

## INTERVIEW SELF-ASSESSMENT WORKSHEET

Company/Program Name:	
Position Title:	
Interview Date:	

1. Review the position/program description and write down the preferred and required qualifications as listed.

Preferred Qualifications/Requirements

Required Qualifications/Requirements

2. Write down the desired skills and interests you see repeated throughout the position/program description.

<u>Skills</u> <u>Interests</u>

**3.** Reflect on the notes above, as well as the core competencies outlined below, and jot down examples from **your past experiences that align with the position/program needs** to utilize in your interview responses.



Critical Thinking / Problem Solving



Oral / Written Communication



Teamwork / Collaboration



Professionalism / Work Ethic



Leadership



Technology



Self-Awareness & Career Management



**Global Perspective**