

EDTA with **R**-Lipoic Acid

Liposomal EDTA with R-Lipoic Acid is a highly absorbable form of the universal chelating agent, ethylenediaminetetraacetic acid (EDTA)¹, delivered together with potent R-lipoic acid, noted for its antioxidant and chelating properties.² Together they effectively bind a wide range of toxic metals including mercury, lead, arsenic, nickel and cadmium.^{3,4,5} Their synergy offers balanced redox action to offset the oxidizing effect of metals and their mobilization.⁶

Heavy metals such as mercury, arsenic and lead can penetrate biomembranes and sequester inside cells, tissue and bone.^{78,9} Effective chelators must cross those biomembranes and stay in the cell long enough to capture metals. Our patented liposomal delivery system allows oral calcium disodium EDTA—traditionally used in IV therapies¹⁰—to cross the cell membrane for intracellular delivery, where metals are often sequestered.¹¹

R-Lipoic acid, the most active isomer of alpha-lipoic acid, functions as a mitochondrial antioxidant, supporting glutathione, ubiquinol, Vitamin C and Vitamin E.¹² The result is a well-tolerated, effective chelating formula that not only captures toxic metals but has beneficial effects on the nervous system, inflammation, liver function and glucose metabolism.¹³

SUPERIOR BIOAVAILABILITY AND CHELATING POWER

Calcium disodium EDTA is the most commonly used chelating agent in the world,

BENEFITS & APPLICATIONS:

- Universal chelator^{1,3,4,5,14}
- Antioxidant action^{12,27,28}
- Highly bioavailable^{17,18,21}
- Works inside and outside cells¹²
- Anti-inflammatory³⁸
- Tissue protective³⁵
- Detoxification³⁰
- Cardiovascular health^{33,34}
- Neurological health^{32,36}
- Supports glutathione²⁷
- \bullet Supports vitamins C and $E^{\scriptscriptstyle 28}$
- Increases action of Nrf2³⁰

noted for its ability to bind lead, but also effective in capturing many other toxic metals.¹⁴ Yet only 5% of orally consumed EDTA is absorbed, while the other 95% is excreted unchanged in the urine within 72 hours.¹⁵ Intracellular absorption is also low with intravenous delivery, as EDTA is rapidly excreted from the kidneys, with a maximum half-life of 3 hours.¹⁶ In contrast, liposomal formulations of EDTA have been shown to offer superior bioavailability, with greater uptake in spleen, lungs, liver and marrow, depending on the specific formulation.^{17,18}

Lipoic acid, in turn, can bind to cadmium, lead, cobalt, nickel, and mercury, among other metals.¹⁹ Lipoic acid is lipophilic and is able to penetrate cell membranes. However, R-Lipoic acid is significantly better absorbed than the S-form, with peak plasma concentrations 40%-50% higher.²⁰ Liposomal formulations of lipoic acid outperform other oral forms, allowing slow, sustained release.²¹

INCREASES ANTIOXIDANT DEFENSES

Both EDTA and R-lipoic acid reduce oxidative stress and injury, and increase antioxidant activity.²² By chelating toxic metals that are responsible for cell membrane injury, EDTA reduces oxidative stress and inflammation.²³ EDTA has shown direct antioxidant activity in blood vessel walls²⁴ and has decreased DNA damage and plasma peroxide levels by 20%.²⁵

Lipoic acid is a powerful mitochondrial antioxidant that plays a critical role in mitochondrial energy metabolism. It has been called a universal antioxidant, both fat- and water-soluble, and able to neutralize reactive oxygen species (ROS) both inside and



outside cells.¹² Lipoic acid is particularly effective in offsetting free radical peroxidation of membrane phospholipids.²⁶ It supports vitamin C, glutathione, vitamin E and CoQ10.^{27,28} It is associated with elevated cell resistance to oxidative challenge.²⁹ Lipoic acid has also been shown to regulate the transcription of genes associated with antioxidant and anti-inflammatory pathways, including the potent master antioxidant switch, Nrf2.³⁰

CARDIOPROTECTIVE, NEUROPROTECTIVE AND TISSUE PROTECTIVE

Lipoic acid can cross the blood-brain barrier, where it may benefit the central nervous system. It has been shown to increase the antioxidant capacity of brain tissue, promote angiogenesis - the growth of blood vessels from the existing vasculature, and regulate activity of genes linked to cell survival and plasticity.³¹ It has been shown beneficial in nervous system diseases such as multiple sclerosis and Parkinson's disease.³² EDTA improves arteriosclerosis³³ and can reduce risk of cardiovascular events.³⁴ EDTA has slowed the progression of diabetic nephropathy³⁵ and improved symptoms in those with multiple sclerosis.³⁶

POWERFUL ANTI-INFLAMMATORY AND IMMUNE MODULATING ACTION

Lipoic acid has been shown to downregulate levels of inflammatory cytokines such as IL-1B and IL-6³⁷, as well as interferon gamma, IL-4, TGF beta and other cytokines.³⁸ It has been found effective in studies of peripheral neuropathy, diabetes, hepatitis, Alzheimer's and Parkinson's disease, multiple sclerosis, and more.^{39,40}

UTILIZES PURE, NANOSCALE LIPOSOMES FOR FAST, COMPLETE UPTAKE

In today's toxic world, the burden of heavy metals is unavoidable, reaching us from air, water, and food. A potent liposomal chelating blend that also supports antioxidant activity is ideal for quickly mitigating the cellular damage these metals may cause.⁴¹ The liposomes in this formula contain pure phosphatidylcholine, a lipid that is the primary building block of all cell membranes, including brain cells.⁴² Liposomal delivery systems protect molecules from breakdown while enabling more rapid uptake. Liposomal formulations improve absorption of many molecules in the gastrointestinal tract, avoiding hepatic first-pass metabolism and resulting in higher bioavailability.⁴³

Quicksilver Delivery Systems[®] **brings the power of intravenous therapy into convenient oral delivery.** Our Quicksilver Delivery System[®] improve upon liposomal and emulsification technology with smaller, more stable particles made from the highest-grade ingredients available. In addition to exceptional absorption rates, these tiny liposomal and nanoemulsified particles increase diffusion across mucus membranes, enhance lymphatic circulation of nutrients and support cellular delivery.^{44,45}

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