

HydraFacial Take-Home Guidelines

HydraFacial™ is the only hydradermabrasion procedure that combines cleansing, extraction, and hydration simultaneously, resulting in clearer, more beautiful skin with little-to-no downtime.

The treatment is soothing, moisturizing, non-invasive and generally non-irritating. As with most procedures, visible results from HydraFacial will vary from person to person.

What to Expect During and Immediately After Treatment

Your skin may experience temporary irritation, tightness, or redness. These are all normal reactions that typically resolve within 72 hours depending on skin sensitivity. You may experience tingling and stinging during the treatment area. These sensations generally subside within three hours of treatment.

Patient experiences may vary. Some patients may experience a delayed onset of the previously mentioned symptoms. Contact us immediately if any unusual side effects occur or if symptoms worsen over time.

Next Steps

You will likely see results immediately after treatment and your skin will feel smooth and hydrated for one to four weeks. For improved, longer lasting results, consider take-home products and monthly HydraFacial treatments.

The treatment area is more susceptible to sunburn, sun damage and hyperpigmentation following treatment. Avoid direct sun exposure and use a minimum of SPF 30 sunscreen.

Aggressive exfoliation, waxing and products containing acids or Retin-A should be avoided in the treatment area for a minimum of one week pre- and post-treatment.

Contact us at (201) 567-8884 if your symptoms appear to worsen or if you have any questions about your treatment.