

The Empowered Mums Alliance - Exercise Class Timetable - Term 3 2017

Day/Time	Tuesday	Wednesday	Thursday
<u>9:30 AM</u>		Pilates Mat Merewether Surf Club	Barre-Lates Renae Perry Tap Studios
<u>10:30 AM</u>	Core Restore ACCC Warners Bay	Core Restore Merewether Surf Club	

For bookings visit: www.bit.ly/Emclassbookingform

Or contact Mel on: 0400474262 or Em on: 0421256863.