

Coco Avocado Tropical Skin Drench

Treatment Protocol

Treatment Description

A decadent and relaxing full body scrub and massage experience, to buff away dead skin cells, boost skin radiance and deeply relax muscles. The ritual begins with a luxurious Coco Avocado Buttercream Scrub full body exfoliation. The scrub is left on to deeply condition the skin whilst a deeply relaxing scalp massage is performed. The mask is removed with hot towels before the skin is drenched in warmed body balm. An indulgent back massage is performed using our specialist Yogassage massage techniques, to relieve muscle tension and relax the mind.

Treatment Time

55 Minutes

Contra Indications

Fever, contagious diseases, blood clots, pregnancy, kidney conditions or liver conditions, cancer, inflammation, uncontrolled hypertension

Products Required

Magnesium Spa Flakes, Dead Sea Salt, 21 Mineral Mist, Heavenly Bath Shower Gel/Pink Salt Everything Wash/Magnesium + Argan Oil Everything Wash, Heavenly Body Lotion/Pink Salt Everything Balm/Magnesium + Argan Oil Everything Balm, Uplifting Stress Relief Massage Oil, Coco Avocado Buttercream Body Scrub

Equipment Required

- Massage Bolsters
- Inhalation Bowl
- Square Salt Bolster
- Round Salt Bolster
- Eye Pillow
- 1 Large scrummi towel/plastic sheet
- 1 Compresses
- 4 pairs of mitts
- 2x pairs of mitts Dry
- Small bowl for body balm
- Large bowl for warm water
- Drip Bottle for Oil
- Koshi Chimes

Feel good. Every day.



100% VEGAN



CRUELTY FREE



HEALTH FIRST
SKINCARE



SPA SELF CARE











SUSTAINABLE
PACKAGING



BRITISH MADE

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No.	Treatment Steps	Additional Resources	Product	Volume
1	Prepare room (see Sea Magik Pro Welcome Ritual)		Dead Sea Spa Salts, 21 Mineral Mist	1 cup, 6 spritz
2	Perform *Sea Magik Pro Welcome Ritual - ensure Coco Avo Scrub is in the cabbie to warm		Heavenly Bath Shower Gel/Pink Salt Everything Wash/ Magnesium & Argan Oil Everything Wash	2 pumps
3	Perform *Sea Magik Pro Opening Ritual - face down		Heavenly Body Lotion/ Pink Salt Everything Balm/ Magnesium + Argan Oil Everything Balm	1 pump
4	Remove salt cushions from shoulders and sacrum			
5	Uncover one side of the body			
6	Mix the exfoliator with a little warm water in hands			
7	Perform *Hawaiian wave sweeping effleurage up one side of back of body to apply scrub		Coco Avocado Buttercream Scrub	5 grams
8	Using a little more water in your hands buff with hands over that side of body x1			
9	Uncover opposite side of the back of the body			
10	Repeat *Hawaiian wave sweeping effleurage up one side of back of body to apply scrub		Coco Avocado Buttercream Scrub	5 grams
11	Using a little more water in your hands buff with hands over that side of body x1			
12	Cover over			
13	Uncover back - stand at head of the bed apply scrub in a full back effleurage x1		Coco Avocado Buttercream Scrub	5 grams
14	Cover over and place scrub back into cabbie			
15	Remove Yoga massage bolsters and ask client to turn over onto back			
16	Replace *Yoga massage bolsters face up - check comfort			
17	Place a bust towel			
18	Remove the scrub from the hot cabbie			
19	Uncover one side of the body			
20	Mix the exfoliator with a little warm water in hands			
21	Perform *Hawaiian wave sweeping effleurage up one side of front leg and arm to apply scrub		Coco Avocado Buttercream Scrub	5 grams
22	Using a little more water in your hands buff with hands over that side of body x1			
23	Cover over and then uncover opposite side			
24	Repeat *Hawaiian wave sweeping effleurage up one side of front of leg and arm to apply scrub		Coco Avocado Buttercream Scrub	5 grams
25	Using a little more water in your hands buff with hands over that side of body x1			
26	Uncover abdomen and apply scrub		Coco Avocado Buttercream Scrub	2.5 grams
27	Apply body scrub to chest and shoulders		Coco Avocado Buttercream Scrub	2.5 grams
28	*Wrap body and cover with extra towels			
29	Sit at head of bed			







