



# Native Australian Essential Oils

Australia's Powerful Species –  
Shaped by Australia's Harsh  
Environment



Naturally Australian Products, Inc. is intimately familiar with the challenges of the harsh Australian environment, with our own farms enduring a range of natural challenges from wildfires to droughts or extreme floods. To survive, Australia's flora and fauna have evolved unique adaptations and compound profiles.



The following species are now harvested and valued as essential oils for their high concentrations of antioxidant, antifungal, antimicrobial, anti-inflammatory and expectorant properties, just to name a few. They can be used in a variety of applications: for aromatherapy in diffuser blends or sprays, perfumes, bath products, additions to massage oils, creams, balms, hair and skin care, balms, and so much more!

Although some of these species are new to the aromatherapy scene, many have an ancient history of medicinal uses that we are thrilled to now offer around the globe in the convenience of a bottle.



*Contact us for data sheets on these essential oils, or to see what other ingredient formats we may offer.*





# Native Australian Essential Oils



## **AGONIS FRAGRANS (FRAGONIA) *Agonis Fragrans* ESSENTIAL OIL**

Agonis Fragrans is a relatively new oil from Australia, first introduced to aromatherapists in 2006. The aroma of Agonis Fragrans is clean, refreshing, delicately camphoraceous with a hint of citrus and a balsamic undertone. It blends well with most other essential oils, including Sandalwood, Kunzea, Eucalyptus, etc. Consider this oil for functional uses such as muscle aches and pains, or spiritual balance and stress relief.



## **ANISEED MYRTLE *Syzygium anisate* ESSENTIAL OIL**

Aniseed or Anise Myrtle is a new oil to the aromatherapy industry and has the potential to supersede traditional Aniseed essential oils with its equal or superior Anethole content and a fresher Anise aroma. This oil has broad spectrum antimicrobial activity, effective against bacteria and fungi. Indigenous Australians have used anise myrtle for its medicinal values and in recent times it has been used as a flavoring agent by the food and beverage industry. Aniseed Myrtle has a calming soothing aroma, yet it is uplifting and fresh. Expectorant properties make it useful in treating respiratory issues. It is rich in magnesium and is also a good source of lutein, folate, vitamin E, and vitamin C.



## **AUSTRALIAN WHITE (JADE) CYPRESS *Callitris columellaris* LEAF OR WOOD ESSENTIAL OIL**

Known as white Cypress pine, Northern Cypress pine or Murray River pine, it is a species of coniferous tree in the cypress family, found across the drier interiors of Australia. The oil has a very earthy, woody aroma and is a mild yellow honey colour. With main components being Alpha-pinene, myrcene and limonene, it has known anti-inflammatory and anti-fungal properties. The oil is a particularly excellent perfumery ingredient for masculine body care products. It is calming, grounding, and good for tired joints.



## **AUSTRALIAN WHITE CYPRESS *Callitris glaucophylla* LEAF OR WOOD ESSENTIAL OIL**

With a fresh pine and lemon aroma, this oil is high in alpha-pinene, which is a known anti-inflammatory. It also has limonene, a known anti-viral. It can be used in a diffuser, vaporiser or a sauna. Use to freshen up a bathroom or kitchen, in a room mist, or add to any cleaning sprays.

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**NATURALLY AUSTRALIAN PRODUCTS (NAP) Inc.**  
25030 Avenue Tibbitts, Unit K, Valencia, California, 91355 USA  
**Phone:** +1 661-347-3206 **Email:** [sales@napproducts.com](mailto:sales@napproducts.com)  
**Web:** [napproducts.com](http://napproducts.com)





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## **BALM MINT BUSH** *Prosthathera melissifolia* **ESSENTIAL OIL**

High in piperitone, 1,8 cineole, and alpha-pinene, this oil is uplifting, refreshing and cleansing, with a subtle pine note. The cineole content also lends it to having a similar scent to eucalyptus. When diffused, this oil can relieve colds and ease headaches. Its antibacterial and antifungal properties are useful in cleaning products, and because of its refreshing and purifying scent, it makes a wonderful room freshener, or even a natural de-stressing body mist.



## **BLUE CYPRESS** *Callitris intratropica* **WOOD ESSENTIAL OIL**

Australian Blue Cypress essential oil is a remarkable natural cobalt blue, and much like the colour, it is very calming and grounding. With its high content of sesquiterpenes, including guaiazulene, we can reasonably expect that Blue Cypress oil will have useful anti-inflammatory properties. Its woody, smokey, honey-like grounding aroma works well as a perfume fixative or base. Its moisturising properties are great in skin care products and it has good anti-inflammatory and pain-relieving properties.



