

A glass of coffee with whipped cream and cinnamon powder, surrounded by cinnamon sticks, coffee beans, and a cinnamon bun on a wooden surface.

CLICK FALL  
FAN FAVORITE  
RECIPES  
FOR  
YOU!

# CLICK COFFEE PROTEIN DRINK

## CLICK Protein-Packed, Hot, Pumpkin Spice Latte



With the fall season comes one of the most popular coffee drinks of all, CLICK Pumpkin Spice Latte. However, many of these seasonal coffee-house drinks can have more fat and sugar than 9 doughnuts; nothing more than liquid caffeinated candy giving the body a short burst of energy and then quickly disappearing and leading to increased hunger. Our mantra here at CLICKco is substitute ~ don't sacrifice! Try this healthier-for-you, protein-packed, hot, pumpkin spice latte knowing you are doing something good for yourself, one cup at a time!

### Recipe

- 4 oz. of non-fat milk
- 8 oz. of water
- 1/2 Teaspoon pumpkin pie spice (now in grocery aisle)
- 1/4 Teaspoon vanilla
- 2 scoops of CLICK Vanilla Latte
- Squirt of Sugar Free Whipped Cream

# CLICK COFFEE PROTEIN DRINK

Directions: Pour 4 oz. of non-fat milk into a shaker cup. Add 1/2 teaspoon of pumpkin pie spice and 1/4 teaspoon of vanilla. Shake to blend spice with milk. Add 8 oz. of water to shaker cup, top with 2 scoops of CLICK, seal and shake. To make CLICK hot, pour into large microwave cup. Heat in microwave for 1 minute. Remove from microwave and stir. Reheat for 30-45 seconds to desired temperature. Top with a squirt of sugar free whipped cream

## Salted Caramel Mocha CLICK Frappe



With sweet tastes of caramel & chocolate along with a hint of salt and gourmet espresso, Salted Caramel Mocha CLICK Frappe provides a decadent combination of flavors that are irresistible! With the added nutrition of protein and 23 essential vitamins and minerals from CLICK, you have a frappe-licious, Fall CLICK-me-up that will keep you happily energized throughout your day!

### Recipe

- 1 Scoop CLICK Mocha
- 1 Scoop CLICK Caramel 8 oz.
- Milk (any kind)
- 1/8 tsp. ground salt
- Ice

# CLICK COFFEE PROTEIN DRINK

## Pumpkin Spice CLICK-Cakes (Coffee Protein Pancakes)

Directions: Add to blender. Blend for 1 -2 minutes. Add 4 - 5 cubes of ice. Blend again. #CLICKOn and Enjoy!



We don't know about you, but a nice hot breakfast on a cool morning, gets our metabolism CLICK'n with coffee and proteinall-in-one! How about these protein-packed Pumpkin Spice CLICK-cakes:

### Recipe

- 2 scoops CLICK caramel or vanilla
- 1/2 cup pumpkin (not pumpkin pie filling)
- 1/4 tsp pumpkin spice + 1/4 tsp cinnamon
- 1/2 tsp baking powder
- 2 egg whites
- 1/2 cup oats
- 1/2 cup water
- 1 tbsp. sweetener of choice

Directions: Put all of the ingredients in a blender and blend until smooth! Heat a nonstick griddle. Coat with non-stick spray. With large spoon pour 1/4 cup of batter per pancake onto griddle. Turn pancakes over when tops are covered with bubbles and edges look cooked. Serve warm! CLICK-a-licious!

# CLICK COFFEE PROTEIN DRINK

## Hot & Creamy Cinnamon Caramel CLICK



CLICK is one of the few protein powders designed to be enjoyed hot, as well as cold or blended. With a hint of cinnamon combined with subtly sweet caramel and the rich CLICK espresso flavor, this decadent drink is so good, you'll forget with all the protein and nutrition packed in, that it's good for you too!

