

MEASURING TIPS

TO ASSURE THE BEST FIT

SLEEVE: With arm bent and hands on hip, place tape measure at the base (Centre Back) of your neck and follow along the top shoulder and arm to the wrist.

CHEST: With arms at sides, place tape measure under your arms and run it around the fullest part of your chest and across the shoulder blades.

WAIST: Find the natural crease of your waist by bending to one side. Run tape measure around your natural waist line, keeping one finger between the tape and your body for a comfortable fit.

INSEAM: For full length pants, run tape measure along the inside of your leg, from just below the crotch, to about 1" below the ankle.