## **BORONIA ABSOLUTE** *Boronia megastigma* **ESSENTIAL OIL**

This flower oil has a delightful perfume – an intensely rich flowery aroma with a sweet fruity character that is uplifting and refreshing. It is a great addition to perfumes and aromatics due to its long lasting properties. A top note, golden brown, thick oil, it is a refreshing and energising oil that has anti-depressant and calming properties.



## **BROOMBUSH** *Melaleuca uncinata* **ESSENTIAL OIL**

With a zesty yet sweet aroma, this steam distilled oil has a complex variety of uses based on the individual chemotype of the batch of oil, but in general it is valued for its antiseptic, antifungal, insect repellent and expectorant properties, and is largely used in diffusers and products to freshen air.

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## **DESERT ROSEWOOD (BUDDHA) *Eremophila mitchellii* WOOD ESSENTIAL OIL**

*Eremophila mitchellii*, known commonly as Buddha wood or false sandalwood, is a shrub or small tree native to Australia. Other common names include budda, sandalbox, and rosewood belvory. Traditionally, Indigenous people would use this plant for its anti-bacterial qualities to treat sores and cuts. It was also used both internally and externally as a decongestant, expectorant and analgesic. The leaves were also used to treat headaches and ease rheumatism.

It is a useful additive to massage oils for the relief of sore muscles and joints. Due to its woody aromatic qualities, it is desirable for men's toiletries and grooming products, aftershave, perfumery, incense, insect repellants, termite treatments, massage oils, aromatherapy oils, candles and more.



## **EUCALYPTUS BLUE GUM *Eucalyptus globulus* ESSENTIAL OIL**

Traditionally, Eucalyptus species have been used for supporting a healthy respiratory system and to soothe muscles after exercise. *Eucalyptus globulus* has a fresh, penetrating scent. It contains a very high percentage of the constituent eucalyptol (1,8-cineol) – at least 60-75%. It has antiseptic and anti-inflammatory properties and can be very helpful in the treatment of upper and lower airways diseases, such as asthma. The plant also contains tannins and phenolic compounds, ingredients used extensively in disinfectants. It has anti-bacterial and anti-viral properties.



## **EUCALYPTUS BLUE MALLEE *Eucalyptus polybractea* ESSENTIAL OIL**

Of all the Eucalypts, Blue Mallee contains one of the highest percentages of cineole. It has antibacterial, antiseptic and decongestive properties and its fresh scent is energizing, balancing and purifying. In diffusers and burners, it is popular for its antiseptic and decongestive properties, and use as an insect repellent. It is used in massage blends to soothe muscular aches and pains, and for the temporary relief of headache, arthritis, rheumatism. It can be an active ingredient in cough lozenges, inhalation sprays, mouthwash, toothpaste, balm and ointment and soap. Because it is also effective as a solvent, it can be used as a spot or stain remover for carpet, clothing and linens. Blue Mallee will also remove glue from skin and surfaces and it can effectively clean stainless steel. Eucalyptus oil has a history of wide application as a pharmaceutical, antiseptic, repellent, flavouring, fragrance and industrial uses.



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## **EUCALYPTUS LEMON** *Eucalyptus citriodora* **ESSENTIAL OIL**

Lemon eucalyptus oil can be found in many products including aromatherapy oils, balms, insect repellents, muscle rubs, hand creams, skin care products, body creams, hair care products, perfume, candles, and household detergents. Traditionally, Aboriginals made infusions of *E. citriodora* leaves and were taken internally to reduce fevers and ease gastric conditions, and applied externally as a wash for the analgesic, anti-fungal and anti-inflammatory properties. Aboriginals would make leaves into a poultice and apply them to ease joint pain and speed up the healing of cuts, skin conditions, wounds and infections. Respiratory infections, colds and sinus congestion were treated by inhaling the vapours of steamed leaves, and to treat rheumatism the leaves were made into beds or used in steam pits heated by fire. The therapeutic qualities of the leaves and its essential oil were eventually introduced and integrated into many traditional medicine systems, including Chinese, Indian Ayurvedic and Greco-European.



## **EUCALYPTUS LEMON SCENTED IRONBARK** *Eucalyptus staigeriana* **ESSENTIAL OIL**

It is one of the more unique Eucalyptus aromas with a sweet, fresh, fruity-lemony aroma with a pleasant rosemary-like edge. Its high citral and limonene content delivers its wonderful citrus lemon fragrance as well as anti-fungal and anti-viral effects. Known for its antiseptic prowess, it offers relief from troubled breathing in winter, air freshening, uplifting, relaxing and removes bad room smells and odours. It is also used in massage for relief from tired muscular aches. The major components methyl geranate, geranyl acetate, beta-phellandrene are all non-toxic, non-irritant, and have uses in perfumery. The citral components are said to be: anti-infectious, anti-viral, antiseptic, expectorant, anti-inflammatory and a digestive stimulant. Its plant chemical constituents give the oil a much less aggressive aroma profile than either Lemon Myrtle or Lemon Tea Tree, and a much milder effect when used in properly-formulated skin and body care products.



