

Hydra Boost Refresher Facial

Treatment Protocol

Treatment Description

Sea Magik Hydra Boost Refresher Facial offers a luxurious and relaxing experience that leaves you with a glowing complexion. This facial provides all the benefits of our full facial treatments in an express time frame, allowing you to achieve beautiful skin health...fast. The treatment begins with a sea mineral skin cleanse, followed by a pressure point massage to relax any tension held in your face and neck. Next, skin is treated with mineral skincare to give skin an extra boost of hydration and nourishment. This refreshing treatment is perfect for achieving a naturally radiant, glowing complexion.

Treatment Time

25 Minutes

Contra Indications

Fever, contagious diseases, blood clots, kidney conditions or liver conditions, cancer, inflammation, uncontrolled hypertension

Products Required

Magnesium Spa Flakes, Himalayan Spa Salts, 21 Mineral Mist, Heavenly Bath Shower Gel/Pink Salt Everything Wash/Magnesium + Argan Oil Everything Wash, Heavenly Body Lotion/ Pink Salt Everything Balm/ Magnesium + Argan Oil Everything Balm, Pro-Ageing Radiance Cleanser, Pro-Ageing Radiance Toning Mist, Uplifting Stress Relief Massage Oil, Radiance Deep Sea Nourishment, 6 Oil Super Serum, Sea Sand Scrub, Exquisite Eye + Neck Rejuvenator, Pro-Ageing Day Cream.

Equipment Required

- Massage Bolsters
- Inhalation Bowl
- Square Salt Cushion
- Round Salt Cushion
- Eye Pillow
- 2 Compress's
- 4 pairs of mitts
- Damp cotton pads
- Koshi Chimes

Feel good. Every day.















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No.	Treatment Steps	Additional Resources	Product	Volume
1	Prepare room (see Sea Magik Pro Welcome Ritual)		Himalayan Spa Salts, 21 Mineral Mist	1 cup, 6 spritz
2	Perform *Sea Magik Pro Welcome Ritual		Heavenly Bath Shower Gel/Pink Salt Everything Wash/ Magnesium & Argan Oil Everything Wash	2 pumps
3	Perform *Sea Magik Pro Opening Ritual - Face Up		Heavenly Body Lotion/ Pink Salt Everything Balm/ Magnesium & Argan Oil Everything Balm	1 pump
4	Perform extra checks for comfort. Ask client if there is anything that would make them even 5% more comfortable.			
5	Cleanse eyes and lips		Pro-Ageing Radiance Cleanser	1 pump
6	Remove with damp cotton pads			
7	Cleanse face and neck		Pro-Ageing Radiance Cleanser	4 pumps
8	Remove with salt soaked warm mitts			
9	Spritz toning mist over face and neck (ask client to breathe out prior to spritz)		Pro-Ageing Radiance Toning Mist	3 pumps
10	Check skin for tone, texture and blemishes make notes for aftercare			
11	Apply nourishing cream over face		Radiance Deep Sea Nourishment	5ml
12	Perform *Sea Magik Pro Phase 1 Pressure Point Facial Massage Sequence			
13	Remove shoulder and sacral salt cushion and place back in cabbie			
14	*Apply a salt soaked steam towel compress over face, neck and décolleté			
15	Exfoliate face only		Sea Sand Scrub	3ml
16	Remove exfoliator with salt soaked warm mitts			
17	Spritz toning mist over face and neck (ask client to breathe out prior to spritz)		Pro-Ageing Radiance Toning Mist	3 pumps
18	Apply mud mask to face only with mask brush		Radiance Mud Mask	5ml
19	Cover eyes with toner soaked cotton pads		21 Mineral Mist	3 pumps
20	Apply Oil to neck and décolleté		Uplifting Stress Relief Massage Oil	10ml
21	Perform *Sea Magik Pro Neck and Shoulder Massage Sequence - x1 rep of each move			
22	Cover shoulders			
23	Remove cotton pads from eyes			
24	Remove mud mask with Salt soaked warm mitts			
25	Spritz toning mist over face and neck (ask client to breathe out prior to spritz)		Pro-Ageing Radiance Toning Mist	3 pumps
26	Apply cream to eye area		Exquisite Eye + Neck Rejuvenator	1/2 pump
27	Apply cream to neck and décolleté		Exquisite Eye + Neck Rejuvenator	1 pumps
28	Apply serum to face		6 Oil Super Serum	0.5 pump
29	Apply moisturiser to face		Pro-Ageing Radiance Day Cream/Radiance Deep Sea Nourishment	1.5ml
30	Perform *Sea Magik Pro Closing Ritual - Face Up		Heavenly Body Lotion/ Pink Salt Everything Balm/ Magnesium & Argan Oil Everything Balm	1 pump
31	Sea Magik Pro Recommendations and aftercare			



