

Bath Bomb Recipe 624g

(Makes 4 x Large Bath Bombs... or use half the mixture for 2 x Bath Bombs!)

Ingredients:

362g [Baking Soda](#) (58%)

180g [Citric Acid Powder](#) (29%)

22g [Mango or Shea Butter](#) (3.5%)

34g [Epsom Fine Bath Salts](#) (5.5%)

19g [Kaolin Clay](#) (3%)

6g (6ml) [Essential Oils](#) (1%) (e.g. Lavender or Litsea (lemon scented) or something else etc.)

mystic moments

[Distilled Witch hazel](#) in [glass spray bottle](#) – 50g/100g Witch Hazel and 50ml/100ml glass bottle is fine

[Dried flowers](#) (optional) such as Cornflowers/Lavender, Rose Petals, etc. 5g is fine

[Bio Glitter](#) (optional) (ecostardust.com)

2.5g (0.5 tsp) [Coloured Mica powder](#)

Equipment:

[6cm Acrylic Bath Bomb Moulds](#)* (see note below)

Glass Spray Bottle (See above of where to buy)

Any large, clean and dry mixing bowl, tablespoon, teaspoon.

Scales (with grams)

Tea towel to put the bath bombs on to dry.

Packaging:

[Biodegradable cellophane](#) (optional)

[Biodegradable ribbon](#) (optional)

Method:

1. Combine baking soda and citric acid, kaolin clay and Epsom salt in a bowl and mix well.
2. Add powdered mica colour stirring well with a spoon to remove all lumps. Add any glitter, dried flowers, etc.
3. Gently melt mango/shear butter in bowl in the microwave and add essential oils.
4. Slowly drizzle the butter and essential oil mix into dry mixture and stir well. Break up any clumps with your fingers or back of spoon to break up any clumps.

5. Bind with your hand to check mixture consistency.
6. Spray mixture with a little Witch hazel until it represents wet sand.
7. Bind together in your hand and place into one half of mould.
8. Push down hard to fill mould.
9. Do the same with the second half, slightly over-filling it with the mixture.
10. Continue to spray with more Witch hazel including top of mould.
11. Twist two halves together until they stick to each other with the mixture.
12. Leave to dry for a few minutes and check.
13. Carefully peel back one half of the mould, then the other and gently take out bath bomb.
14. Leave on a flat surface for 24-48 hours.
15. Wrap in (biodegradable) cello with ribbon to make a great gift and also to retain essential oil scent.
16. For best results, use within 3 months.

*Ordinarily I would not ask that you purchase acrylic moulds but after extensive testing of stainless steel, aluminium and acrylic moulds, these were the only types that worked for me every time. I wouldn't want lots of disappointed participants due to using the other moulds.