

Gua Sha Mineral Eye Lift

Treatment Protocol

Treatment Description

Sea Magik Gua Sha Mineral Eye Lift is a revolutionary face and eye treatment specifically designed to provide an effective firming and hydrating experience. This luxurious facial combines a lifting eye massage and the power of Gua Sha crystals for a cooling cryo-massage that helps reduce the appearance of fine lines and puffiness around the eyes while also relieving tension from eyestrain.

The treatment includes a gentle massage, which helps to awaken the skin and prepare for optimal absorption of powerful mineral-rich ingredients. The next phase of the treatment is an eye lift using Gua Sha crystals to promote circulation, reduce inflammation, and create a cooling effect that enhances the hydrating benefits.

Treatment Time

25 Minutes

Contra Indications

Fever, contagious diseases, blood clots, kidney conditions or liver conditions, cancer, inflammation, uncontrolled hypertension

Products Required

Magnesium Spa Flakes, Himalayan Spa Salts, 21 Mineral Mist, Heavenly Bath Shower Gel/ Pink Salt Everything Wash/Magnesium + Argan Oil Everything Wash, Heavenly Body Lotion/ Pink Salt Everything Balm/ Magnesium + Argan Oil Everything Balm, Pro-Ageing Radiance Cleanser, Pro-Ageing Radiance Toning Mist, Radiance Deep Sea Nourishment, 6 Oil Super Serum, Exquisite Eye + Neck Rejuvenator, Pro-Ageing Day Cream.

Equipment Required

- Massage Bolsters
- Inhalation Bowl
- Square Salt Cushion
- Round Salt Cushion
- Eye pillow
- Gua Sha Crystals
- 1 hot compress
- 2 pairs of mitts
- Damp cotton pads
- Koshi Chimes

Feel good. Every day.



100% VEGAN



CRUELTY FREE



HEALTH FIRST
SKINCARE



SPA SELFCARE








SUSTAINABLE
PACKAGING



BRITISH MADE

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No.	Treatment Steps	Additional Resources	Product	Volume
1	Prepare room (see Sea Magik Pro Welcome Ritual)		Himalayan Spa Salts, 21 Mineral Mist	1 cup, 6 spritz
2	Perform *Sea Magik Pro Welcome Ritual		Heavenly Bath Shower Gel/Pink Salt Everything Wash/Magnesium & Argan Oil Everything Wash	2 pumps
3	Perform *Sea Magik Pro Opening Ritual - Face Up		Heavenly Body Lotion/ Pink Salt Everything Balm/Magnesium & Argan Oil Everything Balm	1 pump
4	Perform extra checks for comfort. Ask client if there is anything that would make them even 5% more comfortable.			
5	Cleanse eyes and lips		Pro-Ageing Radiance Cleanser	2 pumps
6	Remove with damp cotton pads			
7	Cleanse face and neck		Pro-Ageing Radiance Cleanser	3 pumps
8	Remove exfoliator with salt soaked warm mitts			
9	Spritz toning mist over face and neck (ask client to breathe out prior to spritz)		Pro-Ageing Radiance Toning Mist	3 pumps
10	Check specific concerns for eye area			
11	Perform *Sea Magik Pro Lifting Eye Massage Sequence		6 Oil Super Serum	1 pumps
12	Perform *Gua Sha Eye Massage use cold Gua Sha Crystals			
13	Remove shoulder and sacral salt cushion and place back in cabbie			
14	Spritz toning mist over face and neck (ask client to breathe out prior to spritz)		Pro-Ageing Radiance Toning Mist	3 pumps
15	Apply cream to eye area		Exquisite Eye + Neck Rejuvenator	0.5 pump
16	Apply serum to face		6 Oil Super Serum	1 pump
17	Apply moisturiser to face		Pro-Ageing Radiance Day Cream/Radiance Deep Sea Nourishment	1.5ml
18	Perform *Sea Magik Pro Closing Ritual - Face Up		Heavenly Body Lotion/ Pink Salt Everything Balm/Magnesium & Argan Oil Everything Balm	1 pump
19	Sea Magik Pro Recommendations and aftercare			

