

POWERBAR ISOMAX

with extra caffeine and L-arginine.



FLAVOUR

■ Blood Orange



PRODUCT DESCRIPTION

Do you want to refuel during longer and harder training sessions with more than just electrolytes and carbohydrates? Then you should try Isomax, PowerBar's isotonic sports drink with caffeine. Isomax powder not only provides you with carbohydrates and electrolytes, but also 75 mg of caffeine per serving; caffeine can help improve concentration. It also contains 400 mg L-Arginine per serving, providing the body with a protein building block in the form of a free amino acid. Isomax is an ideal choice for your harder training sessions or competitions.

- ✓ **Carbohydrate-electrolyte solutions contribute to the maintenance of endurance performance during prolonged endurance exercise**
- ✓ **Trusted functionality with C2MAX, a scientifically developed carbohydrate blend that contains a 2:1 ratio of glucose and fructose sources**
- ✓ **Supplies the body with the 5 electrolytes sodium, chloride, potassium, calcium and magnesium, which are lost the most with perspiration**
- ✓ **75 mg caffeine per serving - caffeine can help to improve concentration**
- ✓ **400 mg L-Arginine per serving**
- ✓ **Free from artificial flavours and preservatives (by law)**
- ✓ **Suitable for vegetarians**

All PowerBar products are included in the Cologne List®, and as a result we can offer athletes even more security and trust.



SUGGESTED USAGE

1 portion/day. General fluid intake recommendation for activities >60 minutes:

- Drink as needed before exercise
- Drink approximately 150-200 ml every 15 minutes during exercise

Mixing instructions: 1 Portion: Mix 50 g (approx. 3 measuring spoons- included) in 750 ml water for isotonic formulation. Single Serve Sachet: Mix pouch content (50 g) in 750 ml water.

Contains caffeine (10 mg/100 ml). Not recommended for children or pregnant women.

As part of a varied and balanced diet and a healthy lifestyle.



POWERBAR ISOMAX

Blood Orange with 75 mg caffeine per portion



INGREDIENTS

Dextrose, maltodextrin, fructose, minerals (sodium citrate, calcium lactate, potassium chloride, sodium chloride, magnesium carbonate), acidity regulator (citric acid), L-arginine (0,8%), natural flavouring, beetroot juice powder, concentrate (safflower, lemon), caffeine (0,15%).

May contain: **soy, milk.**

LEGAL DENOMINATION

Isotonic electrolyte drink mix for athletes with carbohydrates, 5 minerals, caffeine and L-arginine

–
Blood Orange flavour

NUTRITION INFORMATION

Nutrition Information	per 100 g	per pouch (50 g)*
Energy kJ (kcal)	1578 (371)	789 (186)
Fat	0 g	0 g
of which saturates	0 g	0 g
Carbohydrate	90 g	45 g
of which sugars	63 g	31 g
Protein	0 g	0 g
Salt	1.8 g	0.9 g
Caffeine	150 mg	75 mg
L-Arginine	800 mg	400 mg

Minerals	per 100 g	per pouch (50 g)*
Potassium	338 mg (17%**)	169 mg (8%**)
Chloride	670 mg (84%**)	335 mg (42%**)
Calcium	121 mg (15%**)	60.3 mg (8%**)
Magnesium	58.2 mg (16%**)	29.1 mg (8%**)
Sodium	710 mg	355 mg

*per 50 g serving when mixed with 750 ml water

**% Nutrient Reference Value

POWERBAR SPORTSDRINK SYSTEM

			
Product	PowerBar 5ELECTROLYTES	PowerBar ISOACTIVE	PowerBar ISOMAX
Main ingredients (per serve)	5 Electrolytes Zero Sugars Zero Calories 75 mg Caffeine (depending on flavor)	5 Electrolytes 29 g C2MAX Dual Source Carb Mix	5 Electrolytes 45 g C2MAX Dual Source Carb Mix 75 mg Caffeine 400 mg L-Arginine
Recommended usage	Basic endurance training (where your focus is on optimising fat metabolism). Whenever you workout and want to stay hydrated without sugars or calories (e.g. gym, hiking, etc).	Basic endurance training up to intense training sessions.	Intense / longer training sessions and competitions.