

DYMATIZE® SUPER MASS GAINER BAR

Protein contributes to a growth in muscle mass



Product description

Everyone looking for a large and powerful physique knows protein supports muscle growth. Dymatize Super Mass Gainer bars are outstanding protein bars designed for serious Hardgainers or any athlete undertaking the bulk phase of their nutritional plan.

With 27 – 28 g of premium quality protein depending on flavour, including 5.4 g of naturally occurring BCAAs, plus carbohydrates, this 90 g bar features the winning combination of great quality and fantastic taste. Very satisfactory and extremely delicious, Dymatize Super Mass Gainer bars are the right choice to consume after exercise.

- High in protein: 27 – 28 g of premium protein per 90 g bar, depending on flavour
- Protein supports muscle growth
- 5.4 g of BCAAs* per 90 g bar;
- 28 g carbohydrates per 90 g bar (Example: Deluxe Chocolate flavour)
- With an incredible texture and a genuinely delicious taste

* BCAAs (branched chain amino acids: L-leucine, L-isoleucine, L-valine) are naturally occurring in protein

Nutrients may vary in flavour – for flavour specific information see nutritional information.

2 great tasting flavours of Dymatize Super Mass Gainer bars

- Deluxe Chocolate
- Vanilla Caramel Fudge

Suggested usage

- 1 bar/day, after training
- As part of a varied and balanced diet and a healthy lifestyle.

Technical information

- 90 g bar
- 10 bars per box
- 9 boxes per case
- Store in a cool, dry place.
- CH: Made in Germany
- Distributor: Active Nutrition International GmbH, Zielstattstr. 42, D-81379 München, phone: +49-(0) 89-50 20 07 0

Flavour	SKU	EAN bar	EAN box	EAN case
Deluxe Chocolate	25270201	4029679671782	4029679671799	4029679671805
Vanilla Caramel Fudge	25276801	4029679671812	4029679671829	4029679671836

**This information is presented for illustrative purposes only.
Any specifications and values on the actual product packaging will
always take precedence over any factsheet guidelines.**



Legal denomination

Sports bar with protein and dark chocolate couverture, chocolate flavour.

Ingredients

Calcium caseinate (**milk**) (22%), dark chocolate couverture (18%) [cocoa mass, sugar, cocoa butter, emulsifier (lecithin (**soy**))], invert sugar syrup, fructose syrup, oligofructose syrup, whey protein (**milk**) (8%), fat-reduced cocoa powder (5%), **soy** protein (2.5%), flavourings, emulsifier (lecithin (**soy**)). May contain: **peanuts, hazelnuts, almonds, gluten**.

Nutrition Information

Nutrition Information	per 100 g	per 90 g (Bar)
Energy kJ (kcal)	1421 (338)	1279 (304)
Fat	7,0 g	6,3 g
of which saturates	4,0 g	3,6 g
Carbohydrate	31 g	28 g
of which sugars	29 g	26 g
Fibre	14 g	12 g
Protein*	31 g	28 g
Salt	0,23 g	0,20 g
*of which		
L-Leucine	2,7 g	2,4 g
L-Isoleucine	1,6 g	1,4 g
L-Valin	1,8 g	1,6 g



Legal denomination

Sports bar with protein, milk chocolate couverture and caramel layer, vanilla-caramel flavour

Ingredients

Milk protein (24%), invert sugar syrup, **milk** chocolate couverture (20%) [sugar, cocoa butter, whole **milk** powder, cocoa mass, emulsifier (lecithin (**soy**)), flavouring], caramel filling (14%) [glucose syrup, palm fat, sugar, sweetened skimmed condensed **milk**, dextrose, emulsifier (lecithin (**soy**)), rapeseed oil (fully hydrogenated), salt, natural flavouring], glucose syrup, whey protein (**milk**) (5%), **soy** crisps [**soy** protein (4%), starch, salt], humectant (glycerol), flavouring, emulsifier (lecithin (**soy**)). May contain : **peanuts, hazelnuts, almonds** and **gluten**.

Nutrition Information

Nutrition Information	per 100 g	per 90 g (Bar)
Energy kJ (kcal)	1685 (400)	1517(360)
Fat	12 g	11 g
of which saturates	7,2 g	6,5 g
Carbohydrate	43 g	39 g
of which sugars	36 g	33 g
Fibre	0,5 g	0,5 g
Protein*	30 g	27 g
Salt	0,30 g	0,27 g
*of which		
L-Leucine	2,8 g	2,5 g
L-Isoleucine	1,5 g	1,4 g
L-Valine	1,7 g	1,5 g