

All items are a minimum of 6, unless stated.

GF – Gluten free, DF – Dairy free, V – Vegan

SWEET

GRAIN FREE, GOODNESS MUESLI (PLA POTS + bio spoons) \$8.50

Blueberry coconut yoghurt, apple & feijoa, almond milk GF, DF, V _____

Raspberry puree, poached rhubarb, coconut yoghurt, almond milk GF, DF, V _____

Blackberry & apple, coconut yoghurt, almond mik GF, DF, V _____

COCONUT CHIA OVERNIGHT OATS (PLA POTS + bio spoons) \$8.00

Rawlona crumble, mango & passionfruit coconut yoghurt, mango blitz DF _____

SCONES mini \$2.90 large \$4.70

Date with butter on side _____

Cheese with butter on side _____

Yes I would like to add jam _____ + 0.30c each

Yes I would like to add jam & cream _____ + 0.50c each

MUFFINS mini \$2.40 GF mini \$2.50 large \$4.70 GF large \$5.00

Boysenberry, lime curd _____

Plum, cardamom, coconut _____

Blueberry, passionfruit _____

Rhubarb, raspberry, vanilla _____

Banana, cream cheese, lemon sugar _____

Apple, feijoa, salted caramel _____

Yes I would like the large muffins cut in half _____ OR cut in half & buttered _____

LOAVES

Pre-cut into 8 _____ or 16 _____ / left whole _____

Buttered _____ or butter on side _____ \$30.00 (min of 1 loaf)

Caramelized banana _____

Ginger & saffron pear _____

Date & salted pecan _____

Lemon, passionfruit & ricotta _____

FRESH FRUIT

Platter GF, DF, V (min 1) \$45.00 _____

Skewers with vanilla bean yoghurt GF (min 12) \$3.00 _____

ADD + BIO PLATES & CUTLERY small _____ +0.20c or large _____ +0.40c

DRINKS (min 3 per type)

Batchwell kombucha – pineapple & ginger GF, DF, V _____ or Earl grey GF, DF, V _____ \$6.50 _____

Antipodes – still _____ or sparking _____ \$5.50 _____

Green smoothie – spinach, banana, coconut water, Echinacea GF, DF, V \$9.00 _____

Raw cacao smoothie – almond milk, protein, almond butter, banana, psyllium GF, DF, V \$9.00 _____

Blue smoothie – Acai, blueberries, coconut water, banana, almond butter GF, DF, V \$9.00 _____

ORDERING DETAILS

Date required _____ Time required _____

Contact Name _____ Phone Number _____ Boxed _____ OR Plated _____

Please deliver to _____ OR collection (from 129 West End Road) _____

Please collect platters the same afternoon 3-5pm _____ OR or the following business day 9-10am _____ (approx. \$15.00)

OR I will return to catroux the following morning _____ (late returns OR dirty platters- a penalty of \$2.50 per item per day applies)

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SAVOURY

BAPS or LARGE BAGELS

Free range bacon, egg, cheddar, kimchi	baps \$8.50	bagels \$9.00
Free range bacon, egg, onion relish, siracha	_____	_____
Haloumi, avocado, lemon hummus, tomato relish	_____	_____
Free range egg, beetroot hummus, sprouts, curry mayo	_____	_____
Smoked salmon, lemon ricotta, cucumber ribbons, caper mayo	_____	_____

MINI BAGELS (multiples of 6s only) or CROSSIANTS

Free range ham, house made piccalilli, brie	\$4.90	\$7.50
Goats cheese, roasted tomato, basil pesto	_____	_____
Smoked salmon, lemon ricotta, cucumber ribbons, capers, mayo	_____	_____
Prosciutto, mozzarella, sundried tomato, rocket	_____	_____

SAVOURY MUFFINS

Free range ham, mustard, pea, gruyere, truffle	mini \$2.40	large \$4.70
Pumpkin, caramelized onion, ricotta, basil pesto	_____	_____
Sundried tomato pesto, spinach, feta, green olives	_____	_____
Yes I would like the large muffins cut in half _____ OR cut in half & buttered _____		

SAVOURIES (all sent warm, serving immediately is essential)

Free range pork, apple & sage sausage rolls, plum relish (min 10)	\$3.90	_____
Beef pies, tomato relish	\$4.00	_____
Quiche – Roasted tomato, goats cheese, basil pesto, pinenut	\$4.00	GF \$4.30 _____
Quiche – Pumpkin, ricotta, caramelized onion	\$4.00	GF \$4.30 _____
Quiche – Leek, brocolini, brie, mustard	\$4.00	GF \$4.30 _____
Quiche – Courgette, prosciutto, feta, artichoke	\$4.00	GF \$4.30 _____

FRITATTAS (all sent warm, serving immediately is essential)

Courgette, cheddar, thyme, caramelized onion GF		\$7.70
Leek, brocolini, brie, mustard, truffle GF		_____
Pumpkin, goats cheese, prosciutto GF		_____

PLATTERS (feeds approx. 10 & requires plates ideally)(min 1)

Hot smoked salmon side, avocado, lemon ricotta, midnight baker bread, rocket, pickles & sauerkraut		\$120.00
Prosciutto, chorizo, free range ham, basil pesto, vine tomatoes, buffalo mozzarella, sourdough, Lewis butter		_____

FITNESS SALAD (a favourite on our café menu)

Haloumi, cold smoked salmon, rocket, beetroot sauerkraut, tahini yoghurt, turmeric nuts and seeds, boiled eggs (6) GF		
Individual PLA pot + cutlery \$16.50 (min of 10) _____ or Shared platter \$66.00 (serves aprox 5-6) _____ (min 1)		
ADD + BIO PLATES & CUTLERY small _____ +0.20c or large _____ +0.40c		

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