

# POWERBAR ELECTROLYTE DRINK

An ideal refreshment during sports activities.



## FLAVOURS

- Passionfruit Lime (+ caffeine)
- Sour Cherry
- Grapefruit
- Lemongrass Citrus
- Strawberry Lime
- Woodruff
- Raspberry Pomegranate



## PRODUCT DESCRIPTION

Do you want a low-calorie drink while exercising and therefore drink only water? When you sweat, your body loses not only water, but also electrolytes. Electrolytes play an important role in your fluid balance. PowerBar Electrolyte Drink is an ideal refreshment during sports activities and provides you with the electrolytes magnesium and sodium, without adding many calories - two varieties even offer ZERO calories and ZERO sugar!

- Low in calories and sugar for a calorie-conscious diet - two varieties have ZERO calories and ZERO sugar (Passionfruit Lime & Raspberry Pomegranate)**
- With natural flavours and without artificial colourings**
- Aspartame-free**
- Lactose- and gluten-free**

All PowerBar products are included in the Cologne List®, and as a result we can offer athletes even more security and trust.



## SUGGESTED USAGE

1 liter ready to drink per day.

Mixing instruction (1 portion): Add 480 ml of cold water to 20 ml concentrate (press pump 5 times).

Mixing ratio: 1:24.

Passionfruit Lime und Raspberry Pomegranate: Energy per 100 ml made up with water: 11 kJ (3 kcal).



# POWERBAR ELECTROLYTE DRINK

Passionfruit Lime with caffeine and L-carnitine,  
with zero calories and zero sugar.



## INGREDIENTS

Water, acid (citric acid), sugar, acidity regulator (sodium citrates), magnesium carbonate, L-carnitine, sweeteners (cyclamate, acesulfame K, saccharin), natural flavouring, sodium chloride, antioxidant (ascorbic acid), caffeine (0,15%), preservative (potassium sorbate), colours (carotenes, carmines).

## LEGAL DENOMINATION

Syrup concentrate for a refreshing zero calorie drink with sugar and sweeteners, L-carnitine, caffeine, magnesium and sodium  
-  
Passionfruit-Lime flavour

## NUTRITION INFORMATION

Nutrition Information	per 100 ml	per 500 ml*
Energy kJ (kcal)	288 (67)	58 (13)
Fat	0 g	0 g
of which saturates	0 g	0 g
Carbohydrate	7,2 g	1,4 g
of which sugars	7,2 g	1,4 g
Protein	0 g	0 g
Salt	3,1 g	0,61 g
Magnesium	280 mg (75%**)	55,9 (15%**)
Sodium	1230 mg	246 mg
L-carnitine	1003 g	201 g
Caffeine	162 g	32,4 g

\* per 20 ml syrup mixed with 480 ml water

\*\* % nutrient reference values



# POWERBAR ELECTROLYTE DRINK

## Grapefruit



### INGREDIENTS

Water, sugar, acid (citric acid), acidity regulator (sodium citrate), magnesium carbonate, sweeteners (cyclamate, acesulfame-K, saccharin), sodium chloride, natural flavouring, stabilisers (gum arabic, glycerol esters of wood rosins, locust bean gum), orange juice concentrate, antioxidants (ascorbic acid, tocopherol-rich extract, ascorbyl palmitate), grapefruit juice concentrate (0,09%), lemon juice concentrate, preservative (potassium sorbate), colour (carotene).

### LEGAL DENOMINATION

Syrup concentrate for a refreshing low calorie drink with sugar, sweeteners and magnesium and sodium

Grapefruit flavour

### NUTRITION INFORMATION

Nutrition Information	per 100 ml	per 500 ml*
Energy kJ (kcal)	863 (203)	173 (41)
Fat	0 g	0 g
of which saturates	0 g	0 g
Carbohydrate	39 g	7,8 g
of which sugars	39 g	7,8 g
Protein	0 g	0 g
Salt	3,0 g	0,61 g
Magnesium	279 mg (74%**)	55,8 mg (15%**)
Sodium	1217 mg	243 mg

\* per 20 ml syrup mixed with 480 ml water

\*\* % nutrient reference values



# POWERBAR ELECTROLYTE DRINK

## Strawberry Lime



### INGREDIENTS

Water, sugar, acid (citric acid), acidity regulator (sodium citrate), black carrot juice concentrate, magnesium carbonate, sweeteners (cyclamate, acesulfame-K, saccharin), natural flavouring, sodium chloride, preservative (potassium sorbate).

### LEGAL DENOMINATION

Syrup concentrate for a refreshing low calorie drink with sugar, sweeteners, magnesium and sodium

-  
Strawberry-Lime flavour

### NUTRITION INFORMATION

Nutrition Information	per 100 ml	per 500 ml*
Energy kJ (kcal)	843 (198)	169 (40)
Fat	0 g	0 g
of which saturates	0 g	0 g
Carbohydrate	41 g	8,2 g
of which sugars	41 g	8,1 g
Protein	0 g	0 g
Salt	3,1 g	0,62 g
Magnesium	281 mg (75%**)	56,3 mg (15%**)
Sodium	1235 mg	247 mg

\* per 20 ml syrup mixed with 480 ml water

\*\* % nutrient reference values



# POWERBAR ELECTROLYTE DRINK

Raspberry Pomegranate  
with zero calories and zero sugar



## INGREDIENTS

Water, acid (citric acid), sugar, acidity regulator (sodium citrates), black carrot juice concentrate, magnesium carbonate, natural flavouring, sweeteners (cyclamate, acesulfame K, saccharin), sodium chloride, preservative (potassium sorbate).

