

## Pre & Post Care for Dermaplaning

### ***PRE-TREATMENT***

1. **Discontinue Retin-A** or any Retinol containing products for five days before the Dermaplaning.
2. **Avoid** treatments that may irritate the skin for 1 week prior to treatment (waxing, depilatories, scrubs)
3. **Avoid** wearing makeup on the day of treatment, if possible
4. Please **let the doctor or aesthetician know** if you do not follow the above instructions prior to the Dermaplaning.

### ***POST TREATMENT:***

1. The treatment area is more susceptible to sunburn, sun damage and hyperpigmentation following treatment. Avoid direct sun exposure and use a minimum of SPF 30 sunscreen.
2. Use a gentle cleanser when washing your face for two days after the Dermaplaning. Aggressive exfoliation and products containing acids or Retin-A should be avoided in the treatment area for a minimum of 1 week post Dermaplaning.
3. Please **call the office 201-567-8884** if you feel you are having any unexpected reactions or any concerns.