



Cooling Essential Oils for Summer



The warm summer months are perfect for these cooling oils. From using in diffusers or humidifiers to evaporate their refreshing aromatics, adding them to spritzers, or diluting in skin and hair products, our collection of mints, citrus, floral and spice essential oils all have something special to compliment the long, hot days of summer.

Whether using alone or in blends, these are your go-to ingredients for keeping cool.



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Basil Oil
Ocimum basilicum

Bay Laurel Oil
Laurus nobilis

Bergamot Oil
Citrus bergamia

Bergamot Mint Oil
Mentha citrate

Blue Cypress Oil
Callitrus intratropica

Cajeput Oil
Melaleuca cajuputi

Cananga Oil
Cananga odorata

Cardamom Oil
Elettaria cardamomum

Carrot Seed Oil
Daucus carota

Catnip Oil
Nepeta cataria

Cedarwood Atlas Oil
Cedrus atlantica

Cedarwood Virginian Oil
Juniperus virginiana

Chamomile German Oil
Matricaria recutita

Citronella Oil
Cymbopogon nardus

Clary Sage Oil
Salvia sclarea

Coriander Oil
Coriandrum sativum

Cypress Oil
Cupressus sempervirens

Dill Oil
Anethum graveolens

Fennel Oil
Foeniculum vulgare

Geranium Oil
Pelargonium graveolens

Ginger Oil
Zingiber officinale

Grapefruit Oil
Citrus paradisi

Helichrysum Oil
Helichrysum italicum

Hyssop Oil
Hysopus officinalis



While care is taken in good faith to ensure the information offered here is reliable and correct, Naturally Australian Products Inc cannot guarantee the accuracy of information and recommends that each ingredient be further researched with respect to its use.

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Jasmine Oil
Jasminum officinale

Juniper Berry Oil
Juniperus communis

Lavender Oil
Lavandula angustifolia

Lemon Balm (Melissa) Oil
Melissa officinalis



Lemon Oil
Citrus limonum

Lemon Myrtle Oil
Backhousia citriodora

Lemongrass Oil
Cymbopogon flexuosus



Lime Oil
Citrus aurantifolia

Mandarin Oil
Citrus reticulata

Manuka Oil
Leptospermum scoparium

Marjoram Oil
Origanum majorana

Neroli Oil
Citrus aurantium amara



Orange Oil
Citrus sinensis

Palmarosa Oil
Cymbopogon martini

Patchouli Oil
Pogostemon cablin

Peppermint Oil
Mentha piperita

Petitgrain Oil
Citrus aurantium

Rose Oil
Rosa damascena

Rosemary Oil
Rosmarinus officinalis

Rosewood Oil
Aniba rosaeodora

Sage Oil
Salvia lavandulaefolia

Sage Oil
Salvia officinalis

Sandalwood Oil
Santalum spicatum

Spearmint Oil
Mentha spicata

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Tangerine Oil
Citrus reticulata

Violet Leaf Oil
Viola odorata

Thyme Oil
Thymus vulgaris

Ylang Ylang Oil
Cananga odorata

Tuberose Oil
Polianthes tuberosa

Yuzu Oil
Citrus junos



Ask us for our catalogue
or additional application
brochures to discover
more natural solutions
for your formulations!

**Need some help or more information? Please contact our
ingredient experts for customised recommendations based
on your objectives. sales@naproducts.com**

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SAFETY FIRST

Essentials oils can be 50-100x more concentrated than natural levels in the plant. Take caution and always mind best practices when using oils. If applying topically, they should be diluted into a carrier oil and ONLY IF they are recommended for ingestion or inhalation, be sure to follow recommended dosage.

EXTERNAL RECOMMENDATIONS

Essential oil:

Several drops rubbed into the skin. (This may be diluted at 30 ml essential oil to 500 ml of a suitable carrier such as vegetable oil.)

Ointment:

Semi-solid preparation containing 5-20% essential oil (in carrier oils, creams, or lotions) for local application. (Salve)

Tincture:

Aqueous-alcoholic preparation containing 5-10% essential oil for local application.

Inhalant:

Add a few (2-5) drops of essential oil to hot water or to a vaporizer; deeply inhale the steam vapor.

Many of our conventional oils and products are also available in Organic form. Those that are Organic are certified by the USDA and Oregon Tilth. Please contact us for more information on our Organic products.



DISCLAIMER

We always aim to source high quality ingredients and have a large range of respected suppliers from around the world. This list is a guide only, correct at the time of publication. If you are after an oil not on our list, please contact us and we can see if we can source it for you. As products are plant sourced and natural, availability is reliant on many factors outside our control. Despite our best efforts, we cannot guarantee the availability of any of our products at any given time. The use of the products listed in this document is to be considered as a guide only and further advice should be sought from your formulating chemist and/or health practitioner.

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