### Recipe

- 4 oz. of non-fat milk
- 8 oz. of water
- 1/4 teaspoon cinnamon
- 2 scoops of CLICK Caramel
- Squirt of Sugar Free Whipped Cream

Directions: Pour 4 oz. of non-fat milk into a shaker cup. Add 1/4 teaspoon of cinnamon. Shake to blend spice with milk. Add 8 oz. of water to shaker cup, top with 2 scoops of CLICK, seal and shake.

To make CLICK hot, pour into large microwave cup. Heat in microwave for one minute. Remove from microwave and stir with spoon. Reheat for 30-45 seconds to desired temperature. Top with a squirt of sugar free whipped cream

# CLICK COFFEE PROTEIN DRINK

## CLICK'n Pumpkin Spice Protein Bites



As a healthier-for-you, fun, fall treat instead whip up a batch of our CLICK'n Pumpkin Spice Latte Protein Bites! These edible energizers can help stave off the sugar craving while allowing the protein in your CLICK and the fiber in the pure pumpkin to fill you up. Don't get weighed down by the empty calories, and abundance of sugar in your favorite calorie-laden Halloween candy, instead fuel your body with this nutritious alternative! You will be so glad you didn't "fall" for the "tricks" of the season ;)

### Recipe (Serves: 16 Bites)

- 1 1/2 cups old fashioned rolled oats
- 2 scoops Click Vanilla Latte Protein Powder
- 1 scoop vanilla protein powder (100 calories)
- 1 can (15 ounces) pure pumpkin
- 1 tablespoon pumpkin spice
- 1/4 cup calorie free sweetener 1/2 cup if you like sweet
- 1 cup old fashioned rolled oats for rolling

# CLICK COFFEE PROTEIN DRINK

## Directions

1. Add 1 1/2 cups oats, protein powders, pumpkin, pumpkin spice, and sweetener in food processor
2. Process till smooth – you may need to stir between pulses
3. Spoon out 16 balls and roll balls in oats to cover
4. Place on cookie sheet and sprinkle with a little more pumpkin spice if you wish
5. Place in fridge for at least a few hours to set

## CLICK Protein Pumpkin Spice Frappe Recipe with Real Pumpkin



Unlike many coffeehouse specialty coffee drinks, our festive and flavorful drink utilizes actual pumpkin puree to give our espresso coffee protein drink the authentic pumpkin taste it deserves. With 15 grams of protein, 2 shots of espresso, 23 vitamins & minerals blended with true Pumpkin...yum! You can have a delicious coffee protein drink, with no regret! Doesn't that CLICK?!

### Recipe

- 8 oz. light milk
- 2 scoops CLICK Vanilla Latte
- 2 tbsp. canned pumpkin (not pie filling)
- 1/8 tsp pumpkin spice

# CLICK COFFEE PROTEIN DRINK

Directions: Combine in blender. Blend until smooth. Add handful of ice and blend again. CLICK-a-licious!

## Candy Corn CLICK Frappe



This delish, fun, protein-packed, Halloween pick-me-up recipe combines the sweet taste of candy corn with the rich flavor of gourmet espresso coffee. The coffee protein powder combo in your CLICK'n Candy Corn Frappe will help you to keep up with your Halloween "goblins" as they run amuck this Halloween evening! Cheers to a healthier YOU this Halloween!

### Recipe

- 2 scoops of CLICK Vanilla Latte or Caramel [Coffee Protein Powder](#)
- 2 tbsp. melted butterscotch or butterscotch syrup
- 1 tbsp. Butter Rum extract
- 8 oz. milk (any kind)

Directions: Combine in blender and blend about 1-2 minutes. Consistency is thick and smooth. A bubble should come to the surface. Add ice and blend again.

# CLICK COFFEE PROTEIN DRINK



## SPECIAL OFFERS

We think Special Offers really CLICK! Whether you're new to CLICK or a CLICK veteran, we always provide special offers in our Featured Collections found on the homepage at [drinkclick.com](http://drinkclick.com). Plus, if you are committed to the healthy, energized CLICK Lifestyle we also offer our CLICK Subscribe and Save Offer on any of our delicious CLICK coffeehouse flavors.

*Thank YOU and Keep CLICK'n!*

[Learn more](#)