

POWERBAR POWERGEL HYDRO

The liquid gel choice.



FLAVOURS

- Orange
- Cola (+ caffeine)
- Cherry (+ caffeine)
- Mojito (+ caffeine)



PRODUCT DESCRIPTION

Did you give everything you had during the past hour and now you want a PowerGel® that doesn't require any additional fluid to consume it? Then you should try the PowerBar PowerGel® Hydro. Through C2MAX it provides you with carbohydrates in a scientifically developed 2:1 ratio of glucose and fructose sources. The liquid consistency of the gel is easy to swallow and doesn't require you to drink immediately afterwards as with other gels. Ideal for runners or athletes who prefer a more liquid gel.

- ✓ **Trusted functionality with C2MAX Dual Source Carb Mix and approx. 200 mg sodium per pouch**
- ✓ **Carbohydrate solutions can contribute to the improvement of physical performance during a high-intensity and long-lasting physical exercise in healthy trained adults**
- ✓ **With natural flavourings**
- ✓ **Vegan**
- ✓ **Innovative packaging: easy to open and prevents additional waste through "Trash Chain"**
- ✓ **Cola flavour: contains an additional 100 mg caffeine per pouch, caffeine helps increase alertness and improve concentration**
- ✓ **Mojito and Cherry flavours: contain 51 mg of caffeine per pouch**

All PowerBar products are included in the Cologne List®, and as a result we can offer athletes even more security and trust.



SUGGESTED USAGE

Take 1 pouch as required at regular intervals during exercise.

All flavours except for Cola: 1-2 pouches/ day. Cola flavour: Consume 1 pouch per day during exercise.

Flavours with caffeine: High caffeine content. Not recommended for children or pregnant or breastfeeding women. (Mojito & Cherry: 76 mg/100 ml, 51 mg/ pouch; Cola: 150 mg/100 ml, 100 mg/ pouch).

As part of a varied and balanced diet and a healthy lifestyle.



POWERBAR POWERGEL HYDRO

Orange



INGREDIENTS

Water, maltodextrin, fruit juice concentrates (13%) (apple, orange), fructose, sodium chloride, acid (citric acid), sodium citrate, preservatives (potassium sorbate, sodium benzoate), stabiliser (xanthan gum), natural orange flavouring with other natural flavourings.

LEGAL DENOMINATION

Liquid concentrated carbohydrate gel for athletes with fruit juice concentrates and sodium

-
Orange flavour

NUTRITION INFORMATION

| Nutrition Information | per 100 ml | per pouch (67 ml) |
|-----------------------|------------|-------------------|
| Energy kJ (kcal) | 651 (153) | 436 (102) |
| Fat | 0 g | 0 g |
| of which saturates | 0 g | 0 g |
| Carbohydrate | 37 g | 25 g |
| of which sugars | 19 g | 13 g |
| Protein | 0 g | 0 g |
| Salt | 0,80 g | 0,53 g |
| Sodium | 304 mg | 204 mg |



POWERBAR POWERGEL HYDRO

Cherry with 51 mg caffeine per pouch



INGREDIENTS

Water, maltodextrin, fruit juice concentrates (12%) (apple, sour cherry), fructose, sodium chloride, sodium citrate, acid (citric acid), natural cherry flavouring with other natural flavourings, preservatives (potassium sorbate, sodium benzoate), stabiliser (xanthan gum), caffeine (0,07%).

LEGAL DENOMINATION

Liquid concentrated carbohydrate gel for athletes with fruit juice concentrates, caffeine and sodium

-
Cherry flavour

NUTRITION INFORMATION

| Nutrition Information | per 100 ml | per pouch (67 ml) |
|-----------------------|------------|-------------------|
| Energy kJ (kcal) | 654 (154) | 438 (103) |
| Fat | 0 g | 0 g |
| of which saturates | 0 g | 0 g |
| Carbohydrate | 37 g | 25 g |
| of which sugars | 19 g | 13 g |
| Protein | 0 g | 0 g |
| Salt | 0,76 g | 0,51 g |
| Sodium | 304 mg | 204 mg |
| Caffeine | 76 mg | 51 mg |



POWERBAR POWERGEL HYDRO

Cola with 100 mg caffeine per pouch



INGREDIENTS

Water, maltodextrin, fructose, sodium chloride, natural flavourings, acid (citric acid), sodium citrate, caffeine (0,1%), preservatives (potassium sorbate, sodium benzoate), stabiliser (xanthan gum).

LEGAL DENOMINATION

Liquid concentrated carbohydrate gel for athletes with caffeine and sodium

-
Cola flavour

NUTRITION INFORMATION

| Nutrition Information | per 100 ml | per pouch (67 ml) |
|-----------------------|------------|-------------------|
| Energy kJ (kcal) | 649 (153) | 435 (102) |
| Fat | 0 g | 0 g |
| of which saturates | 0 g | 0 g |
| Carbohydrate | 38 g | 25 g |
| of which sugars | 16 g | 11 g |
| Protein | 0 g | 0 g |
| Salt | 0,76 g | 0,51 g |
| Sodium | 304 mg | 203 mg |
| Caffeine | 150 mg | 100 mg |



POWERBAR POWERGEL HYDRO

Mojito with 51 mg caffeine per pouch



INGREDIENTS

Water, maltodextrin, fructose, fruit juice concentrates (7%) (apple, lime), sodium chloride, sodium citrate, natural flavourings, caffeine (0,07%), preservatives (potassium sorbate, sodium benzoate), stabiliser (xanthan gum), acid (citric acid).

LEGAL DENOMINATION

Liquid concentrated carbohydrate gel for athletes with fruit juice concentrates, caffeine and sodium

-
Lime-mint flavour

NUTRITION INFORMATION

| Nutrition Information | per 100 ml | per pouch (67 ml) |
|-----------------------|------------|-------------------|
| Energy kJ (kcal) | 686 (162) | 460 (109) |
| Fat | 0 g | 0 g |
| of which saturates | 0 g | 0 g |
| Carbohydrate | 39 g | 26 g |
| of which sugars | 19 g | 12 g |
| Protein | 0 g | 0 g |
| Salt | 0,77 g | 0,51 g |
| Sodium | 307 mg | 205 mg |
| Caffeine | 76 mg | 51 mg |



TECHNICAL INFORMATION

67 ml pouch

| Flavour | SKU | EAN Pouch | EAN Box |
|-----------------------|----------|---------------|---------------|
| ■ Orange | 22040300 | 4029679672673 | 4029679672680 |
| ■ Cherry (+ caffeine) | 22040400 | 4029679672697 | 4029679672703 |
| ■ Cola (+ caffeine) | 22040200 | 4029679672659 | 4029679672666 |
| ■ Mojito (+ caffeine) | 22040100 | 4029679672635 | 4029679672642 |

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|---------------------------|---|
| 24 pouches per box | Distributor: Active Nutrition International GmbH Zielstattstraße 42 D-81379 München Phone +49 (0)89 502 0070 www.powerbar.com |
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This information is presented for illustrative purposes only. Any specifications and values on the actual product packaging will always take precedence over any factsheet guidelines.