## **EUCALYPTUS MALLEE** *Eucalyptus kochii* **ESSENTIAL OIL**

The leaves of the Eucalyptus Kochii have a natural 1,8-cineole (eucalyptol) content of 90 – 95% - the highest 1,8-cineole level of all the Eucalypts and there are over 800 species of Eucalyptus. It is an energizing oil with a crisp and fresh aroma. The high cineole content gives the oil antiseptic, antiviral and antibacterial properties. It also makes it a useful component in products aimed at respiratory support.



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## **EUCALYPTUS PEPPERMINT GUM *Eucalyptus dives* ESSENTIAL OIL**

The Peppermint Gum tree has been harvested and distilled for over 100 years. Early settlers took advantage of the tree leaves for colds, coughs, flu. The oil is a significant source of menthol and thymol. Helps improve respiratory illnesses and has proved to be useful in eliminating/masking bad odours.



## **EUCALYPTUS RADIATA *Eucalyptus radiata* ESSENTIAL OIL**

Although there are several different types of eucalyptus oils available on the market, Eucalyptus radiata essential oil is often the most popular choice for aromatherapists who generally prefer its softer fragrance. Rich in cineoles, E. Radiata is considered the most therapeutically versatile of all eucalyptus oils. It is well known for its expectorant, antibacterial, antiviral properties and is regarded the best Eucalypt for viral or bacterial infections with immunostimulating properties. In skin care, Eucalyptus radiata is recommended for conditions where cleansing and anti-inflammatory properties are required, such as with acne (the antiseptic properties of this oil are also beneficial here), minor burns, blisters, cuts, skin infections and wounds without being too harsh on the skin. It also makes a highly effective insect repellent.



## **EUCALYPTUS SMITHII *Eucalyptus smithii* ESSENTIAL OIL**

Eucalyptus Smithii is the mildest Eucalyptus oil and is the preferred choice for use with children or the elderly or when prolonged use is required. Eucalyptus smithii can be found in massage and aromatherapy oils, cough and colds medicines, vaporizers, muscle and joint rubs, acne treatments, deodorants, hair care products, household disinfectants and cleaners.



## **EUCALYPTUS STRAWBERRY GUM *Eucalyptus olida* ESSENTIAL OIL**

E. olida is classified as a threatened species in the wild, but is becoming more common in cultivation due to its essential oil and spice qualities. E. olida leaf is also used as a dried spice product in bushfood cooking, especially with fruit; and in herbal teas. It has high anti-oxidant activity. In the Australian native foods industry several trade names are used, including 'olida' and 'forestberry herb'.

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## **HONEY MYRTLE** *Melaleuca teretifolia* **ESSENTIAL OIL**

Honey Myrtle oil is similar to Lemon Myrtle essential oil, but has a warm honey note, which is great alone or in blends for freshening spaces, or for more spiritual and emotional benefits like clarity and focus, uplifting, relaxing, calming, de-stress, anti-depressive and soothing hypertension.



## **KUNZEA (TICK BUSH)** *Kunzea ambigua* **ESSENTIAL OIL**

Nicknamed “Tick Bush” after early settlers learned that it was tick resistant, the oil in the kunzea ambigua tree is not palatable and, as a result, many insects and native animals leave it alone. It is a known antibacterial, anti-microbial, anti-inflammatory, pain reliever, expectorant, relieves minor aches & pains, helps treat arthritis, muscular pain, nervous tension, stress and mild anxiety. Helps heal cuts, insect bites and bruises. It can also be used to treat itchy, flaky skin. Use Kunzea oil in vaporizers and baths to treat chest congestion. It can also be used in massage oil, perfumes and room deodorizers.



## **LEMON MYRTLE** *Backhousia citriodora* **ESSENTIAL OIL**

Considering its many diverse uses and effective properties, it is not surprising that this oil is growing in popularity. Lemon myrtle has 4-7 times the antioxidant value than blueberry. Antioxidants have many uses in the cosmetics and food industries and have been known to slow the aging process by reducing oxidative stress in the body. Lemon myrtle can also be used in a wide range of beauty and body products, in household cleaning products and has a wide range of medicinal uses.



