

Yogassage Signature Ocean Flow + Glow Ritual

Treatment Protocol

Treatment Description

Sea Magik Yogassage Signature Ocean Flow + Glow Ritual is the ideal treatment for those looking for complete nurturing and relaxation. This hero treatment provides an immersive experience starting with a full body cleansing ritual featuring warmed cleansing cloths choosing either uplifting or calming fragrance to set your senses on a journey of serenity. After this, our experts perform long sweeping massage movements that are inspired by the sensation of waves flowing over the body, combined with gentle stretching and muscle manipulation sequences designed to bring deep alignment to your body and release deep set tension within the joints and muscles. Finally, a layer of warmed body balm is applied giving your skin a refreshed and renewed feeling. The ultimate sensory spa experience.

Treatment Time

90 Minutes

Contra Indications

Fever, contagious diseases, blood clots, pregnancy, kidney conditions or liver conditions, cancer, inflammation, uncontrolled hypertension

Products Required

Magnesium Spa Flakes, Himalayan Spa Salts, 21 Mineral Mist, Heavenly Bath Shower Gel/Pink Salt Everything Wash/Magnesium + Argan Oil Everything Wash, Heavenly Body Lotion/ Pink Salt Everything Balm/ Magnesium + Argan Oil Everything Balm, Uplifting Stress Relief Massage Oil

Equipment Required

- Massage bolsters
- Inhalation bowl
- Square salt cushion
- Round salt cushion
- Eye pillow
- 1 compress
- 3 pairs of mitts
- Large bowl of warm water
- Bowl for lotion
- Drip bottle for oil
- Koshi chime

Feel good. Every day.



100% VEGAN



CRUELTY FREE



HEALTH FIRST
SKINCARE



SPA SELFCARE













SUSTAINABLE
PACKAGING



BRITISH MADE

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No.	Treatment Steps	Additional Resources	Product	Volume
1	Prepare room (see Sea Magik Pro Welcome Ritual)		Himalayan Spa Salts, 21 Mineral Mist	1 cup, 6 spritz
2	Perform *Sea Magik Pro Welcome Ritual - omit massage bolsters		Heavenly Bath Shower Gel/Pink Salt Everything Wash/ Magnesium + Argan Oil Everything Wash	2 pumps
3	Perform *Sea Magik Pro Opening Ritual - face up		Pink Salt Everything Balm/ Magnesium + Argan Oil Everything Balm/ Heavenly Body Lotion	1 pump
4	Remove Salt Cushions from shoulders and sacrum			
5	Uncover one leg and arm			
6	Perform *Hawaiian Wave sweeping effleurage up one side of front of body with wash - add a few drops of warm water to your hands before applying		Heavenly Bath Shower Gel/Pink Salt Everything Wash/ Magnesium + Argan Oil Everything Wash	2 pumps
7	Repeat x2 *Hawaiian wave sweeping effleurage - add more water if required			
8	Remove body wash with salt soaked warm mitts and cover over			5ml
9	Repeat steps 5-8 on opposite side		Heavenly Bath Shower Gel/Pink Salt Everything Wash/ Magnesium + Argan Oil Everything Wash	2 pumps
10	Sit at head of bed and apply body wash to hands with a few drops of warm water - apply to neck and shoulders in effleurage movements		Heavenly Bath Shower Gel/Pink Salt Everything Wash/ Magnesium + Argan Oil Everything Wash	1 pumps
11	Add some more warm water to hands and in slow circular motions cleanse neck and shoulders			
12	Remove with salt soaked warm mitts			
13	Turn client over			
14	Check comfort - realign the body where necessary			
15	Place *Yoga massage bolsters for body massage - face down			
16	Uncover one half of the body			
17	Perform *Hawaiian Wave sweeping effleurage up one side of back of body with wash - add a few drops of warm water to your hands before applying		Repeat *Hawaiian wave sweeping effleurage x2 add a little more water to your hands	
18	Repeat *Hawaiian wave sweeping effleurage x2 add a little more water to your hands			
19	Remove with salt soaked warm mitts and cover over			
20	Repeat steps 16-19 on opposite side		Heavenly Bath Shower Gel/Pink Salt Everything Wash/Magnesium + Argan Oil Everything Wash	2 pumps
21	Place body balm into cabbie			
22	Uncover one side of body			
23	Perform *Sea Magik Pro Yogassage Back Of Body and Leg Massage Sequence		Uplifting Stress Relief Massage Oil	5ml
24	Uncover the opposite side of the body			
25	Repeat *Sea Magik Pro Yogassage Back Of Body and Leg Massage Sequence on opposite side		Uplifting Stress Relief Massage Oil	5ml
26	Cover over and uncover back			
27	Perform *Sea Magik Pro Yogassage Back Massage Sequence		Uplifting Stress Relief Massage Oil	5ml




Video Training



Written Sequence

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28	Take warmed body balm out of cabbie			
29	Uncover one side of body			
30	Perform *Hawaiian Wave sweeping effleurage up one side of back of body with warmed body balm		Pink Salt Everything Balm/ Magnesium + Argan Oil Everything Balm/ Heavenly Body Lotion	2 pumps
31	Repeat *Hawaiian Wave sweeping effleurage up one side of back of body with warmed body balm		Pink Salt Everything Balm/ Magnesium + Argan Oil Everything Balm/ Heavenly Body Lotion	2 pumps
32	Remove Yoga massage bolsters			
33	Place body balm back into cabbie			
34	Turn client over			
35	Place *Yoga massage bolsters for body massage - face up			
36	Place the square salt cushion under neck and shoulder			
37	Perform * Sea Magik Pro Foot Massage Sequence		Uplifting Stress Relief Massage Oil	4ml
38	Uncover leg and arm on one side			
39	Perform *Sea Magik Pro Yogassage Front Of Body and Leg Massage Sequence		Uplifting Stress Relief Massage Oil	4ml
40	Cover leg			
41	Perform *Sea Magik Pro Hand and Arm Massage on one side		Uplifting Stress Relief Massage Oil	2ml
42	Uncover leg and arm on one side			
43	Repeat *Sea Magik Pro Yogassage Front Of Body and Leg Massage Sequence on opposite side		Uplifting Stress Relief Massage Oil	4ml
44	Cover leg			
45	Perform *Sea Magik Pro Hand and Arm Massage on one side		Uplifting Stress Relief Massage Oil	2ml
46	Remove shoulder salt cushion - place into cabbie			
47	Cover arms and sit at head of bed			
48	Perform *Sea Magik Pro Neck and Shoulder Massage		Uplifting Stress Relief Massage Oil	3ml
49	Perform *Sea Magik Pro Scalp Massage Sequence			
50	Remove body balm from cabbie			
51	Apply warmed body balm around neck and shoulders		Pink Salt Everything Balm/ Magnesium + Argan Oil Everything Balm/ Heavenly Body Lotion	1 pump
52	Perform *Hawaiian Wave sweeping effleurage up one side of back of body with warmed body balm		Pink Salt Everything Balm/ Magnesium + Argan Oil Everything Balm/ Heavenly Body Lotion	2 pumps
53	Perform *Hawaiian Wave sweeping effleurage up one side of back of body with warmed body balm		Pink Salt Everything Balm/ Magnesium + Argan Oil Everything Balm/ Heavenly Body Lotion	2 pumps
54	Cover over and uncover back			
55	Perform *Sea Magik Pro Closing Ritual - face up		Pink Salt Everything Balm/ Magnesium + Argan Oil Everything Balm/ Heavenly Body Lotion	1 pump
56	Sea Magik Pro recommendations and aftercare			



Video Training



Written Sequence