |  |
| 6  | <b>Depression problems I</b>         | Our emotions            | The downward spiral         |  |
| 7  | <b>Depression problems II</b>        | Our thoughts            | Live and share their joy    |  |
| 8  | <b>Grief and sadness</b>             | Our actions             | Sensitive and available     |  |
| 9  | <b>Bipolar disorder</b>              | What are disorders?     | Correct bad habits          |  |
| 10   | <b>Anger problems I</b>              | Case study review       | Examine your heart response |  |
| 11   | <b>Anger problems II</b>             | Case study review       | Thinking about anger        |  |
| 12   | <b>Bitterness</b>                    | The angry friend        | Pay attention to the signs  |  |
| 13   | <b>Unforgiveness</b>                 | My own problems         | Quick forgiveness           |  |

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## Youth Sunday School Curriculum ~ Scope and Sequence Detail

| <b>Year Six ~ Biblical Counseling 3 ~ Spring Quarter</b> |                                      |                               |                               |  |
|--|--------------------------------------|-------------------------------|-------------------------------|--|
| <i>Lesson</i>  | <i>Bible Implementation</i>          | <i>Mind-In-Training</i>       | <i>Mind-In-Action</i>         |  |
| 1  | <b>Anxiety and worry</b>             | Looking at people             | Seeking God's kingdom first   |  |
| 2  | <b>Fear/phobias/panic attacks</b>    | Loving people                 | Give up and trust God         |  |
| 3  | <b>Obsessive-compulsive disorder</b> | Listening to people           | Pay attention!                |  |
| 4  | <b>Fear of man</b>                   | Losing yourself               | Pleasing God, not man         |  |
| 5  | <b>Drug addiction I</b>              | The power of habit            | Recognize those habits        |  |
| 6  | <b>Drug addiction II</b>             | Training our habits           | True and false worship        |  |
| 7  | <b>Technology addiction</b>          | Enjoying the gifts            | Your tech habits              |  |
| 8  | <b>Pornography addiction</b>         | Twisting good things into bad | Take great care               |  |
| 9  | <b>Eating disorders</b>              | Can people really change?     | Eat and kill                  |  |
| 10   | <b>ADHD</b>                          | Case study review             | Attention to habits           |  |
| 11   | <b>Self-injury/cutting</b>           | Case study review             | Constructive, not destructive |  |
| 12   | <b>Schizophrenia</b>                 | Case study review             | Seeing and hearing            |  |
| 13   | <b>Personality disorders</b>         | Case study review             | Personality and weakness      |  |

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## Youth Sunday School Curriculum ~ Scope and Sequence Detail

| <b>Year Six ~ Biblical Counseling 4 ~ Summer Quarter</b> |                                 |                                  |                                  |  |
|--|---------------------------------|----------------------------------|----------------------------------|--|
| <i>Lesson</i>  | <i>Bible Implementation</i>     | <i>Mind-In-Training</i>          | <i>Mind-In-Action</i>            |  |
| 1  | <b>Teenage rebellion</b>        | Relationship inventory           | Examine your heart too           |  |
| 2  | <b>Family problems</b>          | Relationships are messy          | Grace for families               |  |
| 3  | <b>Peer pressure</b>            | Man is not totally sinful?       | Positive and negative            |  |
| 4  | <b>Bullying/enemies</b>         | Good people go to heaven?        | Eyes of compassion               |  |
| 5  | <b>Dating relationships</b>     | We all end up in heaven?         | Discerning and gracious          |  |
| 6  | <b>Social media</b>             | We are a product of our biology? | Real relationships               |  |
| 7  | <b>Sexual immorality</b>        | It can't be sin?                 | Commit to sexual purity          |  |
| 8  | <b>Homosexuality/SSA</b>        | I have the power to change?      | Compassionate friendship         |  |
| 9  | <b>Gender confusion</b>         | God wants me to be happy?        | Celebrate God's work and truth   |  |
| 10   | <b>Victims of sexual abuse</b>  | Just believe in yourself?        | Strength and mercy               |  |
| 11   | <b>Decision-making problems</b> | Case study review                | Choose and rest                  |  |
| 12   | <b>Immaturity</b>               | Case study review                | Grow up in Christ                |  |
| 13   | <b>Calling and career</b>       | Case study review                | Diligently pursuing your calling |  |