

SWEET

GF - Gluten free, DF - Dairy free, V - Vegan, NF - Nut free

GRAIN FREE, GOODNESS MUESLI POTS *minimum of 6, each type* \$12.00
 Poached rhubarb, coconut yoghurt, almond milk **GF, DF, VEGAN** _____
 Apple, boysenberry compote, coconut yoghurt, almond milk **GF, DF, VEGAN** _____
 Fresh strawberries, raspberry chia jelly, coconut yoghurt, almond milk **GF, DF, VEGAN** _____
 Add bamboo spoons _____ No thanks _____

SCONES *mini - minimum of 10, large - minimum of 4 (all NF)* mini \$4.00 large \$6.00
 Date with butter on side _____
 Cheese with butter on side _____
 Yes I would like to add jam _____ + 0.50c each
 Yes I would like jam & cream _____ + \$1.00 each

MUFFINS *mini - minimum of 10, large - minimum of 4 (all NF)* mini \$3.20 GF mini \$3.30 large \$6.00 GF large \$6.60
 Roasted pear, banana, salted caramel _____
 Blueberry, passionfruit curd _____
 Blackberry, caramelised white chocolate _____
 Raspberry, ricotta, lemon sugar _____
 Bran, banana & blueberry **VEGAN** \$3.30 _____ N/A \$6.60 _____ N/A
 Yes I would like the large muffins cut in 1/2 _____
 OR cut in 1/2 & buttered _____

LOAVES *minimum of 1 (all NF)* \$38.00
 Caramelized banana _____
 Gingerbread _____
 Pre-cut into 8 _____ or 16 _____ / left whole _____
 Buttered _____ / or butter on side _____

FRESH FRUIT
 Platter **GF, DF, V, NF** *minimum of 1* \$40.00 feeds 4-6 _____ \$75.00 feeds 10-12 _____
 Skewers with passionfruit yoghurt **GF NF** *minimum of 12* \$3.90 _____

DRINKS *minimum of 3 each type*
 Green smoothie – spinach, banana, coconut water, Echinacea, protein **GF, DF, V, NF** \$12.00 _____
 Raw cacao smoothie – almond milk, protein, almond butter, banana, psyllium **GF, DF, V** \$12.00 _____
 Blue smoothie – Acai, blueberries, coconut water, banana, almond butter **GF, DF, V** \$12.00 _____
 Turmeric glow smoothie – Mango, collagen, coconut milk, passionfruit **GF, DF** \$12.00 _____
 Antipodes Still 500ml water \$6.00 _____ 1L \$12.00 _____
 Antipodes Sparkling water 500ml \$6.00 _____ 1L \$12.00 _____

ADD COMPOSTABLE - Large plates _____ +0.30c / Bamboo forks _____ +0.10c / Bamboo knives _____ +0.10c
ADD SERVING ITEMS TO MY ORDER \$2.00 per item _____

ORDERING DETAILS

Catering date _____ Time required _____ Name + phone number _____
 Collection from Catroux (Y/N) _____ OR Delivery to _____
 The Catroux platters _____ OR boxed _____. I will return the platters the next day by 10:30am (Y/N) _____ OR Catroux to collect the same day 3-5pm (Y/N) _____ OR 8.30-10.30am the next day (Y/N) _____. Menu cards (Y/N) _____. Napkins (Y/N) _____.
 Platters will be cleaned (Y/N) _____ (a \$3 per item charge will apply to dirty).
ORDER DEADLINE IS 12NOON, 2 BUSINESS DAYS PRIOR, UNLESS FULLY BOOKED (REFER WEBSITE).

SAVOURY

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BREAKFAST BAPS | OR LARGE BAGELS *minimum of 6, each type* \$10.00 \$12.50
 Free range bacon, egg, tomato relish, ranch dressing **NF** _____
 Egg, avocado, caramelised onion, ricotta, chilli salt **VEGE, NF** _____
 Smoked salmon, cream cheese, avocado, capers, basil pesto _____
 Tofu, avocado, fresh tomato, caramelised onion **VEGAN, NF** _____
 OR *Gluten free sandwich \$10.00 / Add details here* _____

MINI BAGELS | OR SMALL CROISSANTS *minimum of 6 each type, in multiples of 6* \$6.50 \$6.50
 Free range ham, mustard, tomato, vintage cheddar, pickles **NF** _____
 Haloumi, avocado, tomato relish, lemon mayo **NF** _____
 Smoked salmon, cream cheese, avocado, capers, basil pesto _____
 Herb tofu, avocado, fresh tomato, artichoke **VEGAN, NF** _____ N/A

SAVOURY MUFFINS *mini - minimum of 10, large - minimum of 6* mini \$3.30 GF \$3.40 large \$6.40 GF large \$6.80
 Pumpkin, ricotta, caramelised onion **NF** _____
 Sundried tomato pesto, feta, artichoke, truffle _____
 Yes I would like the large muffins cut in 1/2 _____
 OR cut in 1/2 & buttered _____

SAVOURIES *minimum of 10 each type. Send warm _____ or cold for heating _____*
 Free range pork, apple & sage sausage rolls, plum relish **NF** \$4.60
 Beef pies, tomato relish **NF** \$4.60

QUICHES *minimum of 10, each type (All GF pastry contains almonds). Send warm _____ or cold for heating _____*
 Caramelised onion, castello, roasted beetroot **NF** \$4.30 GF \$4.60
 Roasted tomato, goats cheese, kalamata olives, chilli salt **NF** \$4.30 GF \$4.60
 Asparagus, ricotta, parmesan, basil pesto, truffle \$4.30 GF \$4.60

KETO FRITATTA *minimum of 6, each type these are the size of a large muffin. Send warm _____ or cold for heating _____* \$9.50
 Bacon, spinach, roasted tomato, cheese, pesto **GF** _____
 Asparagus, spinach, goats cheese, pesto **GF VEGE** _____

BREAKFAST PLATTERS *feeds approx. 10 & requires plates ideally*
 Hot smoked salmon, avocado, caper cream cheese, dark rye bread, sundried tomato pesto, beetroot sauerkraut \$145.00
 Prosciutto, chorizo, mortadella, basil pesto, vine tomatoes, mozzarella, sourdough, Lewis butter \$150.00

FITNESS SALAD *a favourite on our café menu*
 Smoked salmon, haloumi, avocado, rocket, beetroot sauerkraut, tahini yoghurt, turmeric nuts & seeds, soft eggs **GF**
 Individual box _____ \$22.00 | Shared platter serves approx 6-8 _____ \$80.00

ADD COMPOSTABLE - Large plates _____ +0.30c / Bamboo forks _____ +0.10c / Bamboo knives _____ +0.10c
ADD SERVING ITEMS TO MY ORDER \$2.00 per item _____

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