

## Measuring your nose bridge for Flo Mask Pro

1. Print via **Adobe Acrobat Reader** only to ensure proper scale
2. Measure to verify the 25mm/44mm/49mm scale below is correct
3. Center the strip just under the bony part of your nose.
4. With index fingers, slide the strip until the edge of your nose.
5. Use your fingernails to mark the final measurement.
  - a. **Too Small to use Flo Mask Pro:** Fingernails are within the dark gray zone
  - b. **Low/Medium Size:** Fingernails are within the light gray zone “Low”
  - c. **Medium/High Size:** Fingernails are within the white zone “High”

**NOTE:** This is just a tool to help estimate the fit. There are other factors such as height of nose bridge and how high or low you wear your mask that also impacts the overall fit of the mask.

