

## PREOPERATIVE INSTRUCTIONS

The in office surgical procedure for which you are scheduled, requires some special preparation. It is important that you follow these instructions:

1. Aspirin containing pills as well as other non-steroidal anti-inflammatory medications should be avoided for the **TWO WEEKS** prior to and for **TEN DAYS** following surgery (or until your sutures are removed.) This includes ibuprofen (Advil, Motrin) Alka Seltzer, etc. It is permissible to take acetaminophen (Tylenol).

These medications may increase the chance of excessive bleeding during and after surgery. This does not apply to all procedures nor all situations so if you must be on these medications inform your doctor.

2. Alcohol should be avoided **THREE DAYS** prior to and **TEN DAYS** following surgery (or until the sutures are removed). Alcohol will also increase the risk of bleeding.

3. Preoperative antibiotics, if they have been prescribed, should be started **24 HOURS** prior to surgery, unless otherwise directed by the doctor.

4. If necessary, preparation for postoperative limitation of activity should be made **before** the surgery. You should be accompanied by a friend/relative if you will need assistance returning home after the surgery.

5. For scalp surgery, shampoo your hair with **HIBICLENS** skin cleanser, the two days preceding the surgery and the morning of the surgery. It may be purchased at your local pharmacy in an 8 oz. Bottle.

**If you must reschedule your surgery, please notify our office at least 48 HOURS prior to the scheduled date.**