## LEGAL DENOMINATION

Syrup concentrate for a refreshing zero calorie drink with sugar and sweeteners, magnesium and sodium

-  
Raspberry-Pomegranate flavour

## NUTRITION INFORMATION

Nutrition Information	per 100 ml	per 500 ml*
Energy kJ (kcal)	270 (63)	54 (13)
Fat	0 g	0 g
of which saturates	0 g	0 g
Carbohydrate	7,9 g	1,6 g
of which sugars	7,9 g	1,6 g
Protein	0 g	0 g
Salt	3,1 g	0,62 g
Magnesium	280 mg (75%**)	55,9 mg (15%**)
Sodium	1236 mg	247 mg

\* per 20 ml syrup mixed with 480 ml water

\*\* % nutrient reference values



# POWERBAR ELECTROLYTE DRINK

## Sour Cherry



### INGREDIENTS

Water, sugar, acid (citric acid), acidity regulator (sodium citrate), black carrot juice concentrate, magnesium carbonate, sweeteners (cyclamate, acesulfame-K, saccharin), natural flavouring, sodium chloride, preservative (potassium sorbate).

### LEGAL DENOMINATION

Syrup concentrate for a refreshing low calorie drink with sugar, sweeteners, magnesium and sodium

-  
Sour Cherry flavour

### NUTRITION INFORMATION

Nutrition Information	per 100 ml	per 500 ml*
Energy kJ (kcal)	919 (216)	184 (43)
Fat	0 g	0 g
of which saturates	0 g	0 g
Carbohydrate	45 g	9,0 g
of which sugars	45 g	9,0 g
Protein	0 g	0 g
Salt	3,1 g	0,62 g
Magnesium	281 mg (75%**)	56,3 mg (15%**)
Sodium	1245 mg	249 mg

\* per 20 ml syrup mixed with 480 ml water

\*\* % nutrient reference values



# POWERBAR ELECTROLYTE DRINK

## Lemongrass Citrus



### INGREDIENTS

Water, sugar, acid (citric acid), acidity regulator (sodium citrate), natural flavouring, magnesium carbonate, sweeteners (cyclamate, acesulfame-K, saccharin), sodium chloride, safflower extract, preservative (potassium sorbate).

### LEGAL DENOMINATION

Syrup concentrate for a refreshing low calorie drink with sugar, sweeteners, magnesium and sodium

-  
Citrus-lemongrass flavour

### NUTRITION INFORMATION

Nutrition Information	per 100 ml	per 500 ml*
Energy kJ (kcal)	856 (201)	171 (40)
Fat	0 g	0 g
of which saturates	0 g	0 g
Carbohydrate	39 g	7,9 g
of which sugars	39 g	7,9 g
Protein	0 g	0 g
Salt	3,1 g	0,61 g
Magnesium	281 mg (75%**)	56,3 mg (15%**)
Sodium	1232 mg	246 mg

\* per 20 ml syrup mixed with 480 ml water

\*\* % nutrient reference values



# POWERBAR ELECTROLYTE DRINK

Woodruff



## INGREDIENTS

Water, sugar, acid (citric acid), acidity regulator (sodium citrate), natural flavouring, magnesium carbonate, sweeteners (cyclamate, acesulfame-K, saccharin), colour (ammonia caramel, patent blue V), sodium chloride, preservative (potassium sorbate).

## LEGAL DENOMINATION

Syrup concentrate for a refreshing low calorie drink with sugar, sweeteners, magnesium and sodium

-  
Woodruff flavour

## NUTRITION INFORMATION

Nutrition Information	per 100 ml	per 500 ml*
Energy kJ (kcal)	860 (203)	172 (41)
Fat	0 g	0 g
of which saturates	0 g	0 g
Carbohydrate	40 g	8,0 g
of which sugars	40 g	8,0 g
Protein	0 g	0 g
Salt	3,1 g	0,61 g
Magnesium	281 mg (75%**)	56,3 mg (15%**)
Sodium	1228 mg	246 mg

\* per 20 ml syrup mixed with 480 ml water

\*\* % nutrient reference values





## TECHNISCHE INFORMATIONEN

### 1 L PET bottle

Flavours	SKU	EAN Bottle	EAN Box
■ Passionfruit Lime (+ caffeine)	23159100	4029679123571	4029679123588
■ Grapefruit	23155700	4029679123502	4029679123519
■ Strawberry Lime	23151100	4029679123632	4029679123649
■ Raspberry Pomegranate	23158600	4029679123595	4029679123717
■ Sour Cherry	23151200	4029679123656	4029679123663
■ Lemongrass Citrus	23158500	4029679123618	4029679123601
■ Woodruff	23155200	4029679112544	4029679112551

### 5 L BIB

Flavours	SKU	EAN BIB	EAN Carton
■ Passionfruit Lime (+ caffeine)	23349100	4029679123298	4029679123298
■ Grapefruit	23345700	4029679123229	4029679123229
■ Strawberry Lime	23341100	4029679123267	4029679123267
■ Raspberry Pomegranate	23348600	4029679123281	4029679123281
■ Sour Cherry	23341200	4029679123250	4029679123250
■ Lemongrass Citrus	23348500	4029679123236	4029679123236
■ Woodruff	23345200	4029679123274	4029679123274

6x 1L PET bottles per box  
4x 5L BIBs per carton

Store in a cool, dry place.  
Consume opened product  
within 28 days.

**Distributor:** Active Nutrition International GmbH  
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This information is presented for illustrative purposes only.  
Any specifications and values on the actual product packaging  
will always take precedence over any factsheet guidelines.

