

If you have any concerns please contact your health professional or ColoVantageBowel Screening Screening Service on 1800 55 65 75.

Any of these conditions may cause an incorrect result.

- You have haemorrhoids (piles) that are bleeding
- You have blood in your urine or there is blood visible in the toilet bowl or in the stool. In this case you should contact your doctor
- It is within three days before, during or three days after your menstrual period.
- You have bleeding cuts or wounds on your hands
- Your toilet bowl water is saltwater or rusty.
- Cleaners or bluing agents are present in the toilet bowl or tank. If so, remove them first, flush at least twice until clear, then begin the test.
- The Test Card has passed its **Expiration Date**, or the Test Kit is **damaged, dirty** or appears to have been **tampered** with in any way.

DO NOT perform the test if:

- You require two separate bowel movements to complete the test.
- Barcode labels are found on the Information Sheet.
- You do not have to avoid any foods or medications.
- After completing the test, ensure the Test Card is stored at room temperature or below (less than 37°C) prior to posting.
- This device is intended for a single use only.

Tips for completing the test successfully

- Before you start** make sure you have the elements you need:
- The Test Card
 - The Brush Kit
 - The Information Sheet, which has two barcode labels on it.
- Second, read all the instructions before beginning.**

This test uses immunochromatography to detect traces of blood present in your stool, which may be a result of colorectal disease. The sensitivity to human haemoglobin was determined in-vitro as 50 micrograms of haemoglobin per gram of faeces and clinical comparative studies for this test have shown 87% sensitivity and 98% specificity.

What does this test detect?



Bowel screening may assist in the early detection of bowel disease



Important Information

You must return your samples immediately following the second sample.

Your test will not be processed if it is received more than 14 days following the first sample date.

What does a positive test mean?

This test detects human blood on or in your stool. There are many colorectal diseases that may cause blood in your stool. If you receive a positive test result, more testing and evaluation by a doctor is necessary. This additional testing and evaluation may include diagnostic tests that could help your doctor understand the cause of the blood in your stool. This is not a replacement for a regular physical examination by your doctor.

What does a negative result mean?

A negative result means that no human blood was found in the samples. Many colorectal diseases do not bleed all the time and a faecal immunochemical test may not detect blood even if a condition is present.



ColoVantage[®] HOME
Live life well.

It's easy. It's convenient.

Test Kit Instructions
Congratulations for making the decision to complete this bowel screen test.

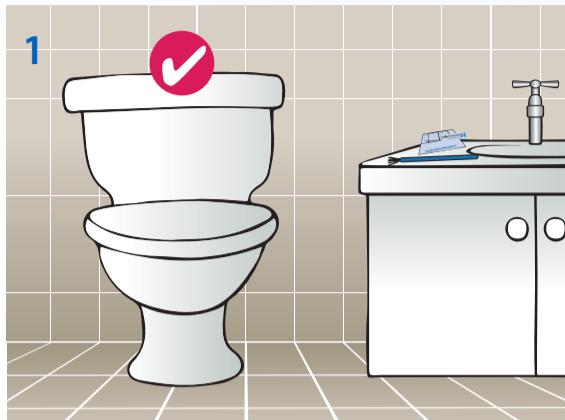


Live life well.

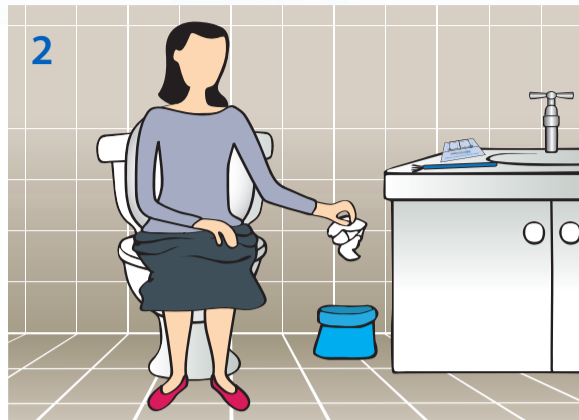
If you have any questions please contact
ColoVantage[®] Bowel Screening Service on
1800 55 65 75
www.colovantage.com.au

If you have any questions please contact ColoVantage[®] Bowel Screening Service on 1800 55 65 75