Video Training



Written Sequence







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Treatment Protocol Continued

No.	Treatment Steps	Additional Resources	Product	Volume
30	Perform *Sea Magik Pro Scalp Massage Sequence			
31	Place body balm into cabbie			
32	Press and hold warm mitts (from cabbie) onto the chest and shoulders to loosed the scrub			
33	Remove scrub chest and shoulders with warm salted mitts			
34	Roll the top of the wrap sheet down below back of shoulders			
35	Unwrap one arm			
36	Press and hold warm mitts onto the arm to loosen the scrub			
37	Remove scrub from whole arm - roll wrap sheet under arm before placing it down			
38	Unwrap other arm			
39	Press and hold warm mitts onto the arm to loosen the scrub			
40	Remove scrub from whole arm - roll wrap sheet under arm before placing it down			
41	Uncover abdomen - press and hold warm mitts over the abdomen to loosen the scrub			
42	Remove scrub with warm salted mitts			
43	Unwrap one leg			
44	Press and hold warm mitts up leg to loosen the scrub			
45	Remove scrub from front and back of leg bending knee - roll wrap sheet into the middle of couch before straightening the leg			
46	Unwrap opposite leg and repeat removal - roll wrap sheet into the middle of couch before straightening the leg			
47	Remove warmed body balm from cabbie			
48	Place massage oil in cabbie to warm		Uplifting Stress Relief Massage Oil	
49	Apply warmed body balm to chest and shoulders		Heavenly Body Lotion/ Pink Salt Everything Balm/ Magnesium + Argan Oil Everything Balm	1 pump
50	Apply warmed body balm to abdomen		Heavenly Body Lotion/ Pink Salt Everything Balm/ Magnesium + Argan Oil Everything Balm	1 pump
51	Perform *Hawaiian wave sweeping effleurage up one side of front of leg and arm with warmed body balm		Heavenly Body Lotion/ Pink Salt Everything Balm/ Magnesium + Argan Oil Everything Balm	4 pumps
52	Perform *Hawaiian wave sweeping effleurage up one side of front of leg and arm with warmed body balm		Heavenly Body Lotion/ Pink Salt Everything Balm/ Magnesium + Argan Oil Everything Balm	4 pumps
53	Ask client to sit forward			
54	Press and hold warm mitts over back to loosen the scrub			
55	Remove scrub from back with warm mitts - roll wrap sheet down to hips			
56	Ask client to lay back down and lift hips to remove wrap sheet from the couch			
57	Remove Yoga massage bolsters and ask client to turn over onto front			
58	Replace *Yoga massage bolsters face down - check comfort			
59	Uncover one side of the body			
60	Sweep over back of body with warm salted mitts to remove any excess scrub mask and buff dry with mitts			
61	Repeat on the opposite side			

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Treatment Protocol Continued

No.	Treatment Steps	Additional Resources	Product	Volume
62	Perform *Oil Application Hawaiian Wave from foot up back of leg, back over shoulder and back down to foot x3		Uplifting Stress Relief Massage Oil	5ml
63	Cover and uncover opposite side			
64	Repeat *Oil Application Hawaiian Wave from foot up back of leg, back over shoulder and back down to foot x3		Uplifting Stress Relief Massage Oil	5ml
65	Cover over and uncover back			
66	Perform *Sea Magik Pro Yogassage Back Massage Sequence	 	Uplifting Stress Relief Massage Oil	8ml
67	Cover over			
68	Perform *Sea Magik Pro Closing Ritual - face down	 	Heavenly Body Lotion/ Pink Salt Everything Balm/ Magnesium + Argan Oil Everything Balm	1 pump
69	Sea Magik Pro Recommendations and aftercare			



Video Training



Written Sequence