Kohala Spa is a place of rebirth for mind, body and spirit.

Our treatments are inspired by the natural elements of Hawaii Island: Aina (Earth), Ahi (Fire), Wai (Water) and Makani (Wind).

Experience the essence of Kohala Spa -- its history and culture as a place of wellness.
**Massage**

**Seaside Cabana Massage**

75 minutes | $245

The rhythmic sounds of waves and panoramic view fill your senses and spirit as you experience a customized massage. Let your body and soul be calmed by the healing island.

**Kohala Massage**

50/80 minutes | $145/220

Kohala Massage uses a combination of techniques specific to your needs. This massage is designed to promote relaxation, improve circulation and relieve tension.

**Naupaka Ritual**

80 minutes | $240

Pa’a Naupaka, the “marriage of the senses” unique offering begins with a grounding Awa Root & Hawaiian Ginger foot ritual and a blend of warmed body compressions incorporating local healing herbs. This is combined with a full-body massage using a warmed blend of white flower lotus and ylang ylang essential oils dripped luxuriously on your body. It is a one of a kind experience that will leave you feeling grounded and whole.

**Lomi Lomi Massage**

50/80 minutes | $170/260

Lomi Lomi is a rhythmic full-body massage incorporating the use of fingers, hands, forearms, elbow and lomi stick. “Loving hands” is a term to describe the quality of the massage and the significance of the variety of techniques used to cater to each individual. A generous application of our indigenous Pono massage blend enhances this Hawaiian traditional massage.

**Deep Tissue Massage**

50/80 minutes | $170/260

This therapeutic technique focuses on specific areas that are in need of releasing tension in the deep layers of the muscle tissue. Range of motion circulation improves along with relief from muscle pain.

**Four Hands Scalp and Foot Massage**

25/50 minutes | $190/380

Indulge in the ultimate relaxation experience while two of our professionals massage the scalp and feet simultaneously. Take a deep breath and unwind.
For centuries, people have been drawn to the healing power of heat and energy of stones, called “pohaku” in Hawaiian. Smooth basalt stones are heated then placed around the body and used with oils to massage your muscles.

Focusing on concerns associated with pregnancy, this caring massage aids in relaxation, benefits circulation and provides comfort.

Any of our massages can be done in our Couple’s Suite. Excluding Hot Stone Massage

- **Pohaku Stone Massage**
  - 75 minutes | $240
- **Hapai Massage**
  - 50/80 minutes | $145/220

**Ahi (Fire)**  **Aina (Earth)**  **Wai (Water)**  **Makani (Wind)**
Body Treatments

**Volcanic Body Pumice Body Scrub and Wrap**

**80 minutes | $220**

Signature Volcanic Body Pumice combines the rich moisturizing properties of coconut butter with invigorating exfoliation. Mineral rich properties of sea salt and fine volcanic pumice create a luxurious and creamy body exfoliated and leaves the skin exceptionally soft and hydrated.

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**Taro Honey Body Therapy**

**50 minutes | $150**

A light hydrating mask combines nutrient rich Kalo (Taro) with cleansing and conditioning coconut milk and skin softening organic honey, enzyme and nutrient rich banana, hydrating aloe vera and moisturizing kukui and vitamin E oils. Truly an indigenous Hawaiian experience.

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**Ocean Sea Clay Body Wrap**

**50 minutes | $150**

Sea mud is used to draw out impurities and replenish the skin. Hawaiian sea plants and Hawaiian Spirulina are nutrient and mineral rich to tone and renew the skin. Excellent for all skin types.

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**Hawaiian Salt Body Scrub**

**25 minutes | $95**

Hawaiian salt rub made from authentic, naturally farmed Hawaiian Sea Salt from the Island of Molokai. Infused with pure Hawaiian plant extracts, sugar cane and coconut milk which will cleanse exfoliate and moisturize the skin.
**Spa Flights**

25 minutes | $95

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**Custom Massage**

The perfect massage for the person on the go needing focused massage on a specific area of the body.

**Reflexology**

Foot massage that incorporates the reflex points representative of each area and organ of the body.

**Dry Coconut Rub**

Gently abrasive and exfoliating, a custom blend of dried coconut mean and cane sugar mixed with virgin coconut oil provides a super moisturizing dry body exfoliation.

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**Ahi (Fire)**  **Aina (Earth)**  **Wai (Water)**  **Makani (Wind)**
Spa services should be scheduled in advance. Our Program Advisors can help plan your spa experience, including the best order of treatments. A credit card is required at the time reservations are made. When making reservations, please notify the agent if you have high blood pressure, allergies, physical ailments or disabilities, or if you are pregnant. Minors, ages 16 years and younger, have restrictions in the spa and fitness facility. Please call for more details.

### Etiquette

#### Cancellation Policy
If you need to reschedule or cancel your appointment, please notify the Spa 4 hours in advance to avoid being charged 50% of the service fee. No show appointments are charged in full. Cancellations of packages require 72-hours’ notice.

#### Service Charge
An additional 18% service charge plus Hawai‘i state tax will be added to each Spa and Salon Service and distributed to the staff. Additional gratuity for exemplary service is discretional.

#### Check-in Policy
Please arrive a minimum of 20 minutes prior to your first appointment. This will allow you to enjoy our facilities and prepare for your service.

#### Late Arrivals
All treatments will end as scheduled to avoid delay for the next guest.

#### Gift Certificates
Spa gift certificates are available for all services. They make the perfect gift of Aloha.

### Reservations

For reservations and more information call +1 808-886-2828 or email kohalaspa@hiltonwaikoloavillage.com
Hotel Guests
Text the Kohala Spa at 808-518-6990 to get our price list and fitness schedule in the palm of your hands.

Located in the Lagoon Tower, Extension 1260
69-425 Waikoloa Beach Drive,
Waikoloa, Hawaii 96738

Experiences
+1 808-886-2828

Products
+1 808-886-2838

KohalaSpa.com

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