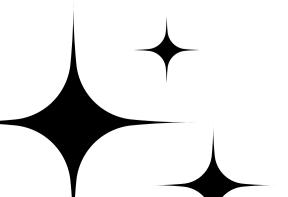




Daily Affirmations directly from or inspired by the saints & scripture

Saints

- I am not afraid, I was born to do this St. Joan of Arc
- Set the world on fire St. Catherine of Siena
- For you Jesus. If you want it, I want it, too. Bl. Chiara Badano
- In spite of my littleness, I can hope to be a saint. St. Therese of Lisieux
- Increase your love in my heart St. Rose of Lima
- It is You who will carry us St. Augustine
- You do not desert me St. Augustine*
- I find rest in Him St. Augustine*
- I am a little pencil in God's hands St. Mother Teresa
- Alleluia is our song Pope St. John Paul II
- We are prophets of a future that is not our own Saint Oscar Romero
- [I will] throw wide the gate of [my] heart [and] stand before the sun of the everlasting light St. Ambrose*
- [I am] the sum of the Father's love for [me] Pope St. John Paul II*
- I was born for greater things St. Stanislaus Kosta
- Everything is Yours; do with it what You will. St. Ignatius of Loyola
- Above the clouds, the sky is always blue St. Therese of Lisieux
- There is no dark without dawn Pope St. John Paul II
- Let us go forth full of trust in Christ. He will accompany us. Pope St. John Paul II
- [1] pay God a compliment by asking big things of Him St. Teresa of Avila*
- God alone satisfies. St. Thomas Aquinas



*Some quotes or references have been rephrased or adapted to an "affirmation" style

Saintly Affirmations



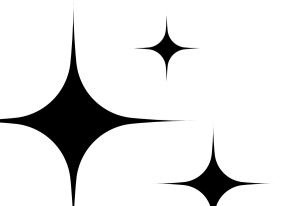
Daily Affirmations directly from or inspired by the saints & scripture

Scripture

- You lead me to freedom (Psalm 66:12)
- The Lord directs my steps (Proverbs 16:9)
- My help comes from the Lord (Psalm 121)
- Christ will shine on [me] (Ephesians 5:14)*
- The Lord is my strength (Psalm 28:7)
- You will fight for me. I need only to be still. (Exodus 14:14)*
- You will speak tenderly to me (Hosea 2:16)*
- He will never fail me or forsake me (Deuteronomy 31:6)*
- Take heart, He has overcome the world (John 16:33))
- The Lord is my light and salvation, whom should I fear? (Psalm 27:1)

Sanctity -inspired by prayer & reflections

- Self-giving love is my mission Pope Benedict XVI
- Be Thou my battle shield; sword for the fight Be Thou My Vision
- God is the end I desire, not merely a means. C.S. Lewis, A Grief Observed
- Jesus, Your love has no limits
- Fill my heart with Your love Liturgy of the Hours, Holy Thursday
- I believe that the desire to please You does in fact please You Thomas Merton
- [I am] only a syllable of the perfect Word Caryll Houselander*
- Only a living thing can go against the stream G.K. Chesterton
- I am willed and loved by God Pope Benedict XVI*



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