

Essential Oils for Increased Romance



Love is in the air.

When essential oils are inhaled, they enter the primitive part of the brain through the blood stream, then they access our limbic system. This part of the brain is associated with instinct and emotions. Once this is triggered serotonin and endorphins are released. When creating a blend for an atmosphere of romance do not be afraid to use exotic oils. The following oils have a range of odor profiles that can make one feel blissfully romantic, at ease, calm and sensual.



**NATURALLY
AUSTRALIAN**
— PRODUCTS —

Essential Oils for Increased Romance



Bergamot Oil
Citrus bergamia

Neroli Oil
Citrus aurantium

Black Pepper Oil
Piper nigrum

Nutmeg Oil
Myristica fragrans

Cardamom Oil
Lettaria cardamomum

Orange Sweet Oil
Citrus sinensis

Cedarwood Atlas Oil
Cedrus atlantica

Palmarosa Oil
Myristica fragrans



Cinnamon Bark Oil
Cinnamomum zeylanicum

Patchouli Oil
Pogostemom cablin

Clary Sage Oil
Salvia sclarea

Pink Pepper Seed Oil
Schinus molle

Geranium Oil
Pelargonium graveolens

Rose Absolute Oil
Rosa damascena



Ginger Oil
Zingiber officinale

Rosewood Oil
Aniba rosaeodora

Helichrysum Oil
Helichrysum italicum

Sandalwood Oil
Santalum album

Jasmine absolute Oil
Jasminum officinale

Tangerine Oil
Citrus reticulata

Lavender Oil
Lavandula angustifolia

Ylang Ylang Oil
Cananga odorata



Mandarin Oil
Citrus reticulata

While care is taken in good faith to ensure the information offered here is reliable and correct, Naturally Australian Products Inc cannot guarantee the accuracy of information and recommends that each ingredient be further researched with respect to its use.

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Need some help or more information? Please contact our ingredient experts for customised recommendations based on your objectives. sales@naproducts.com

SAFETY FIRST

Essentials oils can be 50-100x more concentrated than natural levels in the plant. Take caution and always mind best practices when using oils. If applying topically, they should be diluted into a carrier oil and ONLY IF they are recommended for ingestion or inhalation, be sure to follow recommended dosage.

EXTERNAL RECOMMENDATIONS

Essential oil:

Several drops rubbed into the skin. (This may be diluted at 30 ml essential oil to 500 ml of a suitable carrier such as vegetable oil.)

Ointment:

Semi-solid preparation containing 5-20% essential oil (in carrier oils, creams, or lotions) for local application. (Salve)

Tincture:

Aqueous-alcoholic preparation containing 5-10% essential oil for local application.

Inhalant:

Add a few (2-5) drops of essential oil to hot water or to a vaporizer; deeply inhale the steam vapor.

Many of our conventional oils and products are also available in Organic form. Those that are Organic are certified by the USDA and Oregon Tilth. Please contact us for more information on our Organic products.



Images of couples by freepik - www.freepik.com

DISCLAIMER

We always aim to source high quality ingredients and have a large range of respected suppliers from around the world. This list is a guide only, correct at the time of publication. If you are after an oil not on our list, please contact us and we can see if we can source it for you. As products are plant sourced and natural, availability is reliant on many factors outside our control. Despite our best efforts, we cannot guarantee the availability of any of our products at any given time. The use of the products listed in this document is to be considered as a guide only and further advice should be sought from your formulating chemist and/or health practitioner.

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