

# bhave™ smoothe™ >>> XT

## APPLICATION PROCESS



bhave

### STEP 1 CONSULTATION

1. It is important to perform a thorough consultation with your client. Use your bhave™ consultation form as a guide to help you make the right choices for your client. Take into account your clients hair history as well as their expectations before proceeding.
2. Assess your client's hair and scalp prior to application. We do not recommend applying smoothe XT if there are lesions or broken skin. Product acidity can cause an itchy/burning feeling.
3. If hair has extreme product build up, wash hair with any bhave™ shampoo (not clarifying) and dry until 100% dry. If hair does not need to be washed, then smoothe XT can be applied directly onto dry hair.

### STEP 2 APPLICATION

1. Pour smoothe XT solution into a tint bowl  
**NOTE:** ONLY wash hair prior to application if hair has extreme product build up. Wash hair with any bhave shampoo (not clarifying) and dry until 100% dry. **NOTE:** If hair does not need to be washed, then smoothe XT can be applied directly onto dry hair. **\*If hair is porous or has build-up from a previous keratin, dampen down the hair with water to 80%.**
2. Section hair into four parts. Using a tint brush, apply the solution evenly (just off the scalp) starting at the nape of the neck, working your way upwards to the front of the head. Comb through with a fine tooth comb to ensure even distribution.  
**NOTE:** To minimise a flat result – apply the product on a raised section and allow it to fall back. To maximise a flat result – comb hair flat after applying onto each section  
**NOTE:** When working with thick absorbent hair, dampen the hair with a water spray to help spread the product easily and evenly to avoid using more product than expected. Be careful not to over saturate the hair (about 80% dry)
3. Allow smoothe XT to absorb into the hair for 30 minutes for fine, thin, wavy hair or up to 60 minutes for resistant, thick or extremely curly hair. Your consultation and client's desired results will help you ascertain the length of your processing times.  
**NOTE:** If hair is drying and hardened during the processing time (absorbing all the product) it is important to apply more product to the areas that are drying out.  
**NOTE:** Do not clip or twist hair during application or processing times as this will affect the final result. **NOTE:** If your client experiences any irritation or burning during the processing time, you can wipe the area with a cotton bud. If this continues, wash treatment out immediately.

### STEP 3 RINSE THOROUGHLY

1. Rinse thoroughly with room temperature water only (DO NOT SHAMPOO) to remove smoothe XT.
- 2a. Condition with any bhave™ conditioner  
**OR**  
2b. **Colour Boost:** Enhance colour and add pigment/tone to the hair with bhave™ BOOST direct dye. After step 1 apply bhave™ BOOST to towel-dried hair, comb through. Leave for 5-10 minutes and rinse completely.
3. Condition with any bhave™ conditioner.

## STEP 4

### DRY HAIR

Using a round brush, blow-dry hair from wet until 100% dry, stretching it out.

## STEP 5

### FLAT IRON

1.

Seal smoothe XT into hair with a temperature controlled straightening iron. Set temperature of iron to suit hair density, porosity and texture. See table below for guide.

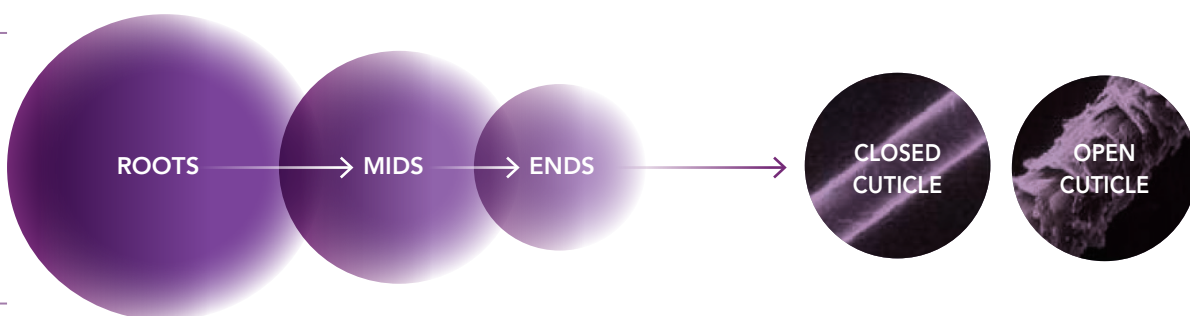
**NOTE:** If you don't have a temperature controlled iron, you should then increase the amount of passes.

2.

Divide hair into 3 parts – roots, mid-length and ends and follow guide below.

**NOTE:** The cuticle needs to be completely closed to complete the keratin service. The open cuticle will look dull and feel rough, a closed cuticle glossy and smooth to the touch. **NOTE:** The amount of passes is a minimum guide only, it is imperative that you ensure a closed cuticle for optimum results. **NOTE:** Do not over iron as this will be detrimental to the condition of the hair shaft.

A VISUAL YOU WILL BE LOOKING OUT FOR TO CONFIRM THAT THE CUTICLE IS CLOSED IS GLASSY, GLOSSY, STATIC, FLYAWAY HAIR.



#### TEXTURE GUIDE PASSES (GUIDE ONLY) TEMPERATURE (GUIDE ONLY)

<b>Coarse</b>	220° Celcius 428° Fahrenheit	20 - 25 roots 15 mid-lengths to ends 5 - 10 on extremely damaged ends
<b>Medium</b>	210° - 220° Celcius 410° - 428° Fahrenheit	20 - 25 roots 15 mid-lengths to ends 5 - 10 on extremely damaged ends
<b>Fine / Damaged</b>	210° Celcius 392° - 410° Fahrenheit	20 - 25 roots 15 mid-lengths to ends 5 - 10 on extremely damaged ends

**NOTE:** Do not apply pressure to flat iron when passing over mid-length to ends.  
**NOTE:** Iron hair until glossy, flyaway and smooth. If additional ironing is required, continue passes but only apply slight pressure to the flat iron ensuring ends are not frazzled or frayed.

3.

Start ironing at the back of the head using fine sections. Pull hair taught and begin ironing at the roots with more tension, then mid-lengths and lastly the ends.

**NOTE:** Do not curl or twist the hair when ironing.

- While not necessary, hair can be washed immediately after it has cooled down to prevent colour fade or discolouration.
- You can apply the bhave deep conditioning masque or perform the bhave rescue therapy service immediately after. Wash hair first.
- To ensure longevity and best results, use bhave shampoo and conditioner ONLY.
- Further treatments can be applied to the whole head as required.
- We recommend that clients who present with severely sensitized hair should have the bhave rescue therapy prior to the smoothe XT service or use smoothe PLUS. This can be done immediately prior to application.

### COLOUR

Depositing colour ONLY can be applied immediately after the smoothe XT service. Allow hair shaft to cool (10-15 minutes) then shampoo\* hair and dry off hair before commencing with the colour service.

**NOTE:** \*You do not need to wash hair if using bhave™ 360 colour.

### PRECAUTIONS

Pregnant or breast-feeding women should consult their physician prior to having the smoothe XT treatment. Results may vary from person to person therefore it's advisable to perform a strand test prior to application.