

some treatments will last longer than others – it all depends on your hair type and how you look after it. here's how to keep your mane behaving the way it should...

### smoothe PLUS

1. Don't wash your hair for 48 hours. Do not leave it in any longer, there is no benefit.
2. If hair gets wet prior to the first wash, blow-dry immediately and go over that section once or twice with a flat iron (180°C / 356°F)
3. Don't use any styling products until after first shampoo (after 48 hours). bhavé™ Riot control oil can be used to smooth flyaways if necessary.
4. Wait 7-10 days before colouring your hair (or after 2 regular washes).

### smoothe XT

1. You can wash\* your hair 15 minutes after the salon service or
2. Leave your hair. Ideally do not use any styling products or colour your hair until after the first wash.
3. You can tie your hair up immediately after the service. If you haven't washed your hair after the service and your hair kinks/crimps/bends, gently go over that section once or twice with a flat iron (180°C / 356°F) to make sure the cuticle remains flat.

### smoothe EZ

1. You can wash\* your hair 15 minutes after the salon service or
2. Wash within 24 hours of the salon service.
3. If you choose to leave it in after the salon service and your hair kinks/crimps/bends within the first 24 hours:
  - a. Blow-dry immediately and go over the affected area with flat irons once or twice (180°C / 356°F)
  - b. Keep hair straight within 24 hours. Do not tie it up or tuck behind your ears.
  - c. Do not use styling products or colour your hair until after the first wash.

### prolong your results

#### CLEANSE & CONDITION

\* To maximise the longevity of your treatment, we recommend ONLY using bhavé™ sodium chloride & sulphate free shampoos and conditioners. They are highly concentrated and only require a small amount. Try not to wash your hair more than twice a week.

#### SWIMMING & EXERCISE

Sea, chlorinated water and sweating from exercise may reduce the lifespan of the treatment. Before swimming, we recommend wearing a swimming cap or applying the bhavé™ leave-in crème and riot control oil to your hair. Rinse your hair with fresh water immediately after swimming to eliminate salt or chlorine build-up.