

# A basic ribbed beanie



## Yarn Used

Mindful Yarns and Fibres Organic Worsted  
(<https://www.mindfultyarns.com/collections/worsted-weight>) in Himalayan Rhubarb.

## Needles

I used 4.5 mm 16" circular needles (a true Canadian blend of metric and imperial measurements). A longer needle would work with the magic loop technique. You could switch to double pointed needles as you work the decreases and the stitches become tight on the needles. Frankly, I'm often too lazy to do that, and often do a modified magic loop by just having one loop in my circular needle and moving it around as needed (called a travelling loop).

## Gauge

26 stitches to 4" (finished hat is about 14.75" around, but super stretchy).

## Instructions

Cast on 96 stitches using a k1p1 cable cast on (<https://www.youtube.com/watch?v=V7obQatJ1-g&t=8s> for continental or [https://www.youtube.com/watch?v=87u\\_Do37mUM&t=197s](https://www.youtube.com/watch?v=87u_Do37mUM&t=197s) for English style) (or your cast on of choice, as long as it is stretchy).

Join in a circle, being careful not to twist your work and place a stitch marker at the beginning of the round.

Make sure to line up the knits and purls with the correct stitches from the cast on and work 10" in knit 1 purl 1 rib.

Next row - (work 24 stitches, place marker), repeat to end of row. You could just leave your beginning of round stitch marker in for the last marker. You now have four equal sections.

Decrease row - (K1, k2 tog, work in established ribbing to 3 sts before next marker, ssk, k1, slip marker) repeat to end of row. You have decreased 8 stitches in this row.

Repeat decrease row until 6 sts between markers, draw yarn through remaining stitches and tie off.

Work in ends, block, and wear!

## Variations

This is a stretchy hat, so there is some room to play and one size will fit most adults.

For a tighter hat in worsted weight, use a 4.0 mm needle and keep the same number of stitches.

If you want to experiment with smaller or larger sizes, cast on a multiple of four stitches, and change the number of stitches between the markers in the decrease row.

For example, for a finer yarn, you might use 120 stitches (with a smaller needle, such as 3.25 mm or 3.5 mm). You would then have 30 stitches between the markers (120/4). Or for 132 stitches, you would have 33 stitches between the markers (132/4). Experiment to see what works for you! If in doubt, swatch to determine the number of stitches to cast on - aiming for a width of 7 to 8" (total circumference of 14-16").