

The Solid Bar Company

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FREE RECIPE

How To Make Your Own Soy Tea Lights (For 15 tea lights)

Materials needed:

- 8oz Soy Wax
- 15 x Tea light cups
- 15 x Pre tabbed tea light wicks
- 1 x Pyrex jug or double boiler
- 1 x Thermometer
- 1 x Spatula
- 2 x Colored recycled glass tea light holders
- 1 x Glass dish with bag and ribbon
- Wax paper (optional)

(most of the above can easily be bought from any good craft store, hobby store or even Amazon)

Method:

- Cover your work surface with a protective layer of wax paper
- Lay out tea lights onto your protected work surface
- Place a pre-tabbed wick into the center of each holder • Fill a saucepan with about one third water and bring to simmering point.
- Put soy wax flakes into jug
- Place jug of soy wax into saucepan of simmering water; keep it simmering until wax has fully melted

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- When wax has melted (which will be fairly quick at around 125F), remove the jug from heat, carefully wipe off any excess water from the outside and place to one side on a heat-proof surface
- Put the thermometer into wax, wait to see how hot it is, then check the reading every few minutes. Ensure the end of the thermometer isn't touching the sides or bottom of the jug for an accurate reading!
- It will take a good ten minutes to reduce to the required temperature.
- When the temperature has lowered to 105°F (degrees Fahrenheit) start to carefully pour the wax into each tea light.
- Leave to the tea lights to set for a few hours; they will be ready to light after 24 hours.
- You are now ready to test your candles! Tea lights should burn for 6- 10 hours without the cup warping, melting, or spilling wax. If you get a candle that burns too fast, too smoky, or warps the cup, try a test batch with a smaller wick. Note that soy wax needs one size bigger wicks than paraffin wax.

Extra Tips And Safety Issues:

- Soy wax is easy to clean with hot, soapy water
- Pyrex jugs can also be put into the dishwasher
- The tea light cups can be recycled or re-used
- I have found that adding essential oils to tea lights doesn't work well and they quickly evaporate. You can, however, use your finished tea lights with essential oils with a dedicated diffuser, in which you add water to the top with a few drops of essential oil which can be different everyday if you like; citrus to wake you up, Lavender for a more relaxing scent and so on. I use a 'ceramic essential oil diffuser' from Mountain Rose Herbs, though there are many good ones on the market
- Despite this, if you still choose to use scents with soy you will find that most soy waxes will hold around a 10% fragrance; you should consult your scent supplier for the exact amount to use and only use scents recommended for candles. Do not use commercial perfumes, air fresheners, pot-pourri oils, or craft store scents made for soaps only. This is a fire safety issue.
- If you choose to use the microwave to heat your pure soy wax do not leave it unattended. Only heat the wax in short bursts, for two minute maximum increments, then stir, then return to the microwave for a further two more minutes, repeat until the wax is melted.

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- If you use wicks that are too big the flame may warp the plastic cup and/or your tea lights will burn too fast.
- If necessary, and prior to burning, use scissors to trim the wicks to 1/4th inch and wipe any excess or spilled wax off the exterior of the candle cup with a clean rag.

Finally, please note that whilst we want you to enjoy your candles please make sure to follow best practice safety:

- Never burn candle when a draft of air is present.
- Always burn on your candles on a stable, heat-resistant and flat surface.
- Once lit, do not move candle until it has cooled completely.
- Keep the wax free of wick clippings, matches and other flammable items.
- Keep candle away from pets and children.
- Failure to follow instructions can result in injury, fire or smoke damage.

NEVER LEAVE A BURNING CANDLE UNATTENDED.