



SHARPER IMAGE®

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## HOT + COLD BACK WRAP

## CONGRATULATIONS ON YOUR PURCHASE OF THE HOT + COLD BACK WRAP.

Please read all instructions and warnings prior to use.

Keep this manual as it contains important information for future reference.

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SHARPER IMAGE® NAME AND LOGOS (INCLUDING THE 77 LOGO AND TOMORROW'S TOMORROW) ARE TRADEMARKS OR REGISTERED TRADEMARKS.

PRINTED IN CHINA

## SAFETY WARNINGS

### PLEASE READ BEFORE USE

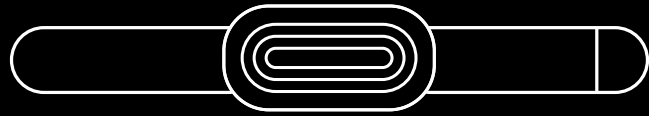
- This is not a toy. Keep out of reach of children.
- DO NOT microwave for more than 2 minutes total per use without first allowing the wrap to fully cool to room temperature.
- Do not allow food debris from microwave to touch the wrap. Always heat on a clean, dry microwave-safe plate.
- Do not allow wrap to contact microwave edges during heating.
- Ensure carousel in microwave turns freely during heating. If your microwave does not have a carousel, rotate the wrap frequently during heating.
- Only heat or chill this wrap according to the included instructions.
- Microwaves vary in power and may cause excessive or uneven heating. Never heat in a microwave rated over 1000W.
- DO NOT OVERHEAT - may damage contents or cause serious injury.
- Always carefully check the wrap temperature before use.
- For household use only.
- Never apply to areas of the body where skin is damaged or in poor condition.
- Consult your physician if you have a medical condition that may prevent safe use of this item.
- Use this wrap only for its intended use.

**WARNING- THIS PRODUCT CAN CAUSE BURNS. AVOID PROLONGED DIRECT CONTACT WITH THE SKIN.**

- TAKE CARE WHEN REMOVING FROM THE MICROWAVE OVEN.
- DO NOT INGEST CONTENTS.
- DO NOT OVERHEAT.
- FOR MICROWAVE USE ONLY.

## FEATURES

- Soothing heat or revitalizing chill
- Double-sided for adjustable intensity
- Extra-long and flexible for use on multiple areas of the body
- Securely attaches to itself anywhere for an adjustable fit
- Soft material for comfortable use



## ALL-NATURAL FILL

- 99% Clay beads
- 1% Polyethylene foam

## HEATING INSTRUCTIONS

1. Before heating, make sure the wrap is at room temperature and that it is completely dry.
2. Place the wrap on a clean and dry microwave-safe plate.
3. Make sure the wrap does not hang off the edges of the plate.
4. Place wrap and plate inside your microwave. Do not allow wrap to touch leftover food or spills inside the microwave.  
**IMPORTANT:** Make sure the edges of the wrap do not touch the inside walls of the microwave and that the carousel in the microwave rotates during heating.
5. Microwave on MEDIUM power for 30 seconds. If additional heat is needed, continue to microwave the wrap in increments of 30 seconds. Do not exceed 2 minutes of total heating.  
**IMPORTANT:** Do NOT leave unattended when heating. Do NOT heat with water or when wrap is wet.
6. Carefully check the temperature of the wrap before wearing it. If it is too hot, allow it to cool to a comfortable temperature before use.
7. Place the wrap on the area you want it, wrap it around and stick it to itself to secure it in place.  
**Tip:** The darker side of the wrap has a thicker lining to provide less intense heat. The lighter side of the wrap has a thinner lining to provide more intense heat.
8. Cool the wrap to room temperature completely before reheating it.

## CHILLING INSTRUCTIONS

1. Make sure the wrap is completely dry and then seal the wrap in a plastic bag and place it in the freezer.
2. Chill the wrap for 1 to 3 hours.
3. Remove the wrap from the freezer and its bag.
4. Carefully check the temperature of the wrap.  
**IMPORTANT:** If it is too cold to wear comfortably, leave the wrap out at room temperature until it is warm enough to wear comfortably.
5. Place the wrap on the area you want it, wrap it around and stick it to itself to secure it in place.  
**Tip:** The darker side of the wrap has a thicker lining to provide less intense cold. The lighter side of the wrap has a thinner lining to provide more intense cold.

## CARE INSTRUCTIONS

- Spot clean only. Wipe with a damp cloth.
- Air-dry only. Never place in a dryer.
- Do not submerge in water.
- Do not clean with detergent or soap.
- When product is not use, store in a dry and cool area.
- Inspect product before every use. If product appears damaged in any manner, discontinue use and discard immediately.
- Do not allow fill to get wet.
- Do not wash. Do not dryclean ☹️.