



	INTRO \$4,500	BASELINE \$6,500	ELITE \$20,000	DIRECT ACCESS Inquire for pricing
Direct Access To Board Certified Medicine Physician				✓
Annual Visit with a Board-Certified Medicine Physician	✓	✓	✓	✓
Follow Up Physician Visit (Intro, Baseline, Elite & Direct Access)	✓ (x1)	✓ (x4)	✓ (x4)	✓ (x4)
4-6 Months Follow Up Lab Testing		✓	✓	✓
Personal Health Report	✓	✓	✓	✓
Thorough Medical History & Lifestyle Assessment		✓	✓	✓
Care Support for Prescriptions, Referrals, & More		✓	✓	✓
Advanced Blood Biomarker Panel		✓	✓	✓
AI Powered Cardiac Risk Blood Test			✓	✓
Expanded Cardiac Metabolic Test	✓	✓	✓	✓
Epigenetic Biologic Age Test	✓	✓	✓ (x2)	✓ (x2)
Gut Health and Microbiome Testing			✓	✓
Neurodegenerative Blood Test				✓
Hormone Testing	✓	✓	✓	✓
Micronutrient Testing	✓	✓	✓	✓
Early Cancer Detection Blood Test	✓	✓	✓	✓
Whole Genome Sequencing			✓	✓
Food Sensitivity Test			✓	✓
Continuous Glucose Monitoring			✓	✓
Grip Test			✓	✓
DEXA Scan	✓	✓	✓ (x2)	✓ (x2)
Thyroid and Metabolic Rate Assessment		✓	✓	✓
VO2 Max		✓	✓	✓
Cognitive Testing			✓	✓
EKG	✓	✓	✓	✓
CT Imaging of Coronary Arteries Based on Risk		✓	✓	✓
CT Angio with AI Based on Risk			✓	✓
Full Body MRI				✓
Fit 3D Scan		✓	✓	✓
Supplement Starter Pack	✓	✓	✓	✓

	INTRO	BASELINE	ELITE	DIRECT ACCESS
MEMBERSHIP BENEFITS				
Collaboration with Your GP, Specialist, ETC			✓	✓
Health Coach Messaging & Connectivity Support Application	✓	✓	✓	✓
Special Discount for Supplements	✓	✓	✓	✓
Access to Red Light Therapy and PEMF Therapy		✓	✓	✓
Priority Access to New Advancements, Resources, and Educational Materials in the Field of Longevity	✓	✓	✓	✓
Access to resTOR Team Via Private Patient Portal For Health Related Questions or Concerns	✓	✓	✓	✓
Sourcing of Additional Specialists Outside the Scope of Current resTOR Services When Necessary		✓	✓	✓

PROACTIVE PLANS	
RAPA PROTOCOL PLAN	Rapamycin is at the forefront of longevity science. Celebrated for its ability to bolster cellular health and mitochondrial function, Rapamycin stands as a beacon of hope in the quest for extended healthspan. By supporting the fundamental processes that fuel our cells, Rapamycin aims to elevate your vitality, empowering you with sustained energy and vigor. It's not just about more years to your life, but more life to your years.
OPTIMAN HORMONE PLAN	We recognize the unique challenges that men face, such as hormonal imbalances, decreased energy levels, sexual dysfunction, increased cardiovascular risk, and mental health issues. Our doctors will work closely with you to design a personalized hormone vitality plan that will optimize your health and well-being.
CANCER DETECTION PLAN	Prioritizing your well-being is key to preventing diseases and facilitating early intervention for cancer. At resTOR Longevity Clinic, we champion proactive health management through comprehensive check-ups, encompassing full body MRI, specialized tests like Galleri for multi-cancer early detection, colon screenings, and extensive laboratory analyses.
SENOLYTIC PLAN	Senolytics are a groundbreaking treatment that has the ability to revolutionize the aging process. Senescent cells, which accumulate in our bodies with age, are associated with obesity, metabolic diseases, and inflammation. Senolytics work by disabling the mechanism that allows these cells to survive, allowing us to eliminate them from our bodies. With this innovative treatment, we can usher in a new era of healthy and vibrant aging, free from the limitations of old age.