

# POWERBAR 30% PROTEIN PLUS

**Protein for snacking and sharing.  
With extra nutty flavour and 15 g protein per pack.**



## FLAVOURS

Chocolate  
Vanilla Coconut  
Lemon Cheesecake  
Vanilla Caramel Crisp

## PRODUCT DESCRIPTION

Treat your muscles after an intense workout or fuel your body during the day with an extra portion of protein. This will not only support muscle growth but also muscle maintenance. The 30% Protein Plus bar is rich in high-quality protein and tastes delicious. With four different flavours to choose from, you can find the right bar for your taste.

- > High in protein
- > Premium protein: Casein and whey protein
- > Free of aspartame (by law)
- > Vegetarian – collagen-free

All PowerBar products are included in the Cologne List<sup>®</sup>, and as a result we can offer athletes even more security and trust.

## SUGGESTED USAGE

Chocolate, Vanilla Coconut, Lemon Cheesecake: 1 bar/ day.  
Vanilla Caramel Crisp: 1-2 bar/ day.

As part of a varied and balanced diet and a healthy lifestyle.

# POWERBAR 30% PROTEIN PLUS Chocolate



## INGREDIENTS

Calcium caseinate (**MILK**) (21%), dark chocolate couverture (18%) [cocoa mass, sugar, cocoa butter, emulsifier (lecithins (**SOY**))], invert sugar syrup, fructose syrup, oligofructose syrup, whey protein (**MILK**) (8%), fat-reduced cocoa powder (5%), **SOY** protein, flavourings, emulsifier [lecithins (**SOY**)]. May contain: **WHEAT, BARLEY, OATS, PEANUTS, ALMONDS, HAZELNUTS, CASHEWS.**

## LEGAL DENOMINATION

Sports bar with protein and dark chocolate couverture, Chocolate flavour.

Nutrition Information	Per 100 g	Per 55 g
Energy kJ (kcal)	1454 (346)	800 (190)
Fat	7,9 g	4,3 g
of which saturates	4,7 g	2,6 g
Carbohydrate	31 g	17 g
of which sugars	29 g	16 g
Fibre	14 g	7,4 g
Protein	31 g	17 g
Salt	0,23 g	0,13 g

# POWERBAR 30% PROTEIN PLUS

## Vanilla Coconut



## INGREDIENTS

Calcium caseinate (**MILK**) (21%), white chocolate (18%) [sugar, cocoa butter, whole **MILK** powder, emulsifier (lecithins (**SOY**)), flavouring], oligofructose syrup, invert sugar syrup, fructose syrup, whey protein (**MILK**) (8%), skimmed **MILK** powder, **SOY** protein, flavourings, emulsifier [lecithins (**SOY**)]. May contain: **WHEAT, BARLEY, OATS, PEANUTS, ALMONDS, HAZELNUTS, CASHEWS.**

## LEGAL DENOMINATION

Sports bar with protein and white chocolate, Vanilla-Coconut flavour.

Nährwertangaben	Pro 100 g	Pro 55 g
Energy kJ (kcal)	1494 (355)	822 (195)
Fat	6,9 g	3,8 g
of which saturates	4,2 g	2,3 g
Carbohydrate	36 g	20 g
of which sugars	36 g	20 g
Fibre	11 g	5,8 g
Protein	32 g	17 g
Salt	0,30 g	0,17 g

# POWERBAR 30% PROTEIN PLUS

## Lemon Cheesecake



## INGREDIENTS

Calcium caseinate (**MILK**) (22%), white chocolate (18%) [sugar, cocoa butter, whole **MILK** powder, emulsifier (lecithins (**SOY**)), flavouring], oligofructose syrup, fructose syrup, invert sugar syrup, whey protein (**MILK**) (8%), skimmed **MILK** powder, **SOY** protein, natural lemon flavouring with other natural flavourings, emulsifier [lecithins (**SOY**)]. May contain: **WHEAT, BARLEY, OATS, PEANUTS, ALMONDS, HAZELNUTS, CASHEWS.**

## LEGAL DENOMINATION

Sports bar with protein and white chocolate coating, Lemon flavour

Nährwertangaben	Pro 100 g	Pro 55 g
Energy kJ (kcal)	1472 (350)	810 (193)
Fat	6,9 g	3,8 g
of which saturates	4,2 g	2,3 g
Carbohydrate	34 g	19 g
of which sugars	34 g	19 g
Fibre	14 g	7,7 g
Protein	31 g	17 g
Salt	0,19 g	0,10 g

# POWERBAR 30% PROTEIN PLUS

## Vanilla Caramel Crisp



### INGREDIENTS

**MILK** proteins (24 %), invert sugar syrup, **MILK** chocolate couverture (20%) [sugar, cocoa butter, whole **MILK** powder, cocoa mass, emulsifier (lecithins (**SOY**)), flavouring], caramel filling (13.5%) [glucose syrup, palm fat, sugar, sweetened condensed skimmed **MILK**, dextrose, emulsifier (lecithins (**SOY**)), rapeseed oil (fully hydrogenated), salt, natural flavouring], glucose syrup, whey protein (**MILK**) (5%), **SOY** crispies (5%) [**SOY** protein, starch, salt], humectant (glycerol), flavouring, emulsifier [lecithins (**SOY**)]. May contain: **WHEAT, BARLEY, OATS, PEANUTS, ALMONDS, HAZELNUTS, CASHEWS.**

### LEGAL DENOMINATION

Sports bar with protein, milk chocolate couverture and caramel layer, Vanilla-Caramel flavour

Nährwertangaben	Pro 100 g	Pro 55 g
Energy kJ (kcal)	1685 (400)	927 (220)
Fat	12 g	6,7 g
of which saturates	7,2 g	3,9 g
Carbohydrate	43 g	24 g
of which sugars	36 g	20 g
Fibre	0,5 g	0,3 g
Protein	30 g	17 g
Salt	0,30 g	0,17 g

## Technical Information

55 g per Package

Taste	Version code	SKU	EAN Pack	EAN Box	EAN Case
Chocolate	VC01	21362042	4029679520028	4029679520202	4029679905207
Vanilla Coconut	VC01	21361942	4029679520011	4029679520103	4029679905191
Lemon Cheesecake	VC01	21362242	4029679520165	4029679520172	4029679520196
Vanilla Caramel Crisp	VC01	21366842	4029679370036	4029679370302	4029679905085

**15 bars per box** - Store in a cool, dry place.

### Distributor:

Active Nutrition International GmbH  
Zielstattstraße 42  
D-81379 München  
Phone +49 (0)89 502 0070  
[www.powerbar.de](http://www.powerbar.de)

