

Yogassage Soothing Waves Ritual - Full Body

Treatment Protocol

Treatment Description

Transform your body and mind with Yogassage Soothing Waves Ritual - Full Body! This is a unique yoga-inspired massage sequence that brings together techniques from Traditional Lomi Lomi Water massage style. Every session begins with full alignment of the body and extra comfort checks to ensure deep relaxation is achieved. Long, sweeping massage movements are applied seamlessly over the body while gentle stretching and muscle manipulation sequences help to release deep set tension in the joints and muscles of the body. With this heavenly ritual your energy meridians will be unlocked, releasing stress and tension built up within your system for an ultimate feeling of relaxation.

Treatment Time

75 Minutes

Contra Indications

Fever, contagious diseases, blood clots, kidney conditions or liver conditions, cancer, inflammation, uncontrolled hypertension *Pregnancy - follow Yoga Wave Pregnancy Massage protocol

Products Required

Magnesium Spa Flakes, Himalayan Spa Salts, 21 Mineral Mist, Heavenly Bath Shower Gel/Pink Salt Everything Wash/Magnesium + Argan Oil Everything Wash, Heavenly Body Lotion/Pink Salt Everything Balm/ Magnesium + Argan Oil Everything Balm, Uplifting Stress Relief Massage Oil

Equipment Required

- Massage Bolsters
- Inhalation Bowl
- Square Salt Bolster
- Round Salt Bolster
- Eye Pillow
- 1 Compress
- 2 pairs of mitts
- Drip Bottle for Oil
- Koshi Chimes

Feel good. Every day.



100% VEGAN



CRUELTY FREE



HEALTH FIRST
SKINCARE



SPA SELF CARE



SUSTAINABLE
PACKAGING



BRITISH MADE

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No.	Treatment Steps	Additional Resources	Product	Volume
1	Prepare room (see Sea Magik Pro Welcome Ritual)		Himalayan Spa Salts, 21 Mineral Mist	1 cup, 6 spritz
2	Perform *Sea Magik Pro Welcome Ritual		Heavenly Bath Shower Gel/Pink Salt Everything Wash/ Magnesium + Argan Oil Everything Wash	2 pumps
3	Perform *Sea Magik Pro Opening Ritual - face down		Heavenly Body Lotion/ Pink Salt Everything Balm/ Magnesium + Argan Oil Everything Balm	1 pump
4	Check comfort - realign the body where necessary			
5	Uncover one half of the body			
6	Perform * Sea Magik Pro Yogassage Back Of Body and Leg Massage Sequence		Uplifting Stress Relief Massage Oil	5ml
7	Uncover the opposite side of the body half of the body			
8	Repeat * Sea Magik Pro Yogassage Back Of Body and Leg Massage Sequence on opposite side		Uplifting Stress Relief Massage Oil	5ml
9	Cover over and uncover back			
10	Remove Salt Cushions from shoulders and sacrum - place back into the cabbie			
11	Perform *Sea Magik Pro Yogassage Back Massage Sequence		Uplifting Stress Relief Massage Oil	5ml
12	Cover back and remove Yoga massage bolsters			
13	Turn client over and Place *Yoga massage bolsters for body massage - face up			
14	Place the square salt cushion under neck and shoulder			
15	Perform * Sea Magik Pro Yogassage Foot Massage Sequence		Uplifting Stress Relief Massage Oil	4ml
16	Uncover leg and arm on one side			
17	Perform *Sea Magik Pro Yogassage Front Of Body and Leg Massage Sequence		Uplifting Stress Relief Massage Oil	4ml
18	Cover leg			
19	Perform *Sea Magik Pro Hand and Arm Massage on one side		Uplifting Stress Relief Massage Oil	2ml
20	Uncover leg and arm on one side			
21	Repeat *Sea Magik Pro Yogassage Front Of Body and Leg Massage Sequence on opposite side		Uplifting Stress Relief Massage Oil	4ml
22	Cover leg			
23	Repeat *Sea Magik Pro Hand and Arm Massage on opposite side		Uplifting Stress Relief Massage Oil	2ml
24	Cover arms and sit at head of bed			
25	Remove shoulder salt cushion - place into cabbie			
26	Perform *Sea Magik Pro Neck and Shoulder Massage		Uplifting Stress Relief Massage Oil	3ml
27				
28	Perform *Sea Magik Pro Closing Ritual - face up		Heavenly Body Lotion/ Pink Salt Everything Balm/ Magnesium + Argan Oil Everything Balm	1 pump
29	Sea Magik Pro recommendations and aftercare			



Video Training



Written Sequence