

RECOVERY PRODUCTS IN COMPARISON

PRO RECOVERY



RECOVERY DRINK



RECOVERY SHAKE



PROTEIN DRINK



Product line	Pro Energy & Endurance	Energy & Endurance	Energy & Endurance	Power & Muscle
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APPLICATION

Refill of glycogen stores



Protection/maintenance of muscles



SPECIFICATION

Characteristics	<ul style="list-style-type: none"> ✓ 50% protein content, 8 sources of protein ✓ Special protein colostrum ✓ Suitable for endurance and power athletes 	<ul style="list-style-type: none"> ✓ Fast replenishment of energy storage ✓ Whey protein, prebiotic dietary fibres ✓ Handy portion bags 	<ul style="list-style-type: none"> ✓ High-quality milk proteins ✓ Suitable as tasty dessert 	<ul style="list-style-type: none"> ✓ High-quality whey proteins ✓ Handy for travelling ✓ Functional & tasty
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Nutritional values	Vanilla flavour			Strawberry flavour
Energy (kcal per portion)	140 kcal	218 kcal	250 kcal	185 kcal
Preparation	Water	Water	Milk [water]	ready to drink
Flavours	3	1	3	2
Lactose-free	low in lactose	✓	—	✓
Gluten-free	✓	✓	✓	✓
Vegetarian	ovo-lacto-vegetarian	lacto-vegetarian	lacto-vegetarian	lacto-vegetarian