

# Bulky Brioche Cowl



a reversible squishy two-colour brioche cowl pattern

## Yarn Used

Mindful Yarns and Fibres Bulky Superwash Merino Nylon - 70 yards/115 grams  
1 skein of each of 2 colours

<https://www.mindfultyarns.com/products/superwash-merino-nylon-bulky-yarn>

## Supplies

9 mm 16" circular knitting needle

scissors

darning needle

stitch marker

## Gauge

9.5 stitches to 4" (gauge is not critical, given how stretchy this cowl is. Just make sure that it will fit over your head.).

## Instructions

Cast on 48 stitches with an alternating cable cast on and colour 1.  
Join in a circle, being careful not to twist your work . Place a stitch marker at the beginning of the round. Slip the stitch marker each row when you come to it.

### Beginning

Setup round 1 - using colour 1 - (k1, p1) around  
Setup round 2 - using colour 2 - (sl1yo, p1) around

### Main section

Row 1: using colour 1, (brk, sl1yo) around  
Row 2: using colour 2, (sl1yo, brp) around  
Repeat rows 1 and 2 until the cowl is as long as you like or you are almost out of yarn.  
I made mine about 9" tall.

### End

Last row: using colour 2, (k1 p1) around  
Using colour 2, work an invisible ribbed bind off.  
Work in ends, block, and wear!

### Stitches used

brk - brioche knit - holding the working yarn to the back of the work, insert the needle into the stitch knitwise. Knit the stitch and the yarn over together  
brp - brioche purl - holding the working yarn to the front of the work, insert the needle into the stitch purlwise. Purl the stitch and yarn over together.  
invisible ribbed bind off -  
sl1yo - slip 1, yarn over (holding the working yarn in front, slip the next stitch purlwise and put the yarn over the needle to the back - this counts as one stitch)

## Resources

I highly recommend the books Cast On Bind Off by Leslie Ann Bestor, and Knitting Brioche by Nancy Marchant. In addition, here are some internet resources:

alternating cable cast on - <https://ysolda.com/blogs/journal/alternating-cable-cast-on-tutorial>

two colour brioche in the round - <https://www.youtube.com/watch?v=mOjrAS-C8OW8>

invisible ribbed bind off - <https://donnarossa.ch/how-to-knit-the-invisible-ribbed-bind-off/>