## **LEMON SCENTED TEA TREE** *Leptospermum petersonnii* **ESSENTIAL OIL**

Lemon Scented Tea Tree Oil has medicinal properties similar to Tea Tree Oil (*Melaleuca alternifolia*) as an anti-bacterial, anti-fungal and antiseptic. Its high citral content, which gives it a nice lemon scent. It also contains Citronellal, Citronellol and Geraniol making it an effective insect repellent. Its potency and pleasant scent makes this native plant a great essential oil in aromatherapy, and softer alternative to Tea Tree Oil, but because of its high potency, only tiny amounts are necessary.

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### **MANUKA** *Leptospermum scoparium* **ESSENTIAL OIL**

Manuka Essential Oil can be useful as an anti-dandruff product and antidote to insect bites and stings, antibacterial, anti-fungal, anti-inflammatory, anti-histaminic, and anti-allergenic. Although it is a newer addition to aromatherapy, the plant has been used by the Maoris for centuries. Like Tea Tree, it may have immuno-stimulant properties, but not as powerful as Tea Tree. It is a powerful insecticide and is good for insect bites, athlete's foot, ringworm, cold sores, acne, together with chronic wounds and ulcers. Overall, it is healing, refreshing and calming. Useful in massage, Manuka has a gentle analgesic effect on sore, aching muscles.



### **MIMOSA ABSOLUTE** *Acacia dealbata* **ESSENTIAL OIL**

Commonly used in aromatherapy, skin and hair care, it is relaxing and warming; and helps soothe anxiety and sensitivity. It is also used as a fixative in perfumery. Mimosa is said to help open lines of communication. Its bright yellow blossoms and soft, sweet fragrance herald the beginning of spring and with it, some suggest, feelings of optimism, hopefulness and joy.



### **NEROLINA (BROAD LEAFED PAPERBARK)** *Melaleuca quinquenervia* **ESSENTIAL OIL**

Nerolina essential oil has a fresh, aromatic, earthy, fruity aroma with distinctive notes of lavender and lilac. Main use is in cosmetics and perfumery. The aroma is calming, soothing and uplifting, the perfect stress reliever. In cosmetics and perfumery, Nerolina can be very cost effective, and it can be successfully used as an adjunct to the top grade Lavender oils. It has a calming and relaxing aroma and is excellent at eliminating/masking bad odours and is a favourite in diffusers and oil burners, and often used in air fresheners. It is great in soaps. It is excellent added into cleaning products and is highly valued in hair products, and is a common ingredient to enhance revitalizing shampoos in Australia, especially for children.



**Need some help or more information? Please contact our ingredient experts for customised recommendations based on your objectives. [sales@napproducts.com](mailto:sales@napproducts.com)**

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## **NIAOULI** *Melaleuca quinquenervia* or *Melaleuca viridiflora* **ESSENTIAL OIL**

The therapeutic properties of niaouli oil are analgesic, anti-rheumatic, antiseptic, bactericidal, balsamic, cicatrisant, decongestant, expectorant, febrifuge, insecticide, a stimulant, vermifuge and vulnerary. Niaouli oil is extracted from the fresh leaves and tender twigs by steam distillation. Niaouli oil helps to increase concentration and clears the head, while lifting the spirits. As a disinfectant, niaouli oil is valuable for washing wounds to clear up ulcers, acne, blemishes, boils, burns, cuts, insect bites, as well as acting as a decongestant on oily skin. It has an earthy, fresh, minty aroma.



## **ROSALINA (LAVENDER TEA TREE)** *Melaleuca ericifolia* **ESSENTIAL OIL**

Rosalina Oil shares some of the same constituents as Eucalyptus, Tea Tree and Lavender, and is often substituted as a more subtle, pleasant smelling Tea Tree essential oil. Having such an excellent amount of linalool (35-55%), makes it calming and good for sleep - the primary constituent of lavender essential oil. Rosalina oil also contains 1,8 cineole 20-25% (found in Eucalyptus oils), 1,8 cineole is well known as an expectorant and is great for the respiratory system. Rosalina oil is very child friendly and a great friend in winter or in strained times. It is a gentle expectorant with anti-infectious properties.

The oil is antibacterial, antifungal and antiseptic. Rosalina Oil is a gentler form of Tea Tree, an excellent choice for children, and those seeking an antimicrobial oil with a softer aroma. It is good for cleaning surfaces and in general cleaning products, keeping rooms hygienic.



