



# To keep? Or, not to keep?

BRAS DON'T LAST FOREVER.  
HERE IS AN EASY CHECKLIST TO LET  
YOU KNOW WHEN IT IS TIME TO  
REPLACE YOUR BRA...

- You are wearing your bra on the tightest hook and it is still loose.
- Cups are gapping.
- Cups are too small.
- Straps keep slipping.
- Underwire is poking out.
- The fabric on the bra looks worn out and/or dingy.
- Elastic is stretched out.
- Does it still spark joy for you?