## WELLTITUDE Protective Locs Maintenance Frequency Table

The table below provides a quick reference for the maintenance frequency of each protective style. It can help you easily compare and choose a style that fits your maintenance preferences and schedule.

## Maintenance Frequency for Protective Styles

Protective Style	Restyling Frequency	Daily/Regular Maintenance
1. Loc Bun	Every 5-7 days	Daily scalp massage, nightly bonnet, mist every 2-3 days
2. Braided Locs	Every 2-3 weeks	Light oil every 2-3 days, weekly scalp cleaning
3. Loc Crown	Not specified	Daily pin check, mist every other day
4. Lunar Locs	Every 7-10 days	Reshape and re-pin as needed
5. Loc Mohawk	Every 3-4 days (for mohawk section)	Daily hairline massage, weekly tea tree oil application
6. Wrapped Elegance Locs	Weekly (for wrap)	Periodic loosening for scalp breathing
7. Loc Bantu Knots	Every 7-10 days	Light oil every other day
8. Loc Pigtails	Every 5-7 days	Daily scalp massage, spritz with rose water and oil mix
9. Ridge Runner Locs	Every 3-4 days (for reshaping)	Maximum 2 weeks before complete restyling
10. Crown Cascade Locs	Every 10-14 days	Daily misting and re-pinning loose sections

You need to check out our post, "Explore the 10 Best Protective Styles for Dreadlocks: Maintain Healthy, Stylish Locs in 2024," for valuable additional information. Use this link: <a href="https://welltitude.store/blogs/beauty-culture/explore-the-10-best-protective-styles-for-dreadlocks-maintain-healthy-stylish-locs-in-2024">https://welltitude.store/blogs/beauty-culture/explore-the-10-best-protective-styles-for-dreadlocks-maintain-healthy-stylish-locs-in-2024</a>

REMEMBER: these are general guidelines, and individual needs may vary based on hair type, lifestyle, and personal preferences.