## **ROSEWOOD AUSTRALIAN WOOD** *Dysoxylum fraserianum* **ESSENTIAL OIL**

Introducing the world's NEW Blue Essential Oil – Rainforest Blue™, from Australian Rosewood, eco-consciously manufactured and sustainably sourced without harvesting any living plants. When distilled it delivers something nature doesn't offer very often – the colour blue, which is attributed to the nature compound guaiazulene. This new discovery creates exciting opportunities for brands to tell new stories and incorporate a new signature odour profile that is truly Australian, a fresh forest aroma. Other than its unique odour profile, explore its potential for use in cosmetic applications such as toners, active mists, scrubs and detoxifying masks, shampoos and conditioners, blemish and inflamed skin categories, deodorants and natural perfumes.

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## **SANDALWOOD WOOD *Santalum lanceolatum* ESSENTIAL OIL**

This Queensland-grown sandalwood species has traditionally been used for incense and carving, but now offers a light woody, citrus odour as an essential oil. It can be used in perfumes with its sweet and floral notes (more so than typical sandalwood), a woody base note and natural fixative properties. It is promising for skin conditions such as acne or tinea.

## **SANDALWOOD WOOD *Santalum spicatum* ESSENTIAL OIL**

The oil has a smooth, fragrant, sweet earthy and woody aroma. It is antiseptic, anti-bacterial, anti-inflammatory, an expectorant and is a sedative. Sandalwood is well-regarded in skincare, as it tones and relieves itching, inflammation and dehydrated skin. Rashes, scar tissue, eczema, psoriasis, acne and dandruff are a few issues it can assist with. Its main constituents are santalols, nuciferol and farnesol.

The relaxing, grounding, calming properties of Sandalwood helps still the mind making it a favourite in Aromatherapy. With its wonderful, earthy fragrance, it is popular in men's products. Its rich fragrance is not overwhelming and it is well regarded as a perfume fixative. A versatile oil, it is used in many perfumes, deodorants, cosmetics, soaps, incense, massage oils, bath products and skin products and it is also used in diffusers as it is a sleeping and meditation aid.



## **TEA TREE *Melaleuca alternifolia* ESSENTIAL OIL**

Available as conventional, organic or wild-crafted, this oil's main constituents are Alpha Pinene, Beta Pinene, Sabinene, Myrcene, Alpha Phellandrene, Alpha Terpinene, Limonene, Cineole, Gamma Terpinene, Para Cymene, Terpinolene, Linalool, Terpinenol and Alpha Terpeneol. Tea tree oil has been long valued for its antifungal, antibacterial and antiviral properties. In the 1920s, it was used in dentistry and surgery to help clean wounds and prevent infections. It is a powerful antiseptic which inhibits a broad spectrum of bacteria and fungi and cleanses and protects skin abrasions. Tea Tree Oil is well tolerated by healthy skin tissue and does not inhibit normal cell growth. It relieves minor cuts, burns, abrasions, pimples, bites and stings and helps treat fungal infections such as athlete's foot and nail infection. In cleaning, it kills a high percentage of household germs. This versatile oil can be used for everything from home cleaning solutions to skin care. Tea Tree oil has become more popular within the last few years, and it is now added to soaps, shampoos, lotions and other personal care products. Tea tree oil has many uses around the home, too.

*\*Can cause skin irritation if used undiluted*



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## SAFETY FIRST

Essentials oils can be 50-100x more concentrated than natural levels in the plant. Take caution and always mind best practices when using oils. If applying topically, they should be diluted into a carrier oil and ONLY IF they are recommended for ingestion or inhalation, be sure to follow recommended dosage.

## EXTERNAL RECOMMENDATIONS

### Essential oil:

Several drops rubbed into the skin. (This may be diluted at 30 ml essential oil to 500 ml of a suitable carrier such as vegetable oil.)

### Ointment:

Semi-solid preparation containing 5-20% essential oil (in carrier oils, creams, or lotions) for local application. (Salve)

### Tincture:

Aqueous-alcoholic preparation containing 5-10% essential oil for local application.

### Inhalant:

Add a few (2-5) drops of essential oil to hot water or to a vaporizer; deeply inhale the steam vapor.

Many of our conventional oils and products are also available in Organic form. Those that are Organic are certified by the USDA and Oregon Tilth. Please contact us for more information on our Organic products.



## DISCLAIMER

We always aim to source high quality ingredients and have a large range of respected suppliers from around the world. This list is a guide only, correct at the time of publication. If you are after an oil not on our list, please contact us and we can see if we can source it for you. As products are plant sourced and natural, availability is reliant on many factors outside our control. Despite our best efforts, we cannot guarantee the availability of any of our products at any given time. The use of the products listed in this document is to be considered as a guide only and further advice should be sought from your formulating chemist and/or health practitioner.

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