some treatments will last longer than others - it all depends on your hair type and how you look after it. here's how to keep your mane bhaving the way it should...

smoothe PLUS

- 1. Don't wash your hair for 48 hours. Do not leave it in any longer, there is no benefit.
- 2. If hair gets wet prior to the first wash, blow-dry immediately and go over that section once or twice with a flat iron (180°C / 356°F)
- 3. Don't use any styling products until after first shampoo (after 48 hours). bhave™ Riot control oil can be used to smooth flyaways if necessary.
- 4. Wait 7-10 days before colouring your hair (or after 2 regular washes).

smoothe XT



- 1. You can wash* your hair 15 minutes after the salon service
- 2. Leave your hair. Ideally do not use any styling products or colour your hair until after the first wash.
- 3. You can tie your hair up immediately after the service. If you haven't washed your hair after the service and your hair kinks/crimps/bends, gently go over that section once or twice with a flat iron (180°C / 356°F) to make sure the cuticle remains flat.

smoothe EZ

- 1. You can wash* your hair 15 minutes after the salon service
- 2. Wash within 24 hours of the salon service.
- 3. If you choose to leave it in after the salon service and your hair kinks/ crimps/bends within the first 24 hours: a. Blow-dry immediately and go
- over the affected area with flat irons once or twice (180°C / 356°F) b. Keep hair straight within 24 hours.
- Do not tie it up or tuck behind your
- c. Do not use styling products or colour your hair until after the first wash.

prolong your results

CLEANSE & CONDITION

* To maximise the longevity of your treatment, we recommend ONLY using bhave™ sodium chloride & sulphate free shampoos and conditioners. They are highly concentrated and only require a small amount. Try not to wash your hair more than twice a week.

SWIMMING & EXERCISE

Sea, chlorinated water and sweating from exercise may reduce the lifespan of the treatment. Before swimming, we recommend wearing a swimming cap or applying the bhave[™] leave-in crème and riot control oil to your hair. Rinse your hair with fresh water immediately after swimming to eliminate salt or chlorine build-up.