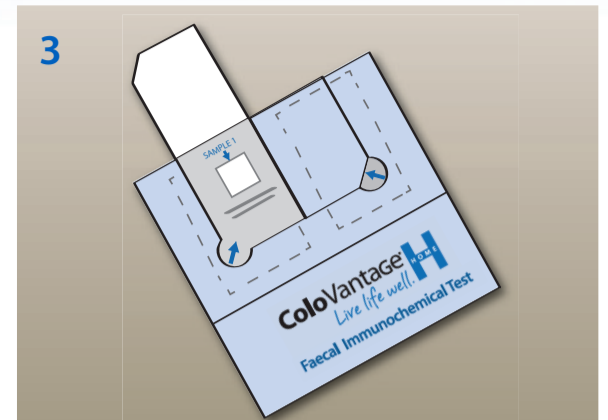
SAMPLE 1 Your first bowel movement



- Take these instructions, your Information Sheet with the barcode labels, Brush Kit and Test Card into the bathroom.
- Flush the toilet **BEFORE** your bowel movement.



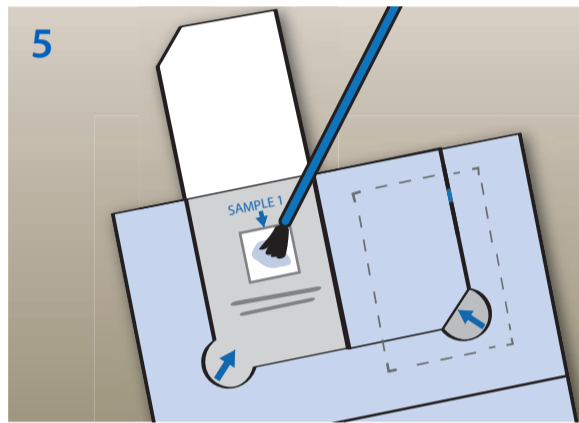
- After your bowel movement, **DO NOT PLACE USED TOILET PAPER IN THE TOILET BOWL**. Instead put the used toilet paper in one of the blue waste bags from the Brush Kit envelope.
- **DO NOT FLUSH** the toilet.



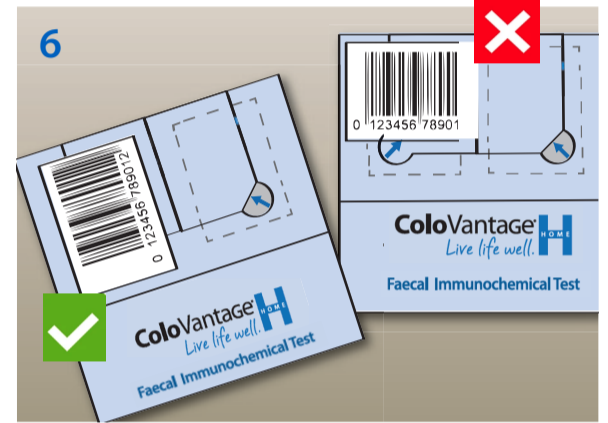
- Lift the flap marked "1st Sample, Lift flap Completely" on the Test Card to uncover the **small white square** marked "SAMPLE 1".



- Using one of the blue brushes, gently brush the surface of the stool (faeces) for about five seconds.
- If the stool is loose, simply stir the water around the stool.
- Remove the brush from the water and gently shake it once to remove excess water and any clumps of stool.



- Transfer the **WATER** sample by gently dabbing the bristles of the brush onto the **small white square** on the Test Card for about five seconds (some staining of the square may occur).
- Put the used brush in the blue waste bag and put the bag in your rubbish bin.



- Close the flap back over "SAMPLE 1" and stick the flap down using one of the barcode labels located on the Information Sheet.
- See diagrams above for the correct way to position the barcode.

SAMPLE 2 Your second bowel movement

This sample must be from a different bowel movement. Since bleeding may not occur all of the time, a second bowel movement is sampled to increase the chance of detecting blood.



- Using the second blue brush, blue waste bag and the Test Card flap marked "SAMPLE 2", repeat steps 1 to 5 as shown.
- Use the second barcode label to reseal flap marked "SAMPLE 2".



- Complete the Information Sheet.
- We encourage you to nominate a doctor for your test results to be sent to.
- Place the Test Card and Information Sheet in the Reply Paid Envelope.



- Mail the envelope so it is received by the lab within 14 days of the date you collected SAMPLE 1.
- Your results will be sent to you and your doctor, if you've nominated one.