

POST LASER HAIR REMOVAL INSTRUCTIONS

Usually, no special care is required. Continue your daily regimen except in the following areas:

- 1) Avoid sun exposure to treated areas for one month following your procedure to avoid hyperpigmentation. We recommend sunscreens with SPF of 30 or greater.
- 2) Avoid topical use of retinoids (Retin-A), glycolic acids, and alpha hydroxy acids for one week following your procedure.
- 3) Although not always necessary, MGMD[®] Relief Cream may be used on the treated areas for 1-3 days following your procedure.

If you should have any questions following your procedure, please call our office.